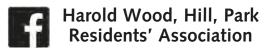
DECEMBER 2017





THE BULLETIN

The Voice of the Community



PC & Laptop Repairs

Virus issues Running slow Internet problems WIFI Data recovery Power supplies Laptop Screens Hard drives Pick up and Drop off service



Cranham Computer Centre 01708-250296

Harold Wood Station Update

Local Councillors Darren Wise, Brian Eagling, Alex Donald and action team member Martin Goode met with representatives of Network Rail and Crossrail to discuss ongoing delays and issues with Harold Wood Station. The delay in opening the ticket hall has been caused by a large void being found under the floor and currently they are waiting for the planners to decide the next steps.

As soon as a decision has been made on the floor, the ticket hall will be revamped. The electrical power for the lifts will be installed and linked to the ticket hall and both will be fully operational at the same time. Unfortunately it is not anticipated to be complete until around end of June 2018. Crossrail are aware of travellers annoyance at this delay and do apologise for the delays.

Cllr DARREN WISE



A great Community Spirit



We would like to thank the following for making a donation towards the Christmas Lights on the lamp columns in Station Road this year as without them this would not have been possible:

Bamboo Gardens, Bombay Palace, Co-op, Coral's, Delaney's Properties, Haart Estate Agent, Harold Wood Funeral Services, Harold Wood Neighbourhood Centre, Harold Wood Post Office, Harold Wood Travel, Ladies' Beauty and Gentlemen's Barber Shop, Nicky's Newsagent, Redden Court School, Residents' Association, Rainbow Trust Charity Shop, St Peter's Church, Station Tuck Shop, The Chippy (Fish & Chips), Williams Bakery and Station Café.

Merry Christmas and a Happy New Year 2018 to all our Deliverers and Residents



WINDSOR PROPERTY

Extension Specialists Est. 25 Years Family Business



- EXTENSIONS
- LOFT CONVERSIONS
- RENOVATIONS
- LOG CABINS
- GARAGE CONVERSIONS
- ALL BUILDING WORK

UNDERTAKEN



FOR YOUR FREE ESTIMATE PLEASE CONTACT

PHONE: 01708 455755

MOBILE: 07958 787 297

E-mail: wpm321@msn.com

JANE'S MOBILE HAIRDRESSING

CUTS, COLOURS, HI/LO LIGHTS, **BLOW-DRIES, PERMS & SETS**

> **FOR INFO & APPOINTMENTS** CALL 07966 439373



"CREASES"

(PROFESSIONAL DRY CLEANERS AND IRONING PARLOURS) LTD 2B MOOR LANE, CRANHAM

> Dry Cleaning . Repairs & Alterations Ironing . Curtains . Duvets . Laundry Free Collection & Delivery Service

01708 229292 Please Call

Potholes

We are still receiving complaints on the number of potholes in our area. We recently pursued the Council to support residents in getting repairs to a number of potholes in Beltinge Road. If you are aware of any problems that have not been marked please let us know. Contact details are on page 22.

Community Spirit

I was only too pleased to join six of McDonald's staff at the Harold Wood McDonalds Restaurant with their quarterly litter pick scheme in the local area. We picked up and filled six black sacks which included beer cans, paper bags, bottles, etc. scattered in bushes and along the streets and I must say there was very little actually from McDonalds. Please Note: if you wish to have your McDonalds delivered to your home download the UBER EATS APP to order.

Upminster Carpets

205 St Marys Lane, Upminster

01708 224515

Old Carpets and Furniture?

No Problem!!

Home Service Available

Cllr BRIAN EAGLING



Budget Challenge 2018

As we approach the challenging task of setting a budget and council tax for next year, the undertaking has been made even more difficult by reduced levels of funding from central government while demand for services continues to grow. For example: •Havering grant reduces from £55.3m in 2010 to £1.4m in 2019 before disappearing thereafter •Demand continues to grow, particularly in social care, children's services and housing •Waste disposal costs set to

- Carpet
- Vinyl

We Supply & Fit

- Laminate
- Wood
- Karndean



A Touch Of Glass

S UPPLIERS OF WINDOWS, DOORS AND CONSERVATORIES





TOP QUALITY PVC-U USED WE CAN ARRANGE FINANCE





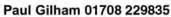
GLASS CUT TO SIZE WHILE YOU WAIT
BROKEN OR MISTED UP SEALED UNIT REPLACED OR CHANGE YOUR CLEAR UNIT
WITH LEAD LIGHTS
PICTURE FRAMES MADE TO SIZE OR MOULDINGS SOLD BY THE LENGTH

OVER 100 MIRRORS IN STOCK

97 Front Lane, Upminster RM14 1XN www.atog.co.uk 01708 250070

Local electrician

- · Based in Upminster
- · Domestic/commercial work
- · Electrical testing and reports
- · Fault finding and rectification
- · Fuseboard upgrades/Re-wiring
- · Lighting/Telephone cabling



07985 185872 or info@gilhamelectrical.co.uk







increase substantially from £15m •Reduction in Public Health and **Education Services Grant**

The situation is not helped by the way grant funding is distributed, for example a council such as Westminster receives funding of £124 per head while here in Havering we receive just £40 per head! Having made savings of over £40m since 2014, for 2018/19 the budget shortfall currently stands at £5.6m - but we are working hard to bridge that gap while keeping council tax at reasonable levels. Our focus is always to place the interests of our residents' first and foremost and to provide the best services we can within the budget available. I shall keep you updated on this important matter over the coming months.

Cllr CLARENCE BARRETT

Happy Christmas from the Men's Lunch Team

St. Peter's 'Men's Lunch' in Harold Wood are planning their very popular festive lunch on Tuesday, 5th December from 11.30am. Harold Court School Choir will entertain us with carols and Christmas songs! Please book your place on 01708 342080, or email: welcome.desk@ stpetersharoldwood.org.

Wingletye Lane Bridge

I would like to thank Laurance John and David of the Emerson Park Residents Team for continuously pushing for the road over the Wingletye Lane Rail Bridge to be resurfaced. The work has taken place and is a vast improvement. Many thanks,

Peter King

Residents Beware

When leaving B&Q near Gallows Corner please make sure you turn left and not right as there is now a camera installed and you will receive a penalty fine.

Cllr BRIAN EAGLING

GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds, Planting, Water Features, Turfing & Decking.

All work solely undertaken by * Greg Oldham *

Tel. 01708 251 004 / 01621 860 529 Mobile 07812 131 772



email: oldhamgreg@yahoo.co.uk

BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

Tel: Office: 01708 780000



Tel: Home: 01708 733088

Natural Stone Paving



BOILER REPAIRS ● SERVICING AND INSTALLATIONS ● COMBI BOILERS

 TANKS TOILETS

O.A.P'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT

WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED ENGINEERS 01708 475041 079301 49046

www.adv-mpplumbing.co.uk pat@adv-mpplumbing.co.uk

säfe

ALL GAS WORK

FLEET ELECTRICAL & HEATING SERVICES



Full / Part Rewires - Extra Plugs

TEST CERTIFICATES PROVIDED

Immersions - Security Lighting - Fault Finding Established in Upminster for 20 Years

Phone: 01708 250409 Mobile: 07956 335744 5 Mersey Avenue, Upminster

Santa Is On His Way

Our traditional float with Father Christmas will be touring the area from Wednesday 6th December. We will again be collecting for the Rainbow Children's Charity who have shops in Station Road and in Corbets Tey Road, Upminster. The charity does a fantastic job. Santa looks forward to meeting you all.

Countdown to **Christmas**

Friday, December 1 - Advent Calendars begin

- Do you count down to Christmas -25 days to go, 24?
- •Or do you count up to Christmas -Dec 1, Dec 2? COUNTDOWN to CHRISTMAS for Harold Wood begins with Lights Up at St Peter's Church and down Station Road on December 1. 5.00pm at St Peter's, Gubbins Lane Christmas Lights will be switched on by a competition-successful

pupil from one of our two local Primary Schools, Harold Wood or Harold Court. Come and join the crowd at 5pm for a couple of lusty carols and the Lights On, before carol-singing down Gubbins Lane into the newest parts of King's Park and climaxing at 6.00pm at the top of Station Road for a final sing-song and Lights to match the Christmas street lights. We'll end, if they'll have us (!), with the best chips ever at The Chippy.

Be Aware

Due to a recent incident that has taken place I would like to take this opportunity to warn you all. Please make sure that before you open your front door to callers that your security chain is on or check through a window first before asking them what they require. If they ask for your help tell them to phone the Police themselves on their mobile. Most people carry mobiles these days.

HUNTER & CO.

Chartered Certified Accountants Chartered Tax Advisers

FOR ALL YOUR ACCOUNTING AND TAXATION NEEDS

195 St. Mary's Lane Upminster Essex RM14 3BU Tel: 01708 255555 Fax: 01708 255556 Email: egh@eghunter.co.uk www.eghunter.co.uk

Do not let strangers into your house and do not ever go with them. This could be a scam to get you to leave your premises. If you are suspicious call the police on 101 or 999.

Cllr BRIAN EAGLING

Parking Schemes

It has been agreed by the Council following a consultation exercise with residents to implement a parking permit scheme Monday to Friday 10.30 to 11.30am within the Wednesbury and Camborne/ Melksham areas to prevent commuter parking. This should be in place possibly around December/ January time.

The Council are also consulting with

Residents in the Ewan Road area with regards to parking issues that are being experienced in the area.

Cllr DARREN WISE

No More Police Cuts

A big thank you to all the residents we met on Saturday at Station Road, Harold Wood who signed our petition regarding police cuts. Thank you to all our local shops who encouraged their customers to also sign our petition.

Cllr DARREN WISE, Cllr BRIAN EAGLING, and Martin Goode

Mobile Hairstylist

Vidal Sassoon Fully Trained

Perfect colour | Cut | Perms

Call Stella on: 07971 532 961 or email: stavie.p@gmail.com



FOCALPOINT LOFTS

est 1977

- Family run Upminster business.
- Established in Upminster for 40 years
- Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- Plans drawn and submitted

For more information, please call Gary or Christopher James:

Home: 01708 250772 / 01708 250747 Mobiles: 0777 311 8268 / 0795 002 5841



CRANHAM ROOFING

The Roofing Specialists

- Free no obligation quotations
- New roofs strip and retile
- Flat roofs
- Chimney stacks repoint/removed
- Guttering, facia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new roofing works guaranteed



GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice by Liaquat, Shamim & Fiesa Govani, Tommy Hai

64 Station Road, Upminster 01708 220044

87 Front Lane, Cranham 01708 224083

Free local collection and delivery of prescription service available upon request from housebound patients

www.govanichemist.co.uk

PLASTERING



- **Reskim over Artex New ceilings**
 - Clean and Reliable
 - Cove & Cornice Painting
 - Cheapest Rates
 - OAP Discounts
 - Free Estimates
 - 27 Years Experience
- **Hornchurch and Surrounding Areas**

CONTACT: CLAY DAWKINS

TEL: 07961 379277 / 01708 470841

EMAIL: CLAY.DAWKINS@LIVE.CO.UK

The Right Cover at the Right Price with the Right Advice Insurance is more than just a piece of paper, it is peace of mind

Motor, Home and Commercial Insurance No extensions, No pressing buttons, No waiting

Just real people with great quotes for all your insurance needs and real help when you really need it when it comes to a claim









C6 The Seedbed Centre, Davidson Way Romford, RM7 OAZ (Opp Queens Hospital) Tele: 01708 730830 / 756000 Email: info@LGInsurance.co.uk Web: www.LGInsurance.co.uk



RICKY ARCHER Roofing Contractor

Established 1987

Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs Three Layer and High Performance Felting - Leadwork - Pointing Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on: Upminster 01708 226512 Mobile 07710327651 Email: ricky-archer@ntlworld.com

M Bray

painting and decorating

all aspects of decorating covered small jobs to complete re-decorations over 20 years experience

polite service - clean and tidy work with a high quality finish local references available

> Tel: 01708 223608 / 07983 486655 e-mail: mathew.bray@sky.com

TAYLOR ELECTRICAL INSTALLATIONS LTD

- FREE ESTIMATES
- FAST RELIABLE SERVICE
- REWIRES REPAIRS MAINTENANCE
- ADDITIONAL LIGHTING & POWER
- DISTRIBUTION BOARD UPGRADES
- HOME BUYER'S REPORTS
- FAULT FINDING

- JIB REGISTERED
 - FULLY INSURED
 - FULLY QUALIFIED
 - PART P REGISTERED

30 YEARS EXPERIENCE



MOB: 07890 519109





CLUBBERCISE

Monday 9.30am - 10.30am @ Trinity Church with Creche Wednesday 7.30am - 8.30pm @ Coopers School

H.I.I.T.

