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Congratulations to Cllr Brian Eagling

I am pleased to inform you all that Brian and Bunny became Mayor and Mayoress of Havering after the election at the AGM Council meeting on Wednesday 20th May. This is the second time that Brian has become the Mayor and that is some achievement. Some of you may remember when Brian was Mayor in 2000, he organised the Party in Harold Wood Park and his chosen charity then was the Humpty Dumpty appeal for the baby unit at Harold Wood Hospital, for which he raised £150,000. Brian's new charities will be First Step (for children with disabilities) and The Neonatal Unit for special care babies at the Queen's Hospital. If you wish to support this charity by attending events or wish to donate, please contact Brian on 01708 373027 or email eaglibri@talktalk.net. Some of the events will be as follows: A Night at the Dogs, an Indian restaurant meal, the Mayor's Ball, etc.... These events and others will be announced in the *Bulletin* and Brian will be delighted if you could support him.



One Year on...



Following last year's local elections, one of our newly elected Residents' Councillors reflects on his year to date.

Having been elected last year with my fellow 2 RA councillors, this was a tremendous result and one which was a pleasure to be elected

having lost out previously in Harold Wood Ward.

It has been a massive "learning curve" in the first year and I always try to do the best for our residents though the Council does have a lot of bureaucracy just like any public organisation and navigating around can be a challenge.

By being part of a joint administration, we can sometimes get 'things done' for our ward which if we were in opposition we may find more difficult. For instance, I had a resident contact me about a school not providing information on their daughter who has a learning disability and another parent who was not getting any responses from a Council Department and I am happy to say that with my intervention both families have now received a satisfactory response. I have also dealt with residents' concerns around freedom passes, Council Housing, Yellow Lines and issues around street lighting. It has been difficult having to find the budget savings this year and though we may never quite win the war with bureaucracy, we can win the small battles that mean so much for each and every one of us.

Thanks for all your support.

Cllr DARREN WISE

Painsbrook Park Fun Day

Children in Harold Park were joined by the newly elected Mayor of Havering Cllr Brian Eagling in a bouncy castle fun day to promote Painsbrook Park. Local residents, Cllr Alex Donald and Cllr Darren Wise made use of the open space just off Church Road in a day of fun for the whole family. The event was well attended and it was also good opportunity for residents to meet their local representatives. Your Residents' Association councillors would like to thank Harold Wood Funeral Services for sponsoring the event and all who came along.

From left to right: Cllr Darren Wise, Cllr Alex Donald and Cllr Brian Eagling at the Fun Day.



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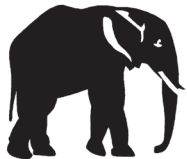
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Affordable housing



Brian and I were involved in planting the last tree in a new community orchard and celebrating giving local people the chance to buy their first home through shared ownership and affordable rent. The new orchard from East Thames aims to form a sheltered area for local wildlife and can be found via Nightingale Crescent. Demand for housing in our local area was very high and all homes have now been sold. As a young person myself still struggling to get onto the housing ladder, this scheme has gone some way in addressing a much greater need in society for more affordable housing for a growing population. Having spoken to

many local residents on the scheme, this has been a lifeline and I'm sure there are many out there in my position who can relate.

Cllr ALEX DONALD

New Rail Fare Information

We have been advised that passengers using the metro stopping services between Liverpool Street and Shenfield which are now part of TfL Rail will now be able to benefit from lower fares. This means that 80 per cent of pay as you go fares will be lower, with the remainder unchanged. Some fares will fall by as much as 40 per cent and all TfL concessionary travel will be accepted and includes:

- Free travel for under 11s accompanied by an adult
- Lower ZIP photocard fares for under 16s
- Free travel for customers with a 60+ London Oyster photocard, Freedom Pass or Veterans Oyster photocard

This represents good news for local residents who use this service in Harold Wood.

