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Harold Wood Station



I have made enquiries with Crossrail in respect of ongoing works at Harold Wood Station.

Previously Crossrail advised the expected completion timescale put the step free access and ticket office at Harold Wood as being completed in spring 2017 but this has unfortunately had to be revised. The construction team has had to undertake some revisions to the designs for the ticket office which has impacted on the programme and the construction of the lift shafts took slightly longer than expected however the lift shaft structures and lift machine rooms have been built and the lift cars have been installed. There will be a period of testing and commissioning which will take place over the

summer and Crossrail expect the lifts to be opening for public use in the autumn. The ticket office is also expected to re-open in the autumn following completion of the internal refurbishment and the platform extensions should be completed by the end of August. Crossrail pass on their apologies for the additional delay.

Cllr DARREN WISE

Our New Mayor

Upminster Residents' Councillor Linda Van den Hende was elected unanimously at the Council Annual Meeting as the new Mayor. Linda's Consort will be her husband Laurie and she has already announced that one of her charities will be First Step. We will be keeping you in touch with Linda's activities as we go to press she has already, with Laurie, attended numerous events. Best wishes to Linda and Laurie for the next year.



Cllr BRIAN EAGLING



Only too pleased to help

A resident from Briars Walk contacted me when the road and properties were being covered with a cotton wool like substance from the nearby trees. Knowing how concerned the resident was I made a visit to the road and could not believe my eyes. I immediately contacted the appropriate council department and the issue was quickly resolved.

Cllr BRIAN EAGLING

Help, please

Due to an increased volume of *Bulletins* we require a volunteer who could deliver 50 *Bulletins* a month in the Harold Hill area, If you are interested please contact Cllr Brian Eagling on 01708 373027 or email on eaglibri@talktalk.net or contact Cllr Darren Wise on 01708 342369 or email hwhpra@btinternet.com. Thanks in advance for considering this.

Please Keep Parks Free of Litter

Whilst using Painsbrook and Harold Wood Parks may I ask that you bin your litter or take it home with you. This small request will keep our parks looking tidy this summer.

Ardleigh Green Bridge Update

We have been asking Transport for London (TfL) for a timescale for the new bridge element to be 'fitted' to replace the demolished eastern bound carriageway/bridge structure. TfL has advised us that it is in the process of constructing the bridge deck and installing the necessary "nose" and "tail". This will take approx. 8-12 weeks.

TfL has a provisional rail 'possession' at the end of August for the purposes of what TfL refers to as 'launching the new bridge into the 'vacant' carriageway. This date is subject to further discussion / agreement with Network Rail. We will keep you informed of any future updates.

Cllr DARREN WISE

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Harold Wood Charity Run

A 5 mile Charity run through the beautiful parks in Harold Wood is being organised by the Harold Wood Running Club. The race will take place on 1st October. The course is on gravel paths beginning and ending in Harold Wood Park. Last year's race was a big success and this year we are aiming to raise money for two local charities: Rainbow Trust & Romford Drum & Trumpet Corps. <http://haroldwoodrunning.club/charity-run-2017/>

into this and undertaking their own investigations to get clarification that they are finally moving. AGP had also put letters through residents doors to confirm they are moving and we sincerely hope that this is genuine on this occasion. We have had meetings with Officers expressing the issues and inconvenience this business has brought to residents over the years and that it is unacceptable when they work outside their licensed hours. We shall keep you informed of matters.

Cllr DARREN WISE

AGP Steel Update! Goodbye

For years, residents on the Galleon Park Estate have had to endure excessive noise, paint fumes and breaches of planning conditions (they have been fined twice in recent years!) from AGP steel however all of this may be about to come to an end. We have been informed that AGP is looking to move premises at the end of July and are in the midst of relocating their works to Grays in Essex. The council are looking

Summer at St. Peter's

Sun July 16th. Bishop Stephen (Chelmsford) will be our guest preacher. 9.15am & 11am
Tue 25th July. Parish BBQ - Welcome to all, Vicarage Garden (15 Althelstan Road).
£2 Adults, £1 Children. 6pm - 8pm
Sat 15th July 7.30pm. Havering Singers Summer Concert
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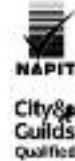
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Outdoor Bowling Club

Liberty of Havering Outdoor Bowling Club are welcoming new members-sociable, good for your health, enjoyable and most importantly friendly. Contact Anne 01708 or Richard 01708 449245. Green is at the rear of Havering Sports Centre, Harrow Lodge Park. Only flat soled shoes/trainers required to start. Come and give it a try.