Wednesday 9.30 - 10.30am @ Trinity Church with Creche

SEATED WORKOUT

Thursday 12.30 - 1.15pm @ Cranham Community Centre Friday 10.30 - 11.30am @ West Horndon Village Hall

Monday 7.30 - 8.30pm @ Trinity Church

ZUMBA FITNESS

Monday 7.15 - 8.00pm @ Coopers School

FITNESS PILATES

Tuesday 7.00 - 8.00pm @ Coopers School

Wednesday 7.00 - 8.00pm @ Coopers School Thursday 9.30 -10.30am @ Trinity Church

LEGS BUMS & TUMS

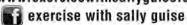
50+ Tuesday 9.30 -10.30am @ Trinity Church Thursday 7.00 - 8.00pm @ Trinity Church

ZUMBA GOLD

Monday 10.45 -11.45am @ Trinity Church Wednesday 10.45 -11.45am @ Trinity Church

Call Sally for more info 01708 915455 / 07855 534631

www.exercisewithsallyguise.co.uk



BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- . SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

Tel: Office: 01708 780000

All work carried out by responsible tradesmen



Natural Stone Paving

Tel: Home: 01708 733088

> Established over 30 yrs

Lower Thames Crossing Update

Please see below news we have received from Highways England.

Earlier this year the government announced the preferred route for the Lower Thames Crossing. This new crossing of the Thames comprises a tunnel located east of Gravesend and Tilbury and link roads to the M25 and A2.

Since the announcement, we have been gathering information and carrying out a range of assessments and surveys to help us better understand the area. The feedback given during the consultation in 2016 continues to help us to develop the design of the route and as a result, we have made some changes.

One of the areas we've been looking at particularly closely has been the junction with the M25. We would like to thank all residents and representatives who have given their feedback on this proposed junction, which has helped our design team develop their proposals.

Below is a summary of our current thinking on the for the design of our route:

DESIGNED TO YOUR NEEDS WIDE VARIETY OF MATERIALS, DESIGNS, PATTERNS AND COLOURS

CATALOGUE AND PREVIOUS WORK

WEBSITE AND FACEBOOK SHOWING EXAMPLES

HELP AND ADVICE WITH DESIGN

ALL YOUR CONSUMER RIGHTS WILL APPLY

ALL WORK GUARANTEED

New junction design to cross under the M25 to reduce the visual impact

Widening of a section of the M25, including Junction 29 to improve traffic flow

There will be 3 lanes, rather than 2, for the route between the A13 and A2

There is still a lot of work to be done on the design. We are gathering information and carrying out a range of assessments and surveys to help us better understand the area and provide the basis for our designs. These will help us to minimise community and environmental impacts and continue to ensure that the preferred route remains the best solution. Please note Highways England have set up the following Website www. LowerThamesCrossing.Co.Uk

We will keep you up to date on this very important project.

Clearing Paths

With the colder months now upon

FED UP WITH YOUR DIRTY DRIVEWAY?





We can restore your patio & drive back to their former glory. All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan = 01708 445112 = 07889 139916 www.advancedpowerwash.co.uk

ESSEX TREE SURGEONS

Est. 25 years

Trees felled - lopped - pruned - shaped Hedges and conifers trimmed



01708 375052 07831 511666 Bill Venton and info@essextreesurgeons.com

All work carried out by qualified tree surgeons • £2m Public Liability Insurance



TCC ROOFING CO. Established 1955 in this area



High performance flat roofing system. Replacement tiled and slated roofs. Leadwork, valleys and chimneys.

UPVC fascias, guttering and general building work carried out



01708 222330 Free advice & Estimates

01708 223241



Keith Jefford DHC, DHP (GHR & CNHC Registered)

Fully qualified, experienced local hypnotherapist.

- Caring and confidential service specialising in emotional and behavioural problems including stress, anxiety, anger, fears, phobias, fear of flying, drinking issues, smoking cessation, tinnitus stress etc.
- Daytime, evening and weekend appointments available.
- Call 01708 224698 or 07970 111657 for a free telephone consultation. www. keithjeffordhypnotherapy.co.uk

us the paths outside our homes can become very slippery if rain freezes over or snow starts to melt. As someone who once slipped over badly on an icy footway I really appreciate householders who clear ice from the paths in front of their homes. Official Government advice is that if you clear snow and ice:

Don't use water to melt ice as it might refreeze and turn to black

- Use salt if possible but don't use the salt from salting bins as this is used to keep roads clear.
- You can use sand if you don't have enough salt - it will provide grip underfoot.
- Pay extra attention when clearing steps and steep pathways - using more salt may help.

John Tyler

All Saints Players

The All Saints Players present 'The Pied Piper' a Pantomime by Alan P Frayn by arrangement with Stage Right Creative Ltd. Thursday 11th January 2018, Friday 12th January 2018, Saturday 13th January 2018 8.00pm (doors open 7.30pm). Matinee Saturday 2.30pm (doors open 2pm) at All Saints Church Hall, Ardleigh

Green Road, Hornchurch. Tickets £5.00 Box Office: 01708 607855 or email: boxoffice@allsaintsplayers.

Wednesday **Music Evenings**

Wednesday 13th December 2017 - A Programme of Seasonal Music & Readings. The programme contains a diverse mix of seasonal items from this and other countries, a variety of music, poetry and prose. There will be an extended interval, during which hot punch and mince pies will be available. Following our Christmas and New Year break our recitals will begin again on Wednesday 17th January 2018 and continue on a fortnightly basis until Wednesday 6th June. The Music Evenings take place in the 1st Floor Meeting Room at Hornchurch Library, North Street commencing at 7.30pm and ending at 9.30pm. Admission is free of charge but we do request a nominal donation for the interval refreshments. No need to prebook - just turn up. For more information call Stephen Raindle 01708 470670 or email sraindle@ aol.com

MR PLUMBER



- D T Moore Plumbing Services
 Trading Standards recommended Plumber.
- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- . No call out fee
- · For friendly advice please call David
- 07931 553631 mobile 01708 223561 home



HARDWOOD SPECIALISTS

· Supply only or supply and install

- High quality windows, doors and conservatories
- Leaded lights and coloured glass
- Unique old-fashioned front doors FREE FRIENDLY ADVICE • FREE ESTIMATES

01708 757675







Tudor Construction Company



SERVING UPMINSTER SINCE 1955

EXTENSIONS, CONVERSIONS, LANDSCAPING, MAINTENANCE FREE UPVC BARGE BOARDS.

FASCIAS, SOFFITS, GUTTERING, WINDOWS AND DOORS



PHONE 01708 222330/223241 WHERE QUALITY AND SERVICE COME FIRST



Progressive

DISPENSING OPTICIAN Est. 1948 POLO

MICHAEL KORS

prodesign : denmark

Large Frame Selection Always Available Most Prescriptions Ready Within 24 Hours PRADA

Budget Range From £35 All Inclusive

All Types Of Lenses Available

Silhouette

NHS & Eyecare Vouchers Accepted

WILLIAM MORRIS

Free Customer Parking

165 North Street, Barking, Essex, IG11 8LA Or visit us online www.progressiveoptical.co.uk



info@progressiveoptical.co.uk
0208 594 1647 / 0160





Church View Dental Clinic

We provide NHS & Private care

Dental Implants, Invisalign, Six Month Smile, Dermal Fillers, Flexible Dentures, Whitening, Crowns & Bridges

Call now to speak to one of our friendly staff to book an appointment on tel: 01708 220563

Or you can visit us at www.cvdent.co.uk 34a Station Road, Upminster, Essex RM14 2TR







- Home refurbishment specialist
- Extensions and loft conversions
- Alterations and knock through's
- Kitchens and bathrooms supplied & Installed
- All general building
- Plumbing and heating, gas and electrical works
- Fully insured all work fully guaranteed and carried out by qualified tradesmen

Your local specialist building & refurbishment contractor

Call us now on - 01708 229031 to arrange a quote Or email - richard@gidleybuilders.co.uk

Visit our website to view examples of past & current projects www.gidleybuilders.com



TELEPHONE: 01708 223669 MOBILE: 07967 603606

- REPAIRS & INSTALLATION . REWIRING
- FAULT FINDING SHOWERS COOKERS
- SOCKETS LIGHTS EXTERNAL ELECTRICS

SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL GAS, CENTRAL HEATING AND PLUMBING INSTALLATION SERVICING AND REPAIRS

> BOILER REPLACEMENTS GAS SAFETY CHECKS LANDLORD CERTIFICATES

New for 2014 - Service Contracts (please ask for details)

FULL BATHROOM INSTALLATIONS

TEL/FAX: 01708 221 500

MOBILE: 07956 481 819

MOBILE: 07961 151 551
E-mail: southeastheating@btconnect.com 9338





Everything Glass Ltd

For all your window and door repairs

Windows and Doors Supplied and Fitted Misted or broken double glazed units replaced Hinges Locks Handles replaced Toughened / laminated safety glass fitted All types of glass supplied and fitted No Job Too Small. 40 Years' Experience

No Call Out Charge Call Paul on

07958 550796 or 01708 551314

www.everythingglassltd.co.uk





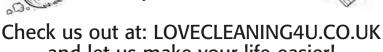




LOVE CLEANING 4U

Need a cleaner for your home?

No contracts . Pay by the hour Friendly, honest cleaners



and let us make your life easier!