Cllr DARREN WISE

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Summer Fayre

Harold Wood Primary School
Summer Fayre - Saturday 4 July
from 11.30-3.30pm. To be opened
by Cllr Brian Eagling, Mayor of
Havering, FREE entry. Events
arena, bouncy castles and
inflatables, helter-skelter, last
man standing, Lions Club train,
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windows even if your are going
out for a few minutes;
2) Keep all valuables out of sight;
3) Where possible fit mortice
locks to your front door and any
other external doors;
4) Consider installing a burglar alarm;
5) Leave some lights on if it will
be dark when you return home;
6) Do not leave your car keys or
I.D documents near a door,
letterbox or window;
7) Always check who is at the
door and don't open it if you feel
anxious;
8) Cancel milk or deliveries if you
are going away for a few days or
weeks.

Cllr BRIAN EAGLING

Car Boot Sale

Sunday 19th July 9am til 1pm -
Sellers from 8am. £8 per pitch-no
pre booking required, £10 per van.
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Contact: Kathleen 07868 737 836.
Friends of Redden Court School
Events Page.

Keep Your House Safe

Here are a few tips from the
police to help against burglaries:
1) Close and lock all doors and

Geoffrey Avenue will be consulted

I reported in last month's *Bulletin*
that a number of roads would
receive an informal questionnaire
on imposing parking restrictions
from the Council. Residents from
Geoffrey Avenue contacted me
why their road was not listed. This
was an error and I can confirm
the full list is as follows: Church
Road, Elgin Avenue, Geoffrey
Avenue, Halidon Rise, Harold
Court Road, Thurso Close. As
mentioned, it is important to fill

continued on page 3

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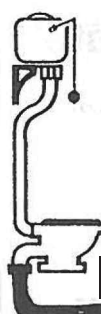
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this in with your views which council officers will consider when drafting proposals.

Cllr ALEX DONALD

Ponderings

It was brought home to me how much we rely on technology once again when, in my haste to catch the bus, I left home without my mobile. This wouldn't normally be a problem for me BUT on this occasion, because we were temporally carless, I needed to ring my daughter to tell her what time to pick me up. These days, because mobiles, and many landlines, store numbers for you, we don't memorise them like we did years ago when you had to actually dial a number (younger readers please ask your grandparents to explain this!). However I amazed myself at being able to remember her landline number because I've probably only used it half a dozen times before, as we always speak on our mobiles! Also, how many of you know that since March the minimum charge in a public phonebox (IF you can find one unvandalised) is 60p !!! OK you get 30 minutes for that 60p, but I only wanted to say to her "Meet me in half an hour where we

arranged". Lucky for me, the lovely lady on the fish stall in the market let me use her mobile and everything worked out in the end. So the moral of the story is :- write down a few important numbers and keep them in your purse/wallet because, even if you never forget to take your mobile with you, there are many parts of the country where there is no mobile signal. How good is YOUR memory?

Terry Keens

Church Road

I have noticed litter on Church Road near the chicanes which seems to get missed consistently by the road sweepers. I have once again reported this flagging it up as a recurring issue. I will update you with hopefully good news in the next edition.

Cllr ALEX DONALD

Wood's Title

Harold Wood Athletic won The Essex Olympian League Premier Division title on an exciting last day of the season that saw three teams still in with a shout of winning it on the day. Managers Kris Taylor & Steve Guant guided the team to the title

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in their first full season in charge of the side. Wood's 1st team beat Wadham Lodge 4-1, after an exceptional run of 16 unbeaten League games that started back in mid-November.