With a chunk of Harold Wood really being part of the Harold Hill area, this change will probably facilitate better coordination in dealing with issues north of the A12 which cross into Heaton and Gooshays though we have been reassured that the Police won't be neglecting the bulk of the Harold Wood ward south of the A12.

Cllrs DARREN WISE and BRIAN EAGLING

New Sergeant for Harold Wood Police

We have been advised that Harold Wood SNT now has a different Sergeant. The previous Sgt Ron McKenna has been replaced by Sgt Jenny Moore. The decision was made for logistical reasons, due to Sgt McKenna being responsible for wards in the south of the borough, and Sgt Moore being based in the north. Sgt Moore now supervises Gooshays SNT, Heaton SNT, and of course, Harold Wood SNT.

Ardleigh House Trips

Wed 30 July 2017 "Day Trip to Whipsnade Zoo" Price £42.50 Child (3-15) £37.50 (Price includes entry to zoo). Our price includes your entry ticket into the zoo. (Hire of Adult/Child wheelchairs free but subject to £25.00 refundable deposit on the day). Part of London Zoo, Whipsnade Zoo is the largest zoo in the UK and concerned with the welfare of animals all over the World.

Wed 30 Aug 2017 "Day Trip to

continued on page 3

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Brighton with option to ride the British Airways i360" Price £18.50. Our annual trip to the seaside returns to Brighton for 2017, traditionally the favourite venue for a Day Trip. This year we are offering the option to join a group ride on the all new "British Airways i360" on the seafront. Some will not like the height so this group ride is an option. (The additional i360 price - adults £14.40 seniors £12.15.) For full details

Sat 30 Sep 2017 "A Royal Thames Cruise". Price £40.00 (Price includes boat ticket) A Royal cruise along the Thames because our boat is the "Queen Elizabeth" and we will cruise the stretch of the Thames often taken by Henry VIII! We arrive at Hampton Court Palace at 2.00pm where you will have free time to enjoy the river or the area. As an option, we are offering discounted entry tickets for Hampton Court Palace. Ask the Office for these prices, when booking. See the website: www.ardleighhouse.org or telephone 01708 440660.

Cat-Alepsy

I was delivering the *Bulletins* and one of my regulars kindly asked me in for coffee. Her companions are a couple of elderly cats. On balance I'm a dog person, consequently, cats make a beeline for my lap, resisting any attempt to dislodge them by digging in with their claws. However, this one was acting strangely, it ignored me and stared fixedly at the wall. While my hostess was making the coffee, I tried to attract its attention by making a "Here Puss" kind of noise, with no effect. I shoved the stool it was seemingly glued to, in case it was a stuffed cat. It might well have been, as it didn't budge. Over the coffee, I tactfully asked if it was deaf and she explained it wasn't as simple as that, the cat has been diagnosed as suffering from depression! I nearly spilled my drink trying not to laugh, but she was serious and it seems there are cat behaviourists who treat the condition, at a price! I'd assumed a cat hasn't a sense of the past or the future and lives for the day. It has a roof over its head, a basket, and meals on demand and in return it has to

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occasionally condescend to play with its owner. What has it got to be depressed about? I guess it'd be a problem committing suicide, having nine lives. But as with humans, so with cats, the ability to cope with trouble varies enormously and the lucky ones handle it and some don't. I prattled on in this vein and just as I was leaving, she threw me, by telling me her other cat has been diagnosed with dementia! I couldn't handle this, made my excuses and left. My frivolity was misplaced and I hope I hadn't upset her. I was going to buy her a couple of those brand new knitted scarves for cats only £14 each, until today's post revealed my annual pension increase to be only £3.50 a week. Now I feel depressed.