We also provide an Ironing, Laundry and Dry Cleaning service with Free Collection and Delivery

Call us on 01708 445921 Or go to lovecleaning4u@hotmail.com

L. J. NICHOLLS

INTERIOR & EXTERIOR PAINTING, DECORATING & PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177

AC PLASTERING



All Plastering **Plaster Over Artex** Specialists in Re-Skimming Coving Tiling

QUALITY WORK AT AFFORDABLE PRICES Allan Carey

TELEPHONE:01708-474-624 MOBILE: 07711-675-086

'Design a **Christmas Card' Competition** at Corbets Tey School

Pinney Talfourd teamed up with local special needs school Corbets Tey School for their 'Design a Christmas Card 2017' Competition this month. Arham Pervin, aged 4, won first prize with a cute design of Rudolph surrounded by festive fairy lights. It will now be used for Pinney Talfourd's Christmas card and Arham will receive a toy of his choice at a special school assembly.

The Bulletin were also delighted to offer a prize to the runner up Sammy Ksaveriev, aged 8 for his jolly Santa.

Client Services Partner, Catherine Polli, said "Thank you to everyone at the school for your time and effort. The designs we have received from the children are always fantastic and this year's entries were no different. We are also delighted that The Bulletin

has donated a prize again this year as there were so many wonderful cards. It was hard to pick just one."

Pinney Talfourd will also give a donation to the school for their help in organising this annual event.



Christmas in Cranham

Cranham will be celebrating Christmas this year with two Christmas Trees donated by the Residents Association, one in Avon Road the other at the

The Specialist Carpet, Rug, Upholstery, Leather & Hard Floor Cleaning Co. TRUST MARK

Mobile: 07768 667824 www.djkcleaning.co.uk

DJK offering a quality service

Cleaning Services Ltd The Carpet & Upholstery Cleaning Specialists

CALL DAVID KENDALL FOR A FREE QUOTE

at a reasonable price.

iunction of Moor Lane and Front Lane, kindly decorated by the Cranham Friends Association. The Plough in Front Lane will be holding the big Christmas light up on Saturday 2nd at 6pm in preparation for the arrival of Father Christmas who will be found in his Grotto at 3pm-7pm on Saturday 9th and 16th and from 2pm-6pm on Sunday 10th, 17th. Other events will be taking place with proceeds going to The Rainbow Trust.

Frank Rivett and Sons will be providing mulled wine and mince pies in aid of Little Havens Hospice, on Friday 8th December with the help of 'Tommy' the pony. The judging of the 2017 best decorated shop interior or window display, in Avon Road and Cranham Village will also be taking place on the 8th. We hope you all enjoy Christmas in Cranham and all that is left for me to say on behalf of the Cranham Friends Association is,

Happy Christmas to you all.

Cllr GILLIAN FORD

Havering Singers Christmas Concert

A concert of short, festive pieces of music by the likes of John Rutter and harmonic arrangements of some more famous carols, all given the Havering Singers magic touch including the St Mary's Junior School Choir. St Michael's Church, Main Road, Gidea Park. RM2 5EL. Saturday 16th December, 7:30pm. Ticket/Info: £10 Adults, £5 Children. Available on the door or via Hotline 01708 341265 / 079519 31131 or www. haveringsingers.org.uk up to Wednesday 13th December.

Cranham Over 60s Club

We meet every Thursday between 1.00pm till 3.00pm in the Cranham Social Centre (over the Cafe 4 you). There is tea, and biscuits, an entertainer, or sometimes Bingo. Entry is only £3.00 and all are very welcome.

All your favourite brands are in store

We have the best choice of upholstery, dining, beds, bedrooms, carpets, rugs, flooring & curtains all under one roof.

DURESTA





ercol

Parker Knoll







VI∞SPRING









Harrison



Vale Bridgecraft



We believe our prices reflect genuine value for money. Coupled with a superior level of service, free local delivery and after sales care, we are confident our brand prices cannot be beaten. If you find, from a reputable store (including online), the identical product and service package at a lower price, we would welcome the opportunity to price match.

www.roomes.co.uk

22-24 Station Road. Upminster, Essex RM14 2UB.

Telephone: 01708 255300



Furniture & Interiors • Est 1888

PGM Heating & Plumbing

NO CALL OUT CHARGES - NO JOB TOO SMALL FREE ESTIMATES - QUICK RESPONSE ALL WORK GUARANTEED

- All aspects of Heating and Plumbing work undertaken Complete Central Heating/Boiler Installations/Service
- Bathroom Installation
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- **Landlords Gas Certificates**

Tel: 01708 227797 Mob: 07734 228417

www.pgmheatingandplumbing.co.uk





Boiler Repairs

Saunier Duvel



POTTERION () BIASI

⊠Vaillant

Installation, Service, Repairs, Power flushing, Insurance



708 440581



M.P. Williams Professional Bathroom & Kitchen Installations

Plan & design, plumbing, plastering, tiling, electrics, carpentry, painting & decorating.

For a free estimate call Matt

Tel: 01708259696 Mobile: 07790 753850

Email: m.p.williams.bathrooms@gmail.com

Quality Dental Care Cranhan **Dental** & Service in a Modern Family Centre Friendly Environment



healthier smile for

Inviting all New NHS & Private Patients to Join our Practice.

call **01708 228 291** now

www.cranhamdentalcentre.co.uk ****** reception@cranhamdentalcentre.co.uk 141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ

UPMINSTER REFURBISHMENTS

THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE SHOWROOM WITH EXTENSIVE RANGES TO VIEW **GRANITE WORKTOPS SUPPLIED AND FITTED**

FITTING ONLY SERVICE ALSO AVAILABLE (YOU SUPPLY)

TOTAL REFURBISHMENT FROM START TO FINISH

PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED

ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION..

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION



Crusaider First Aid

Relaxed expertise you can trust



For All First Aid Training Courses First Aid at Work, Paediatric, Sports, Emergency, AED Courses All certificates are accredited and last 3 years Over 30 years experience training emergency services For more information contact David: www.crusaiderfirstaid.com info@ crusaiderfirstaid.com Mobile: 07946 628416



GARY COE JEWELLERS ESTABLISHED 1981



Fully equipped workshop Diamond & Engagement ring specialists / Bespoke Wedding rings Engraving / Full repair service Watch batteries / Watch repairs / Valuations Best prices paid for your old gold

35 Cedar Avenue Upminster Essex RM14 2LN Tel 01708 222696 Mobile 07771 802624

www. garycoejewellers.co.uk



All building works undertaken.

All roof repairs - Flat Roofs - High Performance Felting - UPVC Fascias & Soffits - Guttering Leadwork - Re point and Remove Chimney Stack

LRroofingltd@hotmail.com



CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371 07946 216 150

Website: www.cedar-treecare.co.uk Email: cedartreecare@qualityservice.com

Cedar Avenue, Upminster, Essex

Cranham Parking Review

Residents in Cranham may recall the Cranham Parking Review which was carried out earlier this year and was progressed through the Highways Advisory Committee in July. The report contained over 30 amendments to parking control measures across the ward, including Dury Falls and some roads off Hall Lane, Moor Lane, Avon Road and Front Lane. Progress in implementing the schemes has not progressed as quickly as we anticipated owing to capacity issues, but we are now assured of advancement and, subject to resident consultation, will now see progress in implementing these measures.

Your Cranham Councillors

Christmas Tree Festival

Upminster Methodist Church, Hall Lane, RM14 1AE will be holding its annual Christmas Tree Festival between the 3rd and 11th of December. Local schools and organisations from the church and community have been invited to decorate trees for this event. The Residents' Association has sponsored a tree which has been decorated by the pupils of The Corbets Tey School. The opening times are Saturdays 10-5pm, Sundays 12-5pm and Weekdays 2-6pm. The Festival opens on Saturday 3rd December at 10am and there will be refreshments available all day. Entrance is free: donations to our chosen charities. For more details, please contact the Church Office 01708 222278 or email upminstermc@gmail.com

Hornchurch Football Club

Kindly note following fixtures at the Stadium, Bridge Avenue: Tuesday 12th Barking Kick off 7.45pm, Saturdays 16th Cheshunt 23rd Bury Town. Monday 1st January Brentwood Town Kick off for these three matches 3pm.

Free Hearing Assessment

Free Hearing Assessment Age UK (Romford) has teamed up with leading hearing specialists, UK Hearing Care, to help solve

ICOL SECURITY
SYSTEMS

ESTABLISHED 1984

Can you afford un-invited guests?
Before they arrive: fit a burglar alarm/CCTV

For a free survey-risk assessment of your premises contact us on: 01708 226385

Visit our showroom for a fully working demonstration of Alarms and CCTV Systems

UPMINSTER SECURITY CENTRE 129 AVON ROAD, UPMINSTER RM14 1RQ



SECURITY SYSTEMS

Established 1996



DON'T WAIT TO BE BURGLED!

Protect your home with a professionally installed
WIRELESS BURGLAR ALARM

Excellent service from the very first call.

Approved by Which? & Trading Standards



Free survey & no obligation quotation

01708 250600



131 www.hillissecurity.co.uk

St.Laurence House, 2 Gridiron Place, Upminster. RM14 2BE

A & P HOUSE CLEARANCE

OVER 20 YEARS EXPERIENCE FRIENDLY & PROFESSIONAL WORKING IN YOUR AREA



TEL: 01277 201508 or 07974 085985

hearing difficulties. UK Hearing Care's highly-trained, HCPC-registered audiologists offer free, thorough five-stage hearing assessments. They can advise you on your specific hearing abilities and recommend the best solution to suit your needs. Assessments can take place comfortably in your own home, or at Age UK (Romford's) new monthly surgery at Family Mosaics Care Point, Romford. Find out how to book your free hearing test by ringing 0800 620 0269.

Mayor's Charity Variety Show

I have organised a variety show at the Queens Theatre on Tuesday 16 January 2018 at 7pm with all proceeds going to my three nominated charities, First Step, Dementia UK and Havering Volunteer Centre. Acts will be a mixture of dance, singers, musicians and the Royal British Legion Band. This is an opportunity to showcase local talent, mainly young people and I hope you will be able to support me. Tickets are £15 and available now from the Queens Box office. www.queens-theatre.co.uk

Cllr LINDA VAN DEN HENDE Mayor of Havering

Lennox Productions Christmas Concert

Since the charity started in 1992, our main aim has been to make a positive difference to the lives of

continued on page 11

ESTABLISHED 192

GATES, PARISH & CO.

Chartered Surveyors, Estate Agents, Valuers D. J. Parish, F.R.I.C.S

THE ESTABLISHED UPMINSTER ESTATE AGENTS FOR OVER 90 YEARS

- SALES OF RESIDENTIAL PROPERTY
- VALUATIONS FOR ALL PURPOSES
- SURVEY REPORTS
- RESIDENTIAL LETTINGS
- RENT REVIEWS
- LANDLORD & TENANT MATTERS
- EXPERT WITNESS REPORTS
- PROPERTY MANAGEMENT

32, STATION ROAD, UPMINSTER Tel: 01708 250033

Fax: (01708) 220844

Website: www.gates-parish.co.uk

Chauffeur Me (Travel)

For all enquires call Darren 07947 576642

www.chauffeur-me-travel.com

Special functions Shopping days Night clubs Weddings Race days Restaurants Airports Theatres Spoil yourself days

Chauffeur driven in comfort Eight Seater ~ Fully Air Conditioned ~ Privacy Glass ~ Satellite Navigation



Interested in Triathlon or Multi-sport disciplines?

www.haveringtri.co.uk



@haveringtri Havering Tri



Contact Kay Hamilton 07957 567915



Adults Learn To Swim and Improver Lessons

www.kasuk.co.uk Qualified ASA Teacher 🚮 Kays Adult swim



ike an Aladdin's care.