Dennis Goodwin

Litter In Our Area

We were alerted by a resident to the increase in fast food rubbish that seems to be appearing on a disturbingly regular basis. We have written to the restaurant concerned to ask them to try to remind customers about the safe disposal of wrappers and hope

that people will start having more consideration for our neighbourhood.

David Godwin

Street Lights

Havering has over 20,000 street lights to maintain in our borough, and on average 99 per cent are working - in fact there's a special officer who travels down all our roads after the hours of darkness, just checking that they are working - this service does not cover lights which do not go out during the day, as we rely on the public informing us on them. All repairs are aimed to be done within 10 days, but obviously this cannot be guaranteed if parts etc. need replacing. We are in the hands of the "Power Company" Strangely, we are under no statutory obligation to light our streets. When Chigwell turned their's off during the early hours of the morning, accidents increased so much, they soon turned them back on again.

Cllr LINDA HAWTHORN

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U.C.R.A Coach Outing News

Clacton on Sea Saturday 19th August

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The main shopping area contains many of the more familiar national chains, independent stores as well as a variety of eateries and Just outside of the town is Clacton Factory Outlet offering a wide range of individual stores with famous name brands at discounted prices.

Whether you come for a day out at the seaside, shopping or to visit the award winning seafront gardens you'll be sure to have a great time.

Please see page 22 for booking details.

Disabled Bays

I am sometimes asked what the criteria is for someone to have a disabled bay marked outside

their property, to stop anyone else parking there - please see below information I have obtained from the Council. "No off street parking can be provided. The applicant must have a severe walking difficulty and of course have a Blue Badge. The applicant should normally own or drive a vehicle. If off street parking is available ie. a garage attached to the house or the front garden is big enough to park a vehicle on, then a disabled parking bay on the highway would be refused."

Cllr LINDA HAWTHORN

Swing into Summer

With the summer holidays upon us, why not visit the Upminster Mini-Golf Course in Hall Lane which will be open right through the summer break. The Friends Group have been working hard throughout the year to promote and enhance the course and have brought about a number of improvements. The course is open from 10am to 6pm, £5 for adults and £3 for under 16s/concessions.

Cllr CLARENCE BARRETT

Junction Protection

With the huge increase in vehicles in the area, Havering Council are working on a programme of introducing double yellow lines on junctions of roads following complaints from residents. We have been liaising with the Council on this.

Laurance Garrard

Clarence to Run for St Francis Hospice

I shall be taking part in the London 10,000 metres on July 9th to raise funds for St Francis Hospice. I have seen how the Hospice care not only for those with life-limiting conditions, but also for the families and carers of loved ones. When the need is most, and times are tough, the service provided by St Francis Hospice is an invaluable asset to the community. It is inspiring to see how dedicated personal care,

compassion and love are such motivating qualities that embrace the whole philosophy of the Hospice. The Hospice needs £7.7m a year to run, and while the NHS provide some £2.3m, the remaining £5.4m is down to fundraising, gifts, legacies and the generosity of people to undertake their own personal challenges to support a great cause - and that's why I want to do my bit! 10k isn't quite a marathon, but if I can raise as much money as possible for the Hospice it will be worth every step of the way. If you would like to sponsor me and help the hospice, visit

<https://www.justgiving.com/fundraising/Cllr-Clarence-Barrett> or call 07863116029.

Cllr CLARENCE BARRETT

Fostering

If you have ever considered "Fostering" there is an information evening at the Town Hall, Romford on Thursday 6th July from 6pm to 7.30pm. For further information please telephone 01708 434574 or email fostering@haverling.gov.uk

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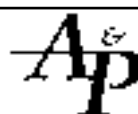
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Thames Chase Events

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www.thameschase.org.uk

Fri 14th July 3-5pm – monthly cream tea with live music. £9 per person. Booking essential.

Fri 14th July 8-11pm – first of our summer 'Jazz in the Barn' concerts with Dave Browning's Jazz Band. Tickets £12 per person. Bring your own food and drink.

Sun 16th July 10am-3pm – Sunday Market.

Tues 25th July 10.30am-12.30pm – the beginning of the children's summer holiday programme. There will be activities on Tuesday, Wednesday and Thursday each week through the holiday. More details at the Visitor Centre and on the website.

Thu 27th July 7-8.30pm – first of the summer evenings yoga programme. £6 per session.

Fri 28th July from 10am – discovering Thames Chase guided walk exploring the Mardyke Valley.

Learn about this historic riverside walk and the Field of Peace. Starting at the Davy Down car park off Pilgrim's Way. £3 per person.

Treasury hit Jackpot

According to research, users of fixed-odds betting terminals (FOBT) have lost some £11.4 billion since 2008, has cost the economy 186,000 jobs with about £4.6 billion of those losses suffered by an estimated 300,000 problem FOBT players. These machines, dubbed the crack cocaine of gambling, are also Type 3 Gaming machines and are taxed at 25% - that is some £2.8 billion of tax receipts since 2008! Let's hope that some of that revenue is going towards strategies to help some of those 300,000 addicted players break their habit.

Cllr CLARENCE BARRETT

Upminster CC v Essex CCC

The annual Benefit Match will take place at the Recreation Ground, Upminster Park on Sunday, 10 September

commencing at 1.30 pm. The game is being played in aid of the Essex Cricket Foundation.

Shirley Ward Tours

July 6th, Thu: The Mill at Sonning Theatre, Agatha Christie's The Spiders Web; next to River Thames in Converted Water Mill. £70.00 inc 2 course lunch/coach. Brian Blessed directs.

July 25th, Tue: Windsor 2 hour river cruise with Ploughman's lunch, then afternoon cream tea at Bekonscot Model Village. Adults £60; Child £52.00. Whole day out with lunch/tea inc.

August 17th, Thu: Broadstairs: Folk Week, Morris dancers, lovely beach. Adults £26; OAP £25; Under 16's £18. (2 Coaches going, one family/one Adults). Call for family prices.

August, 22nd, Tue: Southwold Trip, beautiful beach, Suffolk. Price £26; Child £23.00.

November 11th Sat: Lord Mayor's Show: watch Parade from street, then 2 course lunch; + river trip and stay onboard to watch Fireworks. No Coach. Child (3 - 14 ; £32); Adult £35.

December 18th, Mon: Layer

Marner Tower, Essex; Tower Tour, 3 course lunch, Xmas concert/candlelight in church/Dickens Reading, Mulled Wine/mince pie by coach. £72 inclusive.

Please contact Shirley Ward 01708 227884 to book all trips or e mail shirley@shirleytours.co.uk

New Penalties for Mobile Phone Drivers Not Enough

From March 2017, the penalty for using a mobile phone while driving was increased to £200 along with six penalty points. At the same time, the Police launched a national four-week operation which caught 6,000 drivers using their devices while driving, with 2,000 offences committed in London. While I welcome the increased sanction, it should be more like £1,000 with an immediate three-month ban - that would surely drive home a tougher message!

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General Election Halts Fly-Tipping Petition

Having set up a petition calling for stronger penalties and additional enforcement capacity to tackle fly-tipping, the General Election has meant that all petitions lodged with the previous government have been cancelled and we will have to start all over again with the new government. With 560 signatures, the petition was going along nicely, but please be assured that we shall launch a new petition as soon as the petitions facility reopens.

Cllr CLARENCE BARRETT

Queen's Theatre

The **Queen's Theatre Hornchurch's** thrilling autumn season opens with a British premiere of **Ken Ludwig's** furiously paced farce, **A Fox On The Fairway (25 Aug - 16 Sep)**. This hilarious romp combines headlong humour, exuberant personalities and romantic entanglements.