WEDDING & PARTY SHOP

DECORATIONS • WRAPPING • LIGHTS • BALLOONS • FANCY GOODS • PARTYWARE • WEDDING BOUQUETS • SILK FLOWERS • POSIES ETC

CHRISTMAS STORE NOW OPEN

OPENING TIMES

TUESDAY. WEDNESDAY & SUNDAY THURSDAY, FRIDAY & SATURDAY

10.00 am - 4.00 pm

10.00 am - 5.00 pm

CLOSED ON MONDAYS

Rear of High House Garden Centre, Corbets Tey Road, Upminster Essex, RM14 2DN

01708 220802

www.partyflair.co.uk



CRANHAM ELECTRICAL LTD

ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

- Domestic & Commercial
- · Re-wires
- NICEIC Test Reports
- Fuse Board Up-grades



TEL: 01708 223046 MOB:07710 282110 66 Moor Lane Upminster



We are a friendly, modern private practice, with state of the art facilities, located in Hornchurch.

As a patient, you will receive care solely from Dr. Malcolm Stander, a talented, gentle and very experienced dentist, who has been creating beautiful smiles for over 30 years.

His special interests are in general and cosmetic dentistry and the treatment of nervous patients.

Stander Dental Care, 57a High St, Hornchurch, Essex, RM11 1TP Tel: 01708 442888

VISIT OUR WEBSITE: WWW.STANDERDENTALCARE.CO.UK

Lawton & Stoakes

Established Ophthalmic Department

- · Catering for all types of pet
- BVA/KC/ISDS eye exam
- · Glaucoma treatments including laser
- · All types of ophthalmic microsurgeries
- · Cataract surgery with lens implant Laser surgery for eye tumours
- · Interest free payment plans



tMed; CertVOphthal; CertLAS; ol; MSB; DZooMed; FRCVS /S Registered Specialist

to make an appointment please call 01708 384444

8-12 Fitzilian Avenue, Harold Wood, Romford, Essex, RM3 OQS www.vets.gb.com

SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES

MEDICATION SUPPORT PERSONAL CARE

COMPANIONSHIP RESPITE

LIGHT DOMESTIC DEMENTIA & ALZHEIMERS

NUTRITION & DIET SUPPORT 24 HOUR SUPPORT

REABLEMENT SUPPORT HOSPITAL DISCHARGE

SOCIAL & LEISURE ACTIVITIES

END OF LIFE

CONTACT US ON: 01708 301 111 or 07538 709 012

WEB: www.kareplus.co.uk/romford EMAIL: kpromfordrm@kareplus.co.uk





children diagnosed with cancer. This is done by offering practical, financial and emotional support to the whole family through our range of Care Grants, Respite Holidays and other projects. Our Christmas concert is on the 17th December at New Windmill Hall, Upminster. See website for further details or phone 01708 734 366. http://www.lennoxccf.org.uk

haveringcab.org

Beauty and the

This year's Panto "Beauty and the Beast "at the Queens Theatre has started and runs to the 7th January. Box Office number 01708

Citizens Advice Havering

In December 2017, Citizens Advice Havering will be moving from its current location at Victoria Road, Romford to Romford Central Library, St Edwards Way.

The service will close at Victoria Road on 7 December and will reopen at Romford Central Library at 9am on 2 January 2018. Additional sessions will be run at existing outreach locations at Hornchurch and Harold Hill libraries between 11 and 22 December. The service will close for Christmas on 22 December. See the website for details https://

'Shop Local, Hire

Christmas is the busiest time of the year for our High Streets and shopping parades and a crucial time for local businesses to tap into the extra demand. I was interested to read of an initiative in Preston where the Council launched a scheme promoting the use, where possible, of local suppliers. This is something I would like to see rolled out more extensively, providing that it also demonstrates good value for money, as it will help keep the local pound in the local economy.

R.R. CONSTRUCTION LTD

EXTENSIONS GENERAL BUILDING OVER 30 YEARS EXPERIENCE FULLY INSURED

PLANS DRAWN & SUBMITTED TO COUNCIL ELECTRICAL, PLUMBING, PLASTERING GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

Tel: 01708 251282

www.extensions-experts.co.uk

PARKDRIVE PAVING & LANDSCAPS

25 Years Experience

- DRIVEWAYS
- FENCING
- PATIOS
- INDIAN STONE
- BRICK WALLS
- TURFING

FREE ESTIMATES / PORTFOLIO

ALL WORK GUARANTEED!

6 01708 750209 / 07826 207310

www.haveringpavinglandscaping.co.uk



Upminster Osteopath & Sports Injury Clinic

UPMINSTER RM14 1PZ

www.upminsterosteo.com

BACK, NECK & SHOULDER/ARM PAIN
HIP, KNEE & ANKLE/FOOT PAIN
'TRAPPED' NERVES
POST SURGICAL REHABILITATION
SPORTS INJURIES (INCLUDING KINESIO-TAPING) Tel: 01708 222932

HELPING YOU WITH:

SPORTS INJURIES (INCLUDING KINESIO-TAPING)
 ARTHRITS
 NO CONTRACTS/OBLIGATION
 NO GP REFERRAL NECESSARY
 PRIVATE REFERRAL FOR MRI, ULTRASOUND WHERE
 APPROPRIATE RECOGNISED BY ALL MAJOR INSURERS
 (BUPA, AXA-PPP, etc.)

email: upminsterosteopath@gmail.com





RECRUITING NOW!

Are you looking for an opportunity as a Care Assistant?

Holmes Care Group are recruiting for two of our homes:

Cranham Court, Upminster, Essex Sycamore Court, Little Warley, Brentwood.

Join our team now!

Send your CV to

recruitment@holmes-care.co.uk

or contact Aadil on 01708 251227 (ext. 241)

ESSEX SUPREME CARPET CLEAN



Upminster based



Fully Insured

Carpets, Rugs, Upholstery & Mattresses Competitive prices & Multi-room discounts

CALL DAVID FOR A QUOTE Tel: 01708 702194 Mob: 07818 408217

email: essexscc@gmail.com

www.essexsupremecarpetclean.co.uk

- Structural & House Purchase surveys & reports
- Fire & Subsidence Damage surveys & reports
- Party Wall Awards and Schedules
- Design and planning service -
- Project/Contract Management

THE **EVERETT** PARTNERSHIP

Chartered Building Surveyors Building Engineers & Consultants **Planning Supervisors**

The Lodge, Little Gaynes Lane, Upminster, RM14 2JB Tel: 01708 227108 Fax: 01708 220857

CSR PIANO TUNING

CHRIS RAMSEY N.C.DIP PIANO TECHNICIAN

T:01277 890 242 M:07938 141 394





UpminsteR

KITCHENS & BEDROOMS

SIMPLY FINE KITCHENS & BEDROOMS

Showroom open 9.30am - 5pm Monday to Saturday Full design and installation service

SIEMENS & NEFF APPLIANCES **BLANCO SINK & TAPS** GRANITE & QUARTZ WORK SURFACES FREE ESTIMATES • WHICH TRUSTED TRADER

> 161 St Mary's Lane, Upminster, RM14 3BL T: 01708 222250

E: info@upminsterkitchensandbedrooms.co.uk www.upminsterkitchensandbedrooms.co.uk







- RE-WIRES
- PAT TESTING
- PART RE-WIRE
- INSPECTING AND TESTING
- FUSE BOARD UPGRADES
- FAULT FINDING

Telephone: 01708 744 226 • alexelectrical.co.uk • e: info@alexelectrical.co.uk

FAMILY BUSINESS **SINCE 1976**



NO JOB TOO BIG OR SMALL

A.C.E ROOFING CO. LTD

CALL US FOR A FREE NO OBLIGATION ESTIMATE

THE GROVE, UPMINSTER ESSEX, RM14 2ER WWW.ACEROOFING.CO.UK











AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials supplied and fitted. Satellites installed. Aerial & dish realignment TV extra points

www.aerialsdirect.co.uk www.aerialsupminster.co.uk

01708 347257



Longfellers tree surgery and garden care

qualified arborists and gardeners city & guilds, nptc

INSURED

Free estimates

Phone: 01708 641289 Mobile: 07984 524392





MBM Electrical Services Ltd











Based in Upminster/over 30 years experience

- *Full/part Rewires
- *Fuseboard Upgrades
- *Extra light/sockets
- *Outside supplies
- *Testing/ Fault finding
- *Certificates/ Safety Report
- *Fully Qualified
- *Fully Insured

Your Satisfaction Is Our Guarantee

Tel:01708 704142 Mobile:07971 293569 Email:Info@mbm-electrical.co.uk Web:www.mbm-electrical.co.uk



TRY 2 CLASSES FOR £20 AT CONTOUR PILATES, **BRENTWOOD**

GET STRONGER AND MOVE BETTER



KUSOOM BUGH



RESTAURANT

Family run business- est 1978 Fully licensed & Air Conditioned

Opening Hours

7 days a week, incl Bank Holidays Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

174 St Mary's Lane, Upminster, RM14 3BT Tel: (01708) 220038 or 222606

This not only creates growth and jobs, but instils a sense of value in supporting our local economy. Shoppers are long used to inspecting 'use by' dates when buying produce, the next step will be to inspect the 'where from' label with equal scrutiny.

Cllr CLARENCE BARRETT

GHISPmas Concert

Celebrate the great side of local young people at this free concert by coming to the Trinity United Reformed Church (next to Roomes Stores), Station Road, Upminster on Saturday 9th December Starting at 7.30pm. Enjoy a mixture of songs including a chance to sing along with a few songs and all for a great cause. Gambia Hornchurch International Scout Project, also known as GHISP, has been working with young people for over 8 years to help them develop their social, physical and spiritual selves. If you want more details

contact us at ghispinfo@gmail. com or www.ghisp.org.uk.

Christmas Table Centrepiece Workshop

A local florist, Victoria from Harrington's, will be coming to Upminster Windmill Visitor Centre, The Mill Field, Saint Marys Lane, Upminster, Essex, RM14 2QR to run a Christmas Themed Table Centrepiece workshop on Wed 6 Dec, 10:30am-12:30pm. This workshop costs £17 and includes refreshments. Materials for the centrepiece will be provided. To book please contact Charlotte Coombes on 01708 642919 or charlottethemiller@gmail.com

Take the Stress **Out of Christmas** Shopping

Stubbers Adventure Centre,

The Foot Surgery Established 2002

11A Billet Lane, Hornchurch, Essex, RM11 1TS For appointments tel 01708 621194

Ms Meena Matharu

SRCh MChS BSc FCPodS State Registered Chiropodist/ Podiatrist& Specialist in Foot Surgery

Ms Matharu has 18 years clinical experience in Private Practice Previously consulted for Harrods and Harley Street In 2002 attained Fellowship in Foot Surgery

Treatments available

Nail surgery, electro-surgery and cryotherapy Cortisone injections for pain management Sports medicine: bespoke prescription orthotics Comprehensive foot care for Diabetic and Arthritic patients Routine foot care i.e. nail cutting, corn and callous treatment Verrucae treatment



based in Upminster, Essex, have devised 'Christmas Shopping Activity Days' to allow parents the freedom to shop and make other Christmas preparations in peace while their kids have fun with their friends and make new ones. Particularly benefiting parents who don't have any family or friends they can ask to help with childcare

Children from school years 2 to 11 will be able to participate in a range of activities such as 4 x 4 driving, indoor climbing, archery and Christmas arts & crafts. Drop off is from 8.30am, with pick up times between 3pm and 5pm. Shopping activity days will run on December 3 and 4, December 10 and 11 and December 17 and 18. The cost is £34 and childcare vouchers are accepted. SMASH Camps is Ofsted registered. For further information or to book a place, call 01708 224753 or book on-line at www.smashcamps. co.uk

presents Insanity Island on Sunday 10th December at the New Windmill Hall, St Mary's Lane, Upminster, RM14 2QH. Matinee - 2:30pm, Evening 6:00pm. No charge, however a donation is always welcome. Addup supports, nurtures and educates families living with and professionals working with ADHD. For tickets contact Tel: 01708 454040, email: addup@ addup.co.uk, web: www.addup.