TV writer **Graham Linehan's**

(*Father Ted, The IT Crowd*) adaptation of the much-loved Ealing classic, *The Ladykillers* follows from **3 - 21 Oct**. This side-splitting production mixes madcap comedy and criminal capers to hilarious effect. Finally, don't miss the breath-taking world premiere of **H.G. Wells' iconic sci-fi novella, The Invisible Man (27 Oct - 28 Nov)**. Adapted by **Clem Garritty**, it's filled with live music, illusion and adventure.

Dog Attacks

Very sadly a number of attacks have been made on smaller dogs recently by a larger dog. This is very distressing for the owners of the dogs being attacked, but all too often you read that the owners, and people watching have tried to break up the fight by hitting and punching the attacking dog. Whilst commending anyone for trying to do something and not just ignore the incident, this will only antagonise the dog. Advice has been given by the RSPCA "the best way of breaking up a dog fight is to pull up the back legs of the attacker" this prevents the dog from moving, and the attacked dog can be pulled away.

Cllr LINDA HAWTHORN

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12's in advance available from "The Square in person" or umhpb@btconnect.com or 07785 274827.

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wants to test out their balance on the high ropes course or try something completely new like 4x4 driving or quad biking, there will be an activity for them. Booking is essential so please contact Stubbers Adventure Centre on 01708 224753 or log on to www.stubbers.co.uk to secure a place.

Saturday Concerts

Saturday concerts at St Laurence Church, Corbets Tey Road, Upminster. 6.30 - 7.30pm
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continued on page 13

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15th July - Timothy Noon (Exeter Cathedral)

22nd July - Richard Brasier (St Laurence Church)

KCG Summer Concert

The Kingsley Choral Group present their summer concert at Trinity Church, Station Road, Upminster on Friday 21st July at 7.30pm. Tickets are £7.50, available at the door and include interval refreshments, there will be a raffle. Proceeds to be divided equally between the church and Great Ormond Street Hospital, Trinity's charity for 2017.

Scout Quiz Night

9th July at 7.30 in The Crumpled Horn pub Upminster. In aid of

Hornchurch District Scout Association. £5 per person. Contact 01708 226918 (Evenings)

Songs for a Summer Evening

St Francis Hospice choir are holding a summer concert at the Upminster Methodist church on Saturday 15th July at 7.30pm. Staff and volunteers at the hospice formed a choir with their conductor John Morris. Over the years they have held concerts in Havering to raise money for the hospice. The programme on the night will be very varied and suitable for all ages. The price of a ticket is £5 for adults and free for children under 12. For tickets contact Judith Hall 01708 228317.

Havering Show

Put Sunday 27th and Monday 28th August in your diaries now. Havering Show takes place from 11am to 7pm at Harrow Lodge Park, Hornchurch. On Sunday 27th Kenny Thomas and the ska-reggae band The Dualers appear. On Monday 28th The Blockheads and the legendary Drifters appear. There will also be a Craft Market, Street Food and Fun Fair

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Tickets £15, under 14s free.
Tickets include entry into the next days Wings & Wheels event! For tickets visit:
www.haveringlive.co.uk.

Battersea Dogs Home

One of the most famous animal refuges in the world is Battersea Dogs Home. We've all heard of it, and many people have adopted their dog or cat from them, including their current patron, the Duchess of Cornwall, who has two adopted dogs. The home was founded in 1860, by dog lover Mary Tealby, who was,

unlike most, concerned by the number of unwanted and starving stray dogs she saw on the streets of London at the time. From small beginnings, and objections from people saying that they were only mere animals, the idea grew, from 2,066 dogs received in 1864, to 11,000 in 1960

CLlr LINDA HAWTHORN

Art Exhibition

An Inspirational Art Exhibition by Mrs Valerie Griffith will be on show at Upminster Library for two weeks starting Monday 31st July.

Mobile Phones

With so many youngsters having a mobile phone. Please note following message sent out recently from one of our local schools:

- Walk with friends wherever possible.
- Avoid drawing attention to your phone by using it when walking, especially if it is an expensive smartphone
- Consider getting a cheap non-smart phone for school use.
- Ensure your phone is insured

continued on page 15

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Local Studies Library

Situated in the Central Library, Romford, is a collection of artefacts from Havering - suggested as far back as 1903, by local historian A B Bamford, it houses a fascinating collection of photos, maps, pictures, and journals from various societies, past and present - it also has very old books, legal and official guides - and our Council minutes. For those interested in their family tree, rare books, newspapers, and free access to Ancestry and Find My Past sites are also available, along with some parish records of London Borough of Havering Churches. It is estimated that over 7,000 old photos are housed there, with donations being made all the

time, well worth a visit.

Our own local library in Corbets Tey Road, Upminster has a range of local history books too.

Cllr LINDA HAWTHORN

Showstoppers! Holiday Club

14th - 18th August 2017 at Cranham Baptist Church, Severn Drive

Come and join in the fun...invite your friends too! Anyone aged 5-11 years old is welcome. Meeting each morning from 10am - 12:45pm. The cost for the week is £32 per child. If you want to know more and to receive a registration form, please call: 01708 224851. Places are limited so book early!

Lymphoma Fund Raising

The Lymphoma Fund Raising Day was a huge success raising just over £1,000. Thank you to all the Companies, friends and family who donated and those who helped on the day. Special thanks to Chris and Brian, who were due to come along, but their son broke his leg playing rugby day before, but you still popped in

continued on page 17

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to make a donation for us. Also a big thank you to Cousin Ray who sang and organised the music for us, daughter in law Emma who made us lovely cakes to sell, my three nieces Maureen, Sue and Carolyn who sold raffle tickets, donated various items including a huge gateau and my sister Margy who donated various raffle items. Lastly thank you to Cranham Tandoori who opened up specially for us and donated raffle prizes and wine. Shirley Ward

First Step Golf Day

First Step Golf Day, in association with Frontier Voice & Data Ltd is to be held at Theydon Bois Golf Club on Friday 8th Sep. £65 per golfer (£260 per 4 ball) including 18 holes, breakfast, 3 course dinner with after dinner speaker Gary Alliss. Evening only tickets £30 per person. To book call 01708 556355 or email fundraising@firststep.org.uk

Christian Hope

If you have been knitting jumpers, hats, small toys for Christian Hope these can now be dropped off at the Children's Charity shop in Station Road, Upminster further details from Mary Lee on 01708 221 658.

Tap Room Camra Pub of Year

Congratulations go to the Upminster Tap Room for winning the title of South West Essex Camra Branch London Area Pub of the Year 2017. The Micro-Pub will now face 12 other establishments nominated by Camra branches in the next round of the competition covering the whole of London with the winner announced in August. Good luck.

Cranham Whist Drive

Cranham Community Centre Whist Drive organisers, Linda and Harry, would like to extend a cordial invitation to all visitors who may be interested in joining our Whist Club.

If you enjoy playing card games, you will be at home with the Cranham Whist Drive members. No need to book, just turn up between 7 and 7.15pm and ask for Linda or Harry.

Further information can be obtained from either Linda (01708 458328) for Wednesday, or Harry (01708 227457) for Friday. Both start at 7.30pm.