The Addup Drama Group proudly

Christmas Market

Trinity Church in Station Road, Upminster will be holding a Christmas Market on Saturday 9th December from 10am to 2pm. Admission is free and all proceeds will be divided between Trinity Church and Great Ormond Street Hospital. Coffee and Cakes will be served from 10 to 12 and ploughman's lunches from 12 to 2. All the usual stalls, including beautiful handmade crafts and gifts.

Addup Drama Group





Upminster Plastering & Building Services

01708 221297 or 07765 013623

Kitchen & Bathroom Refurbishment
Exterior/Interior Paintwork
Extensions & Alterations
Plastering & Rendering
Guttering & Fascias
Pebbledashing

LOCAL TRADESMAN WITH OVER 40 YEARS EXPERIENCE (references given)

01708 221297 or 07765 013623 E-mail: upminsterplastering@gmail.com

Wall & Floor Tiling by Keith Dennis

Over 30 years experience in wall and floor tiling. No job is too big or too small. All quotes are free.

* Wall & Floor Tiling Contractor

*Specialist in Ceramic, Porcelain and Stone

* Kitchens, Bathrooms and Wet Rooms

* Painting & Decorating Service Available

Contact me on: Mobile: 07976 299415 Home: 01708 227371 E-mail: ck_dennis@yahoo.co.uk

The Secret to a Beautiful Lawn



Contact us for your free lawn analysis and advice

01277 227988

Email: essexsouth@greenthumb.co.uk www.greenthumb.co.uk

B.K.C. ROOFING LTD

FAMILY BUSINESS WITH OVER 40 YEARS EXPERIENCE Railway Infrastructure, Commercial, Domestic

Tel/Fax: 01708 340052 Mobile: 07976 278026 Email: Barrycassbkc@aol.com

Member of the Construction Health and Safety Group
Approved contractor by Kingspan Alumasc, Bauder,
Rubber Bond, Widopan
Green roof specialists

Felt flat roof, Single Ply, Rubber, Liquid, Green roofs New tile roofs, slate roofs, Metal roof, lead roof UPVC Fascia, soffit and guttering All work guaranteed, fully insured.

Free estimate

LKB Carpentry

Lee's Kitchens, Bedrooms & Carpentry LTD

Visit my website to view my work www.LKBcarpentry.co.uk

Upminster 07909630862



Sabrina Mercury Swimming Academy

We offer high quality swimming lessons to children and adults of all abilities.



Oakfields Montessori

School

UPMINSTER RM14 2YG Adult & Child (age 24-36 months)
Pre-School (age 3-4)
Group Lessons (age 4+)
Adult (Beginner to Intermediate)
Adult (Ladies Only)

Small class sizes - friendly and passionate approach to teaching - ASA Qualified Teachers

07951520471 smswimacad@gmail.com



PHIL THE DRILL

www.smswimmingacademy.com

Handyman services

Smaller home and garden DIY jobs undertaken
Harold Wood area
I am a retired engineer
CRB/DBS certificated and liability insured
07724 105715 (before 9pm)
email: pec2112@hotmail.com

Multiclean

House Clearance, Rubbish Removal, Cleaning, Maintenance

Why use us?

- We are a local family business, trading for over 30 years providing a friendly personal service, we can clear rooms/garages/gardens, thoroughly clean the property and then carryout any required maintenance such as decorating and repairs
- Donna, the owner has a full clean criminal record check, we feel important good practice for businesses to show customers they are honest and trustworthy
- We have a waste carriers licence (CB/QM3449HM/V002)
 All rubbish removal businesses must have this.
- Full or part service available including domestic cleaning, free quotes given
- We are fully insured

Contact us on 01708 701848/07954173664

Donna Sldgwick

T/A Multiclean 169 Warren Drive, Hornchurch, Essex RM12 4QU



St. Mary's Dental Care

Dr Mia Rafiee & Associates

B.D.S. (Sweden)

New NHS and Private Patients Welcome

Dental Implants now available

Modern Friendly Environment

Emergency Treatment

Cosmetic Dentistry

Flexible Dentures

Zoom Laser Whitening

Hygienist Available

Air Polish



We emphasise the need to preserve your natural teeth by the prevention of tooth decay and gum disease

on the door or in advance from

Surgery

Hours

Monday, Tuesday, Wednesday

and Thursday 9.00am - 5.30pm

Friday 9.00am - 7.00pm

Every Saturday 9.00am - 4.00pm (Hygenist only)

Tel/Fax 01708 229 330

163 St. Mary's Lane, Upminster,

Kingsley Choral Christmas Concert

The Kingsley Choral Group's Christmas concert will be on Friday, 15th December at 7.30pm at Trinity Church, Station Road, Upminster. Christmas music both traditional and modern will be performed by the choir, and 12 year old Rejus Jakas will play some violin solos. Tickets are still only £7-50, which includes seasonal refreshments, and there will be a raffle. All proceeds divided equally between Trinity Church and Little Legs Coady, a charity set up to help 3- year old twins Lennon and Layla Coady, who have severe health problems, to be able to walk.

Christmas Concert

The Cappella Singers of Upminster are presenting their Christmas Concert on Friday 8th December 2017, at 8.00 p.m., at Trinity United Reformed Church, Station Road, Upminster. The programme includes Britten's Ceremony of Carols and Carols for the congregation. Tickets at £10 inclusive of light

refreshments may be purchased

Mr. Ian Pirie (01708 641718).

Carol Service

Sunday 10th December 4pm. **Grace Community Church** welcomes you to join us for our Christmas Carol Service with mince pie refreshments at The Old Chapel, St Marys Lane, RM14 2QR on the grounds of Sacred Heart of Mary Girls' School. A Christmas Day service will also be held at 10am at The Old Chapel. All are welcome.

Christmas **Charity Fair**

Friday 8th December 5pm-8pm, hosted by Grace Community Church. Free entry. Free glass of mulled wine on arrival. Come and enjoy Santa's Grotto and many stalls for crafts, gifts, food, drink, raffle, tombola and Christmas carols. Money raised at this event will be given to The Children's Society to fight child poverty in the UK. The Old Chapel, St Marys Lane, RM14 2QR on the grounds of Sacred Heart of Mary Girls School.

BOILER CHANGE

Raymond Coomer Sarah Cordell

BOILER REPAIRS & REPLACEMENTS PLUMBING ■ SERVICING ■ RADIATORS

GAS SAFE Reg No. 576292

14 Birch Crescent, Ardleigh Green, Hornchurch

01708 477146 07761 049852

PERSONAL ATTENTION FROM THE COYTE FAMILY HAROLD WOOD

FUNERAL SERVICES 0844 453 3671 24 HOUR EMERGENCY CALLS

Golden Charter Funeral Plan Specialist £125 off with this voucher Fees rising in April 2015

'We decided to use you because of the warm and caring reception we received' Since 1967 in

43 Station Road, Harold Wood, RM3 8HX

Other offices in Hilldene, Collier Row and Hainault Office hours Mondays-Fridays 9am-5pm, Sats 10am-Midday and 10am-3pm in Hilldene

INFO@HWFUNERALS.CO.UK - WWW.HWFUNERALS.CO.UK





established 1986

for advice on mortgages from across the market and all other aspects of financial planning, speak to one of our advisers.

12 king edward road, brentwood, essex CM14 4HL tel: 01277 219594 or 01708 229999

web: www.awpifa.com email: pmoisey@awpifa.com

authorised and regulated by the financial conduct authority, registered in england no: 2061670 your home may be repossessed if you do not keep up repayn on a mortgage or other debt secured on it

S C R Roofing

• All flat roofing • Asphalt and felt systems • Facias and gutters

All staff fully trained, Fully insured, All work guaranteed

Contact Steve Rawles Tel: 07971 171363







Upminster MOT & Service Centre

Free Local Collection & Delivery Covering Cranham Upminster Hornchurch ** Air Con Regas Only £49.95**

> MOT's Only £39.95 Or

Included with Any Service

Time Tees Cars, 11 Station Road Upminster. 01708 250011. www.timeteescars.co.uk Next to Costa Coffee!

Uppercut

multi award winning salon group

17-19 Market Place ROMFORD 01708 765111

5 North Street HORNCHURCH 01708 441393

2 High Street BRENTWOOD 01277 848586

193 Manford Way CHIGWELL 020 8500 0022

599-601 Cranbrook Rd **GANTS HILL** 020 8551 2228

phone or book online for an amazing hairdressing experience

www.uppercuthairgroup.co.uk





December Christmas Lunchtime

Enjoy the run up to Christmas with a fantastic traditional 3 course Christmas lunch created by our talented chefs. Served Mon - Fri 12pm -2.30pm.

3 Courses - £16.95

Festive Afternoon lea

Visit our ew all xmas

Enjoy a Scrumptious Afternoon Tea menus Spoil yourself and those you care about with an array of tasty freshly cut sandwiches, light and fruity scones and delicious Christmas Treats.

Throughout December Mon - Thurs, 2.30pm - 5pm £15.95 Per Adult or £19.95 with a Glass of Mulled Wine or Prosecco.

For all bookings call 01277 554062

De Rougemont Manor

Great Warley Street,
Brentwood, Essex CM13 3JP www.derougemontmanor.co.uk



Cine-Slides-Video /



- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810

www.slides2disk.co.uk

the sycamores swim school

161A Hacton Lane, Upminster, Essex RM14 2YE

We offer Parent & Baby, Pre School & Junior Lessons from 4 weeks-11 years in a warm, clean pool.

Lessons are fun and structured with experienced teachers.

Please call for more information on 07961750173 or visit our Facebook page.