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LOCAL FUTURE EVENTS JULY

- 2 Sunday - **Friends of Branfil School - Country Fayre**, 12-3pm.
- 4 Tuesday - **Oglethorpe Women's Institute** The "History of Harrods" will be the subject of the talk by Guest Speaker Eve Regulous. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL on the first Tuesday of every month at 7.45 pm. Visitors are always welcome.
- 5 Wednesday - **Harold Wood Evening W.I.** meet on the 1st Wednesday on the month at the War Memorial Hall in Gubbins Lane 7.30 pm for 7.45 pm start. Cheese and wine evening. Visitors welcome entrance is £2.50, which includes refreshments. For more details please ring Joanne on 0787 5670419.
- 10 Monday - **Havering Branch Essex Wildlife Trust** Meetings are held in the 1st floor meeting room in Hornchurch Library from 8.00 pm to 9.45 pm. Donation of £2.50 to help cover hall hire, this includes tea, coffee and biscuits. For more information contact the Secretary Joy Emerson on 01708 440297.
- 11 Tuesday - **Upminster Camera Club - BIJOU TROPHY (PDI) & Animals & Flowers Competition (PRINTS)** Judge: Roger Hance FRPS AFIAP BPE5*. Cranham Community Association, 115a Marlborough Gardens, Upminster, RM14 1SR. 7.45pm.
www.upminstercameraclub.org.uk
- 12 Wednesday - **Nelmes Women's Institute** meet on the 2nd Wednesday of every month and welcome new members of all ages. Meetings are held at Nelmes United Reformed Church Hall (corner of
- Nelmes Road and Burntwood Avenue, Hornchurch, RM11 3JA). Meetings start at 2 pm promptly. Please contact Ruth McDougall on 01708 448431 or Ruth.wellwisher@gmail.com for further details.
- 13 Thursday - **Upminster and Cranham W.I.** are looking for new members. We meet in the St. Laurence Hall (next to the Library) in Upminster on the second Thursday in the month. Doors open at 1.30 pm for a 2 pm start till 4 pm. We have talks on a wide range of subjects. We have lunches, afternoon teas, Outings and more. Why not come along and give us a try and meet new friends. For more information please contact President Margaret Reynolds on 01708 471977.
- 15 Saturday - **Stewart Allotments Gate Sale** 10 am - 12 noon selling Fresh seasonal produce, home made jams, chutneys, marmalades and cakes.
- 15 Saturday - **Upminster Tithe Barn Museum of Nostalgia**, Hall Lane, Upminster 10.30 am to 4 pm.
- 16 Sunday - **Upminster Tithe Barn Museum of Nostalgia**, Hall Lane, Upminster 10.30 am to 4 pm.
- 18 Tuesday - **Cranham Engayne W.I.** welcomes new members and visitors. Meetings held on the 3rd Tuesday of each month at 2 pm to 4 pm at the Cranham Community Centre, Marlborough Gardens.
- 19 Wednesday - **Hornchurch Harmonies W.I.**, meets on the 3rd Wednesday of every month (except August) between 7.30pm - 9.45pm at Havering Indoor Bowls Club RM11 1JU. Visitors fee £3.50 includes tea and cake.
- 20 Thursday - Upminster Wine and Social

continued on page 19

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Club meet on the third Thursday of the month at 8 pm in the Cranham Social Hall, Front Lane, Cranham. We hold meetings every month with a variety of speakers and wine tasting. For more information contact Maureen Jasper on 01708 223956, or simply come along on the night. You will be most welcome.

- 21 Friday - **Haverling Antique and Collectors Club** meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood. The talk will start at 7.30 pm for 8 pm start. Guests £4. For further details please call our Chairman Mrs Chris Lovett 07947 367258.
- 25 Tuesday - **Upminster Camera Club** - Summer Social Evening. Cranham Community Association, 115a Marlborough Gardens, Upminster, RM14 1SR. 7.45pm. www.upminstercameraclub.org.uk
- 26 Wednesday - **Upminster and District Probus Club** meet at The Cranleigh, 84 Station Road, Hornchurch, RM12 6LX. Anne Garnish on the "History of Sidecar Racing". Contact Barry on 01708 703783 and leave a message or send an email secretary@upminsterprobus.com.
- 26 Wednesday - **Upminster Park Towns Womens Guild** meet on the fourth Wednesday of every month at 2 pm to 4 pm in Derham Hall (behind Upminster Library), Upminster. Afternoon tea, talks and outings amongst a friendly group of ladies, all most welcome. For more information contact Deborah Pryor on 01708 226127 or Ann Monk on 01708 226305 or simply come along.
- 31 Monday - **Breathe Easy - Haverling** meet at St Andrews Church, Hornchurch, in aid of the British Lung Foundation on the

last Monday of the month. The meetings run from 1.30 - 3pm, £3 donation is appreciated. We are a support group for people with COPD, Asthma or other Breathing Difficulties. For details please ring Joyce on 01708 226696 or Elaine on 01708 509127.

AUGUST

- 1 Tuesday - **Oglethorpe Women's Institute** Fashion Show - Second Time Round. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL on the first Tuesday of every month at 7.45 pm. Visitors are always welcome.
- 2 Wednesday - **Harold Wood Evening W.I.** meet on the 1st Wednesday on the month at the War Memorial Hall in Gubbins Lane 7.30 pm for 7.45 pm start. Visitors welcome entrance is £2.50, which includes refreshments. For more details please ring Joanne on 0787 5670419
- 5 Saturday - **The Haverling Branch of the East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. The talk is 'Film and Radio Archive for the Family Historian' with Kathy Chater. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is followed by 'Family Tree Maker Under New Ownership' with Derrick Reynolds. Teas and coffees can be purchased. Members and visitors welcome to either or both.
- 5 Saturday - **Upminster Tithe Barn Museum of Nostalgia**, Hall Lane, Upminster 10.30 am to 4 pm.
- 6 Sunday - **Upminster Tithe Barn Museum of Nostalgia**, Hall Lane, Upminster 10.30 am to 4 pm.

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Green Belt

People often ask when the "Green Belt" around London was first implemented - most believe it was after the Second World War, in fact - it was by Elizabeth the First in 1580, who ordered a 5 km space around London to stop the plague spreading. However in 1938 the present area was formed to stop one town spreading into another. Obviously some are now in peril, due to the need of more homes. Locally we are determined that this will not affect Havering. Your Residents Association and Councillors have an excellent record in fighting building on our local Green Belt. We will continue to be vigilant.

Cllr LINDA HAWTHORN

New Book from Local Author

Upminster author, Peter Larnar, has released a new book entitled *Along the margin-sand*. Set in France in 1964, the story captures the essence of forgiveness, a virtue rooted in the future. And yet is a story set squarely in the shadow of revenge which, by its

very nature, is grounded in the past. The book is available from Swan Books, Amazon and selected book retailers.

Antenatal Course

A course for expectant parents is coming to Upminster. I make no promises of a euphoric, pain-free birth, just a simple toolkit to allow you to birth like the woman you are, using a combination of breathing, massage and relaxation techniques. I am a midwife and a mother myself, so the information I share will be accurate and honest. The class is suitable between 20-36 weeks and will be held at the Old Chapel, St Mary's Lane. There are more details on our website www.doitlikeamother.co.uk or you can contact me on 07752344970.

Chloe

Animal Vaccine Alert!

A recent Article in Vet Times contained worrying news that the uptake of vaccines in pet cats and dogs is at its lowest level since 2011 according to the PDSA Animal Wellbeing Report. This is the seventh such report since

2011 and found that 25% of dogs and 35% of cats have never had a primary vaccine course. This compares with 18% dogs and 28% cats in 2011.

The commonest reason cited for not vaccinating was the cost. In order to encourage the uptake of vaccines we have reduced our puppy and kitten primary vaccination prices as well as the standard yearly booster prices and this includes a free health check with each course or

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10th Hornchurch Brownies

Kindly note the Brownies have vacancies for girls aged 7 to 10 years. They meet on Tuesdays 6.30pm to 8 pm at North Street Hall. Further details from Sandra Cox on 01708 442625.

Coach Outing

Saturday 15th July

Cranham Social Committee's trip to Eastbourne.

Leaving the Bell School at 9am after usual pick-ups.

Our annual seaside trip to this ever-popular south coast resort. Tickets £15.00 from Gina Savill-Turner 01708 228270 from Monday 5th June from 6pm please.

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We look forward to welcoming you again next year!

In the meantime, we are preparing for our Pregnancy Day on Saturday October 7th, where we will be discussing everything from Fertility, Pregnancy to Early Years.

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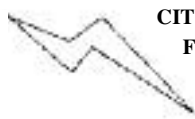
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