REGISTERED OSTEOPATH

L GUTTERIDGE D.O (Est. 1988)

MEMBER OF THE GENERAL OSTEOPATHIC COUNCIL (G.O.C)

- **LOW BACK & NECK PAIN, SCIATICA**
- **ARTHRITIS**
- WHIPLASH
- **HEADACHES & SPORTS INJURIES**

10 HOLDEN WAY **UPMINSTER**

Phone: (01708) 227786 For an Appointment



Finest Indian Cuisine

Recently Refurbished

Open 7 days a week 6pm - Midnight Including Bank Holidays and 12 noon - 2.30pm for lunch

> Take away menu available Free Home Delivery

32 Corbets Tey Road, Upminster, RM14 2AD Tel: 01708 222263 / 228516 / 07903 800003

FEN BUILDING AND ROOFING CONTRACTORS

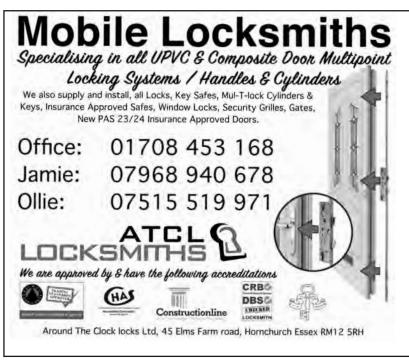
All aspects of domestic building works undertaken

- · Garage / loft/ room /conversions
- Extensions structural opening or repairs
- Kitchen / bathroom renewal
- · Property maintenance
- · Flat roofs
- · Chimney stack relead / repoint /remove /rebuild
- · Upvc fascia soffit window works
- · Valley replacements
- · Any roofing repairs
- · New roofs strip and retile



Office: 01708 225295 Mob 07939 152828 or 07929 334990 E-mail: fenbuilding@ntlworld.com

FREE ESTIMATES - ALL WORKS GUARANTEED



Thames Chase

Sunday 10th Dec - Christmas Traditions between 10.30am and 3.30pm. Sing carols and songs to celebrate the time of the shortest day. Welcome the New Year & the promise of the return of the Sun and warmth which will feed us

and bring new life. Friday 15th Dec - Christmas Cream tea with seasonal music 2.30 and 4.30pm. Why not treat someone special. £9 - booking essential. Ĝift vouchers available. Sunday 17th Dec - Christmas Market 10am - 3pm. The Forest Centre will be closed on Christmas Day. For more details please call 01708 642970.

Saturday Talks Club

Wagner and the Pre Raphaelites. The speaker is Andrew Rothwell on Saturday December 9th at 2.15pm (Doors open 1.45pm). Venue: Roope Hall, United Reform Church, Station Road, Upminster. Cost £4.00 including tea and biscuits.

Contact Mrs Blake: 01708 227512 or Mrs Bland: 01689 858701 for further information.

Thanks Mike

Mike Robins has played a significant role in the production of the Bulletin for the past 35 years. When I became Editor, he helped me turn the 4 page single edition into 3 editions of 24 pages each. The print run during that period also quadrupled. Mike has been the invaluable link between the Association. the artwork studio and printers and has ensured that the Bulletin has been delivered on time every month.

Now their children have flown the nest, Mike and his wife are retiring to Dorset- we wish them well.

Cllr RON OWER

LOCAL FUTURE EVENTS

- Upminster Methodist church, Hall Lane RM14 1AE. Come and see the church filled with beautifully decorated trees. Saturdays 10-5pm,
- Sunday OASIS A 'disability-friendly' meeting for adults at Cranham Baptist Church, Severn Drive. A traditional Sunday Service is not for everyone! Come and join us for our Christmas Carol Service. Oasis meetings are accessible, friendly and informal. If you are interested in coming please contact the Oasis Team on: 01708 223551 or 07714 853545.



- Christmas Celebration. Members only for this meeting. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL on the first Tuesday of every month at 7.45 pm. Contact Secretary Mrs. E. Bell on 01708 251161 or just come along on the evening.
- Friday RSPB Havering Local Group Indoor Meeting - Christmas Social. Our annual get-together before the Christmas rush, a time for exchanging Christmas cards, chatting, a quiz, a raffle and of course the buffet supplied by all of our members. Do come, it's a fun evening - entrance is free, 7:30pm - 9:45pm. All meetings take place upstairs in the Meeting Room at Hornchurch Library, Hornchurch.
- Saturday RSPB Havering Local Group Christmas Ramble - RSPB Rainham Marshes NR. Come and join us for a gentle stroll around our local RSPB reserve to enjoy the views, fresh air and see some good birds at the same time. Our local reserve with its modern visitor centre which has a café, gift shop and toilets. We meet in the reserve car-park, off the New Tankhill Road, Purfleet at 10:00am,
- 11 Monday Havering Branch Essex Wildlife Trust Meetings are held in the 1st floor meeting room in Hornchurch Library from 8.00 pm to 9.45 pm. An illustrated talk by Andrew Sidders (Education Officer at Chafford Gorges) will talk about the history, geology, wildlife and orchids to be found at Chafford Gorges. Donation of £2.50 to help cover hall hire, this includes tea, coffee and biscuits. For more information contact the Secretary Joy Emerson on 01708
- 12 Tuesday Upminster and District Horticultural Society - Are you interested in gardening? Whether you are a new or not so new gardener why not come along to the lectures run by The Upminster and District Horticultural Society at the New Windmill Hall, St Mary's Lane,

Upminster, Lectures are from 7.45pm until 9.45pm. 'Growing Organic Vegetables' by Brian Carline. Admission is normally free to members and £2 to non-members.

I'm planning now, so they don't have to later

Plan ahead now and pass on peace

of mind with a Funeral Plan.

To find out more contact: Austin Chapel Independent

Financial Advisers LLP Suite 4 St Laurence House

Gridiron Place, Upminster, Essex RM14 2BE Call 01708 220816

Golden Charter

- 12 Tuesday NADFAS (Havering) welcomes Dr Janet Robson with a Christmas talk 'Will the real Santa Claus please stand up!'. Lecture 10.45am Coffee from 10.00am. Visitors welcome at £8. Meetings are held at The New Windmill Hall, St Mary's Lane, Upminster RM14 2QH. Further details of forthcoming lectures and events can be found at www haveringdfas.org.uk
- 12 Tuesday Upminster Camera Club Christmas Social Evening. Cranham Community Association, 115a Marlborough Gardens, Upminster, RM14 1SR. 7.45pm. www. upminstercameraclub.org.uk
- Wednesday Nelmes Women's Institute meet on the 2nd Wednesday of every month and welcome new members of all ages. Meetings are held at Nelmes United Reformed Church Hall (corner of Nelmes Road and Burntwood Avenue, Hornchurch, RM11 3JA). Meetings start at 2 pm promptly. Please contact Ruth McDougall on 01708 448431 or Ruth. wellwisher@gmail.com for further details.
- Wednesday Upminster and District Probus Club meet at The Cranleigh, 84 Station Road, Hornchurch, RM12 6LX. Brian Carline "Tripe and Trotters". Contact Barry on 01708 703783 and leave a message or send an email secretary@upminsterprobus.com.
- 14 Thursday Upminster and Cranham W.I. are looking for new members. We meet in the St. Laurence Hall (next to the Library) in Upminster on the second Thursday in the month. Doors open at 1.30 pm for a 2 pm start till 4 pm. We have talks on a wide range of subjects. We have lunches, afternoon teas, Outings and more. Why not come along and give us a try and meet new friends. For more continued on page 19

DECEMBER

2-10 Upminster Christmas Tree Festival at Sunday 12-5pm, Weekdays 2-6pm.Free entry.





Restore your conservatory to that 'just new' look with specialist cleaning





CONSERVATORY CLEANING

01277 790173 for a genuine FREE "NO OBLIGATION" QUOTE

Email: enquiries@ukccc.co.uk www.ukccc.co.uk

The UK Company

CRANHAM GARAGE M.O.T & SERVICE CENTRE www.cranhamgarage.co.uk **M.O.T TESTING** VEHICLE SERVICING** ** VEHICLE REPAIRS** ** VEHICLE DIAGNOSTICS** *Up to 40% Cheaper than main dealers* *38-40,FRONT LANE,CRANHAM, ESSEX,RM141XW* TELEPHONE: 01708 221704 E-MAIL: bookings@cranhamgarage.co.uk *TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS*

Call: Gary or Liam

DOUBLE GLAZING



REPAIRS

Broken, Misted, Sealed Units Handles, Rollers Hinges, Locks etc.



weatherbesthornchurch.co.uk

Fully Guaranteed Telephone 01708 437174

New Window & Door Installations

OAP Discount

EST 1989



MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD. PART EXCHANGE AVAILABLE. OAP DISCOUNT. ALL WORK GUARANTEED. 36 YEARS EXPERIENCE



PHONE 0800 371312 OR 01708 345738 MOBILE 07860 468695 www.mobilesewingmachinesrepairs.co.uk

IN DOORS LTD

Local Manufacturers

KITCHEN & BEDROOM SHOWROOM

Supply only, or Supplied and Expertly Fitted, Design & Planning

REPLACEMENT

Kitchen & Wardrobe Doors

Vinyled-Gloss Slab, Handleless Matt Finish
Painted Solid Wood-BS/RAL- Farrow & Ball colours
WORKTOPS - Laminate/Granite & Quartz
Most Appliances available – Blanco, Neff,
Siemens, Bosch, Belling etc.
HANDLES - Large range Inc. SWAROVSKI
Friendly & Helpful, Trade & Public Welcome

Visit our Showroom/Factory Mon to Fri: 9am to 5pm, Sat. 9 to 1.30pm Tel: 01708 671199

Units 5-7 ARCANY ROAD, S.OCKENDON RM15 5SX Email: info@indoorsessex.co.uk

No appointment necessary

My Home Maintenance Services

Garden Landscaping & re-shape
Hedge-cutting & pruning
Grass cutting & lawn maintenance
Driveway & patio cleaning
Gutter cleaning
Painting interior & exterior
Re-stain fencing & decking areas

Fully insured – competitive rates – Local For further information call us on Home 01708-229946 Mobile 07904204417



A C DECORATORS • Upminster & Essex

All types of interior & exterior decorating at competitive rates

Free estimates and advice

Tel: 07868 300376 Email: alanlcalder@gmail.com

See what my customers say - www.checkatrade.com/ACDecorators



NEW ENTERPRISE

PEST CONTROL

01708 224419

RATS MICE COCKROACHES
WASPS BIRDS FLEAS ANTS
MEMBERS OF THE N.P.T.A.
OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED FREE SURVEYS

LOCAL COMPANY

111 AVON ROAD

UPMINSTER





PLUMBING, HEATING & BATHROOMS, GAS BOILER INSTALLATION, REPAIRS & SERVICING, TAPS, TOILETS, TANKS, CYLINDERS ETC.

24 HOUR EMERGENCY SERVICE

NO JOB TOO SMALL - NO CALL OUT CHARGE

A PROFESSIONAL, RELIABLE AND FRIENDLY SERVICE

Tel: 01268 963290 Mob: 0750 315 3480



Email: info@aquatech.org.uk
Web: www.aquatech.org.uk



CITY & GUILDS QUALIFIED TRADESMAN

GAS SAFE REGISTERED

Gardening and Domestic Handyman

In need of an honest local handyman?

Contact David anytime 07790 927926 or 01708 227535 d.gardenandhome@btinternet.com

Not qualified, just a good handyman.

All tools supplied. Fully insured.

20 years experience References available on request.



Garden maintenance includes:

Mowing, Turfing, Pruning, Paving, Gutters cleared. Garden clearance, Hedge trimming, Planting Fence and shed re-sprays Tree and shrub removal

Patio/conservatory power-washing. Anything else, just ask.....no job too small

Domestic services: Painting, Tiling Furniture assembly. Laminate flooring, Wall hung cabinets fitted Anything else, just ask!



Do it Right, the First time!

ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing, Fencing, New lawns, Garden Lights, Brickwork, Garden Design, Steps, Block Paving

Phone; 01702 258445 Mobile; 07814 940335 I, Churchend, Pagelesham, Essex, SS4 2DF

www.anglepaving.co.uk email: angle.paving@o2.co.uk

Fleet of Foot **Podiatry and Chiropody**

Thickened nails, fungal nails, in-growing nails, corns, callus, dry cracked heels, claw, hammer or mallet toe lesions, verrucae and warts, dermatological conditions, fungal infections, achilles tendonitis, bunions, plantar fasciitis, heel pain, metatarsalgia, morton's neuroma, leg length discrepancy, foot pain, ankle pain, knee pain, hip pain, lower back pain, shin pain, sports injuries, walking, running and gait disorders, gait analysis, insoles, orthotic therapy, custom orthosis, paediatric conditions, systemic conditions, annual diabetic foot checks.

By appointment only, please book online through our website, alternatively leave a message by answerphone, text or email, and we will call you back to arrange an appointment as soon as we are out of clinic.

Fleet of Foot 53 Bridge Avenue, Upminster, RM14 2LP

01708 535475 07954 655588

Greg Kilner Podiatrist / Chiropodist BSc Pod Med

www.fleetoffoot.co.uk contact@fleetoffoot.co.uk HCPC: CH34225



13 Juliet Way, Purfleet Industrial Park, Aveley, South Ockendon RM15 4YD

t: 01708 545 110

e: info@milbarnconstruction.co.uk w: www.milbarnconstruction.co.uk



Specialists in Home Extensions aspects of Landscaping & Groundwork **Chimney Breast Removal** £5,000,000 public liability insurance Residential and Commercial work **Fully Qualified Tradesmen**

"experts in the construction industry..."

Westbury James

Tel: 01708 227273 Email: info@westburyinteriors.co.uk Westbury Farm, St Mary's Lane, Upminster, RM14 3NU

Probably the best kept secret in Upminster

Westbury James Interiors manufacture and fit bespoke furniture for Kitchens, Bedrooms, Bathrooms, Home Offices & Living Rooms. Contemporary High Gloss, Traditional Wood and Timeless Shaker designs - we have ranges to fulfil every design concept. Our colour-matched quality carcases with clever storage solutions are made to measure, with a wide range of worktops & handles providing the perfect finishing touches.











information please contact President Margaret Reynolds on 01708 471977

- 15 Friday Havering Antique and Collectors Club meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood. Christmas Party Buffet and singer Dean Ferris. Starting at 7.30 pm. Guests £7. For further details please call our Chairman Mrs Chris Lovett 07947 367258.
- 19 Tuesday Upminster U3A Christmas Cracker Concert with music and fun, University of the Third Age - meets at 1pm on the third Tuesday monthly in the New Windmill Hall, St Mary's Lane, Upminster. Doors open at 12.30pm. For further information about membership and current interest groups, come along to a meeting for free or check out our website www u3asites.org.uk/upminster.
- 19 Tuesday Cranham Engayne W.I. welcomes new members and visitors. Meetings held on the 3rd Tuesday of each month at 2 pm to 4 pm at the Cranham Community Centre, Marlborough Gardens.
- Wednesday Hornchurch Harmonies W.I., meets on the 3rd Wednesday of every month (except August) between 7.30pm - 9.45pm at Havering Indoor Bowls Club RM11 1IU, Visitors fee £3.50 includes tea and cake.
- Thursday Upminster Wine and Social Club meet on the third Thursday of the month at 8 $\,$ pm in the Cranham Social Hall, Front Lane Cranham. We hold meetings every month with a variety of speakers and wine tasting. For more information contact Maureen Jasper on 01708 223956, or simply come along on the night. You will be most welcome.
- Monday Breathe Easy Havering meet at St Andrews Church, Hornchurch, in aid of the British Lung Foundation on the last Monday of the month. The meetings run from 1.30 - 3pm, £3 donation is appreciated. We are a support group for people with COPD, Asthma or other Breathing Difficulties. For details please ring

- Joyce on 01708 226696 or Elaine on 01708 509127.
- Wednesday Upminster Park Towns Womens Guild meet on the fourth Wednesday of every month at 2 pm to 4 pm in Derham Hall (behind Upminster Library), Upminster. Afternoon tea, talks and outings amongst a friendly group of ladies, all most welcome. For more information contact Deborah Pryor on 01708 226127 or Ann Monk on 01708 226305 or simply come along.

JANUARY

- Wednesday Harold Wood Evening W.I. meet on the 1st Wednesday on the month at the War Memorial Hall in Gubbins Lane 7.30 pm for 7.45 pm start. Our speaker is Marion Pettet on "Behind the scenes at Chelmsford ballet". Visitors welcome entrance is £4.50, which includes refreshments. For more details please ring Joanne on 0787 5670419.
- Saturday -The Havering Branch of the East of London Family History Society hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. The talk is 'History of Surnames' with Charlie Haylock. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is followed by 'Had you thought of Looking at Unusual Sources' with Hilary Blanford. Teas and coffees can be purchased. Members and visitors welcome to either or
- Tuesday Oglethorpe Women's Institute Please note our Social Evening has been changed from 2nd January to the 9th January. Visitors and new members are always welcome to join us. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL on the first Tuesday of every month at 7.45 pm. Contact Secretary Mrs. E. Bell on 01708 251161 or just come along on the evening.



Right Equity Release

Ensuring you choose the Right Equity Release

Are You a Home Owner aged over 55? Have you ever considered releasing the money in your home to...

> • Pay for Home Improvements • Debt Consolidation Luxury Holidays

For more information

Call: 0800 6127362 Mob: 07964 282678

Kevin.hull@therightequityrelease.co.uk

The Right Equity Release Ltd which is authorised and regulated by the Financial Conduct Authority Registered in England and Wales No. 07166676

BF Mulley & Son



Chapel of Rest | Home Arrangements | Distance No Object World Wide Repatriation | Ample Client Parking | Memorials







254 St. Mary's Lane Upminster RM14 3DH Tel. 01708 220330 28 High Street, Hornchurch RM12 4UN Tel 01708 442145

www.bfmulleyson.com email - funerals@bfmulleyson.com



Chartered Accountants for individuals small businesses and charities

in Havering, Essex and the City

accounts, tax returns, VAT, payroll, fixed fees, secretarial, start-ups, incorporation, independent examinations, personal and business tax

FREE COMPANY FORMATIONS FOR NEW AND EXISTING CLIENTS

a member of the ICAEW Business Advice Service BAS



contact Daniel Gricks for a free consultation and/or quotation on 01708 225768 daniel@upminsteraccountants.co.uk www.upminsteraccountants.co.uk





ITS FIRE & SECURITY

Day2Day Fire & Security Ltd

- Intruder Alarms
- **CCTV Systems**
- Fire Alarm & Emergency Light Systems
- Fire Extinguishers
- Door Access
- Home Automation
- **Smoke Fogging Systems**

MONITORED AND MAINTAINED ALARM OPTIONS AVAILABLE INCLUDING POLICE REGISTERED SYSTEMS

REPAIRS AND MAINTENANCE TO EXISTING ALARM SYSTEMS.

BT REDCARE, DUALCOM & SAVANT APPROVED INSTALLERS

PHONE FOR NO OBLIGATION QUOTATION 0300 303 2536 or 01708 221 001

www.its-home-security.co.uk or rob@itsfire.co.uk









Garden Services, Estate Management & Tree Surgery

Honest, reliable and friendly service at competitive prices

All Garden Services & Regular Maintenance plus Jet Washing, Patios, Line-marking, Clearance & much more!

Domestic and commercial contracts available - Free, no-obligation estimates/advice

Visit our website for more info! www.ajbgardens.co.uk

Or call us on 01708 228886 / 07875 557378



D.G. PLUMBING SERVICES

All Aspects of plumbing undertaken Specialist in condensation problems Bathroom Installations radiators numps Breakdowns in heating Free Estimates

00033393

01708 220994 07977 214541 52 The Grove Upminster RM14 2ET

PRESSURE TREATED PANELS - FREE ADVICE & QUOTATIONS

MONDAY-FRIDAY: 7AM-4PM SATURDAY: 8AM-12PM

01708 225599 - 07831 281590 **UPMINSTERFENCING.CO.UK** ADMIN@UPMINSTERFENCING.CO.UK



Upminster Fencing, Mardkye Works, St Mary's Lane, Upminster, Essex. RM14 3PA



V Martin Legal Services & Notary Public

Arundel Business Centre, 49 Station Road, Harold Wood, Essex,

Free 30 Minute Consultation

either in person or over the telephone.

Do you have an issue that requires our assistance in any of the following areas of law?

Wills

- **Court of Protection**
- **Asset Protection**
- **Powers of Attorney**
- Tax Planning
- **Probate**
- Trust and Estates Administration

We offer a free 30 minute consultation, where we will provide you with any relevant information and advise you on any aspects of our specialisation.

Call us on 01708 375051 to make an appointment! We offer home visits by appointment only.



Welcoming our new Headteacher. Mrs Katrina Carroll

(former Deputy Headteacher at Ardleigh Green Junior School, Hornchurch) to Oakfields.



YEAR 3 (secondary pathways to top tiered schools)

LIMITED PLACES

Harwood Hall, Harwood Hall Lane, Upminster RM14 2YG 01708 256721

ww.oakfieldsschool.co.uk

WELLS SOLICITORS

FAMILY LAW

Quality Advice and Caring Service

Fixed Fee Divorce and Advice Appointments available

Call to discuss your individual circumstances

- Wills & Probate
- · Lasting Powers of Attorney
- Court of Protection



08 251 5

Suite 1, Essex House, Station Road, Upminster RM14 2SJ info@wells-solicitors.co.uk

Christmas Highlights at St Peter's

www.stpetersharoldwood.org

Fri Dec 1 - Countdown to Christmas 5.00 - 6.00pm Thu Dec 7 - Christmas

Pantomime 7.30pm (tickets: 01708-342080)

Sat/Sun Dec 16/17 - Carols by Candlelight 6.30pm

Mon Dec 18 - Dementia-Friendly Carol Service 2.00 - 2.45pm (a first for us)

Christmas Eve - 3.00pm Family Service

Sun Dec 24 -3pm for under-8s and their families, games, Christingles and carols. 5.00pm Youth Service (new)for 8-14s and their families)

Christmas Day - 10.30am The **Great Celebration**

Mon Dec 25 - c11.45am The Great Dinner ring 01708-342080

New Year's Eve - 10.30pm WATCHNIGHT Service

Enjoy Christ at Christmas David Banting, Vicar

News Flash

Would Residents using the PAY and Display parking ticket machines make sure your Car Reg. is correct and displayed so a parking warden can see it.

Cllr BRIAN EAGLING

Dementia Friends

A Dementia Friends Information Session was held at Harold Wood Library for a group of 'Young at Heart' who meet on the second Wednesday of the month. The group learnt a little bit more about what it is like to live with dementia and the small ways they can help in creating 'Dementia-Friendly Communities'. From telling friends and others about the Dementia Friends programme to visiting someone living with dementia, every action counts. Why not become a Dementia Friend and attend a session at the Library to learn a little bit more? If you are interested please contact Harold Wood Library on 01708 434975 or visit: https://www. dementiafriends.org.uk











THE KEN RHODES GROUP LIMITED

THE LOCAL DOUBLE GLAZING & CONSERVATORY SPECIALISTS

WE PRIDE OURSELVES ON HONEST PRICES, FRIENDLY EXPERT ADVICE AND UNRIVALED CUSTOMER SERVICE



CALL NOW FOR YOUR FREE NO **OBLIGATION QUOTATION** 01708 227777

WWW.KENRHODES.CO.UK

193 ST MARYS LANE, UPMINSTER, RM143BU

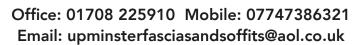




Upminster Fascias, Soffits & Guttering



- Fully Insured
- Free Estimates
- 15 year Guarantee
- Free advice and quotations
- 27 years' experience
- Will beat any written quotation
- EPDM Rubber roofing



Harold Wood, Hill, Park Residents Councillors

Alex Donald 01708 341106 Brian Eagling 01708 373027 Darren Wise 01708 342369 hwhpra@btinternet.com www.hwhpra.org.uk

ASSOCIATION CONTACTS:

Editor:

Bruce Nicholls 07505 289568 bulletinra@yahoo.co.uk

Commercial Advertising

Ron Ower 07721 780372 bulletinra@yahoo.co.uk

Emerson Park Area

Laurance Garrard
David Godwin
John Stone
email emersonparkresidents@aol.
com

Telephone 07973 856195

Little Fingers Baking

Children's Baking classes in Harold Hill. Term time 2-5yrs Tuesday 10-11 and Thursday 10-11. Holiday classes and some special events available too for 2-11yrs. 5* food hygiene rating. littlefingersbaking@hotmail. com, call 07941416585 or see our Facebook page for details.

Chasing Elves 10k

Haven House Children's Hospice is encouraging the public to have fun and get fit in the run up to Christmas with its Chasing Elves 10k at Hainault Forest Country Park on Sunday 10 December in partnership with The Only Way Is Crossfit and SV Sports Therapy. The event starts at 10am and entry

Article & Advertising Submission Deadlines Articles -1st Month/Advertising - 3rd Month

Copy to be received on or before the above dates one Month prior to the publish date. Please note that submitting an article does not guarantee publication. Email:bulletinra@yahoo.co.uk

EXPERIENCE THE EXCITEMENT OF FLYING!

Book now for an exciting Air Experience Flight with North Weald Flight Training Ltd, flying from historic North Weald Airfield!

You'll get a full safety and cockpit briefing from your CAA licenced Instructor after which you'll buckle up and take to the skies. With your instructor close at hand you'll have the chance to take the controls and make the aircraft climb, turn and descend over the Essex countryside.

Whether for yourself, a gift for someone, or even the first flight on your journey to becoming a pilot,

this experience is a must!

will include an elf hat, medal,

aged over 15 years old. Registration Fee is £15 and

refreshments and the route will be

officially chip timed. The Chasing Elves 10k is open to all abilities

we encourage participants to aim to raise £50 per person in sponsorship. Please be aware that

the registration fee only covers

the cost of running the event so

To find out more please visit

Oh Mr Postie

support our vital work.

the blame lie elsewhere?

Look at your letter box: -

we do rely on sponsorship to help

havenhouse.org.uk/chasing-elves

"Does your post arrive at times not in

the pristine condition that you expect

it to, or perhaps wet and crumpled? If

so, do you blame the postie, or could

Is it at comfortable average chest

height or 6 inches from the ground

such that the postie half strangles



Prices are just £149.00 for one hour or £79.00 for 30 minutes. Contact Paul Bazire

Contact Paul Bazire Mob 07555 323111 Office 01992 522090

Further details and booking: northwealdflyinggroup.co.uk/ experience

himself with his bag when stooping or kneeling down to use it? It is wide enough to accommodate a reasonably sized envelope without folding? Is the flap on a really strong spring that will damage a postie's knuckles? Is it packed with insulation on the inside making it almost impossible for anything but the slimmest of envelopes to go through without crushing? Do you have a dog that snaps at the post and the postie's fingers? Finally does the postie have to play hunt the letter box? For example:

- It may be a special box bolted to a section of your railings painted with the same colour making it difficult to spot - then is it to the left or right?
- Perhaps it is just a slot in your outer brick wall again painted to match the brickwork
- Or do you hide it for instance in your open porch behind a large geranium or similar plant?

There are in Emerson Park some splendid homes with beautiful front doors. If you letter box fits one of these categories why not on a wet day try posting a blank large envelope to yourself and check what it looks like when you retrieve it.

And then decide whether any alterations are required to the site, height, width etc.

Remember - it's for your benefit!"

Cyril

atlantic

Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman
Our windows are fantastic value for money
Great choice of high security composite doors
Beautiful conservatories with self cleaning glass roofs
All our work is fully guaranteed

Call us now for a FREE no obligation quotation

Tel: 01708 480004

or email bulletin@atlanticglazing.co.uk visit our website www.atlanticglazing.co.uk

Orchid Montessori Nursery School







Montessori Nursery in Gidea Park 2 Sessions 9.00 - 12.00 . 12.00 - 3.00 for 2-5 year olds. Fully Qualified Staff.

St Michael's Church, Hedley Rooms, Main Road, Gidea Park, RM2 SEL

Government funded Free Places available now for 3 & 4 year olds. Secure oudoor play area. Affordable Fees. Come and See for yourself 01708 722964 www.orchid-montessori.com

OLDHAM LANDSCAPES

OLDHAM LANDSCAPES

SPECIALIST IN LANDSCAPE DESIGN AND CONSTRUCTION

DRIVES, PATIOS, BRICKWORK, PLANTING, TURFING, FENCING, DECKING, PERGOLAS,

PORTFOLIO ON FACEBOOK UNDER OLDHAM LANDSCAPES 01708 225279, 07973 911893





What a Thoughtful Gift! Why not buy a gift voucher? At The Upminster Sanctuary you can enhance well-being, relax and de-stress. All gift vouchers are valid for a year and can be used for a variety of treatments and workshops.

> Buy online or in-store Starting from £10

Acupuncture Aromatherapy **Bach Flower Remedies** Bowen Fascia Release Crystal Healing Herbalist **Hopi Ear Candling** Hypnotherapy Life/Success Coaching Manual Lymphatic Drainage Massage Natural Face Lift Pregnancy Massage Pregnancy Reflexology Reflexology Spiritual Healing/Development Stress Management

Be Ready for Christmas!

Pea Lane, Upminster, Essex, RM14 2XH

01708 251124 / www.healingandteaching.co.uk

REMOVALS, STORAGE & DELIVERIES

Domestic & commercial Local & long distance Free estimates & Insurance Container storage Family business since 1962



Movers House, Front Lane, Cranham, Essex RM14 1XL www.patchettsremovals.co.uk





Janice's Electrolysis Clinic (Formally known as Diane Matthews Clinic)

01708 727239

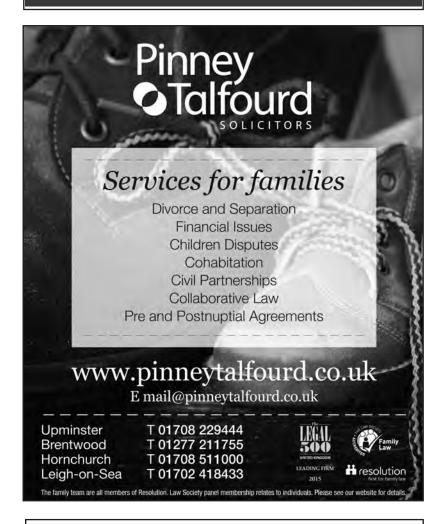
Janice specialises in permanent hair removal for white hairs, grey, blond and dark hairs, for fair skin, Asian skin and darker skin colours. Other treatments eliminate: **Facial Thread Veins and Spider Naevi** Skin Tags, Common Warts & Verrucas.

See website for video of treatments

I have worked in this practice for over 25 years and can offer quality assured treatments and expertise which is second to none. So if you want honest advice and excellent treatment please don't hesitate to get in touch.

186 Brentwood Road, Romford, RM1 2RT www.janiceselectrolysisclinic.co.uk

Book Free Consultation Now - worth £35



LOCKSMITHS

Emergency call out All locks opened, supplied & fitted MLA approved locksmiths UPVC door lock specialist New doors supplied & fitted, safes opened New safes supplied & fitted Free quotes - no call out charge

Tel: 01708 640699, mobile: 07890 920 258

TERRY LOWRY PAINTER AND DECORATOR

CITY & GUILDS QUALIFIED

ALL INTERIOR & EXTERIOR WORK UNDERTAKEN VERY COMPETITIVE PRICES

INCLUDING 10% OFF FINAL QUOTE FOR PENSIONERS 10% OFF FINAL QUOTE FOR 2 ROOMS OR MORE

PHONE: 01708 227365 MOBILE: 07526 785946 EMAIL: t.lowry1@sky.com







DAVID **M**/ILLIAMS & SONS

LANDSCAPE GARDENER AND **NURSERY MAN**

- COMPLETE GARDEN LAYOUT
- **★** PAVING A SPECIALITY
- ★ PONDS, WALLING, ROCK GARDENS
- ★ TREE FELLING, FENCING
- ★ SHRUBS, TREES, ALPINES
- **★** CONIFERS

FEEL WELCOME TO CALL IN FOR ANY ADVICE ON LANDSCAPING AND

PLANTING FOR YOUR GARDEN

OAK ROYAL NURSERIES, 355a FRONT LANE, CRANHAM, UPMINSTÉR, RM14 1LW

TEL: DAY 01708 224733 EVENINGS & WEEKENDS 01708 700557 MOBILE: 07788 725853

J. WRIGHT - ELECTRICIAN

REWIRES EXTRA SOCKETS COOKER POINTS SECURITY LIGHTS CITY & GUILDS QUALIFIED FOR ALL ELECTRICAL INSTALLATION

FREE ESTIMATES CALL 01708 448402

Gary Foss Building & Landscaping

Home extensions and alterations Kitchen fitting and worktop replacement Driveways and patio's designed and layed Structural wall removal and modification

Free estimates and advice Upminster 01708 500018 Mobile 07831 469041 Email gary.foss@virginmedia.com



Porches and parages etc

T.Jefferyes **Decorating Services**

All aspects of painting & decorating undertaken

Free Estimates Call 01708 347190





Amanda King (MCFHP) (MAFHP)

Do you have problems With your feet ?

Trouble cutting your nails?
Thickened nail management Ingrown toenails Verruca treatments Athlete's Foot

Hard skin removal Fungal nail treatments Diabetic nail care
Corn and callous treatment

FOOT HEALTH TREATMENTS

£25.00 Home Visits A friendly, efficient and professional service

Mobile: 07920 855 044

HOME Est. 1966

Exterior & Interior Painting & Decorating Paperhanging - Guttering A Speciality All Estimates Free

UPMINSTER (01708) 226327

DAN THE MAN WITH A VAN HOUSE CLEARANCE OF ALL SIZES

GIVE YOU A TIP - DONT USE A SKIP