Harold Hill Bowls Club

IT'S HAPPENING! OUR NEW EXTENSION AND FREE OPEN DAY AUGUST 8TH

We have been looking forward to extending our club by adding a new 14 metre long sun lounge for some time, now the work should have been completed in June. The existing canopy will be repositioned to create a new covered area which will be used for barbecues and other social activities as well as giving bowlers a place to shelter if it should rain, and be replaced by the new sun lounge which will more than double our lounge area. We will now be able to increase our membership by another 100 members, comfortably, and are looking forward to other sporting clubs joining us to use the extended facilities. It is early days for the planning of the open day, however, as before we can promise a fun day which will include stalls, games, bouncy

castle, barbecue, music and much more. You can contact either Barry Daffern 07811 835897 or Mel St Pier 07958 210052 or e-mail melstpier@haroldhillbowls.com or barrydaffern@haroldhillbowls.com 01708 386819 HAROLD HILL BOWLS CLUB, THE BOXHILL CENTRE, NOAK HILL

New Services

As a further improvement to Havering's recycling collection service, the new kerbside collection service for small waste electrical equipment started on 11th May. Residents are requested to simply put their small waste electrical items into a securely tied carrier bag and place next to their orange recycling sack on the day of collection. Items that they will take away are as follows: Small kitchen appliances (kettles, toasters, irons etc..) Hair dryers, straighteners and clippers, clocks, watches, calculators and torches, remote controls, mobile phones, cameras and chargers. Phone and laptop batteries, radios, mini hi-fis, CD

continued on page 4

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and MP3 players. Small electronic toys e.g. remote control cars. Hand power tools, smoke detectors and thermostats. Items they will not take are as follows: Microwaves, fridges, washing machines, TV/Computer monitors, Vacuum cleaners, Computer base stations, Sewing machines, Freezers. May I suggest that you keep this list somewhere handy so that you can check whether or not your item is suitable for collection.

Cllr BRIAN EAGLING

Green bin finally arrives

A resident in Birkdale Avenue contacted me saying she had ordered a green bin from the Council but it had not arrived in over a month. As a result, her garden waste was piling up. I didn't deem this to be an acceptable service so I chased up the Council who told me they were "experiencing a lot of problems" with deliveries. They eventually agreed to deliver it within 24 hours and I am happy to say the resident has now received her green bin.

Cllr ALEX DONALD

Happy Birthday to 'Summer Safari'

In 1995, we held our very first Summer Safari and now, 20 years later, in the last week of July we will be welcoming around 180 young people, from pre-schoolers to teenagers at 5 separate venues around Hornchurch, they then celebrate the morning's fun and games by all meeting up on the green by the Queens theatre before heading off home. We fund raise so that all the parents have to pay for is a Safari T shirt and for Wednesday's outing (the older ones are going to Stubbers). They have crafts and Bible stories and songs each day and at the end of the week we have a barbecue on the Friday night before finishing with the celebration service in St Andrew's Church on Sunday morning. You're too late if you wanted to sign up your children for this year BUT keep a look out for registration day in May next year and maybe wish us a "Happy 20th Birthday" if you see us around town!

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Charity Moonwalk for Breast Cancer



The Pink Angels from Hunter & Co Accountants in Upminster completed the MoonWalk on 16th May, starting at midnight and finishing the next morning. Esin Hunter said it was a very tough challenge but very rewarding as

together they have raised over £4,000 for the Breast Cancer charity. Congratulations to Esin, Janice, Alison and Angela. Donations are still welcome at www.wtwalk.org/moonwalklondon2015/esin

2,000 Non-UK Drivers Skip Toll Daily

Statistics derived from a recent Freedom of Information request reveal that over 2,000 non-UK registered vehicles a day fail to pay the Dartford Crossing toll. The Highways Agency estimated that between 30th November 2014 and 6th January 2015, approximately 83,000 vehicles which are registered overseas failed to pay the toll, this equates to around 2 percent of the daily traffic using the crossing. In terms of recovery, up to 16th February 2015 some 18,700 cases were passed on to a European debt recovery agency. Failure to pay

the charge can mean a fine of up to £105. The agencies practice is to add the administrative cost of recovery to the outstanding toll fee. Ideally, this shouldn't be a problem at all because the Crossing was paid for in 2002 and, like the rest of the M25, there should be no charge. However, as we are now stuck with this congestion charge it is unfair that non-UK registered vehicles can dodge the charge in such vast numbers. With the technology at our disposal, it should be possible to check departing vehicles at our ports to make sure they have had paid the toll, rather than chasing the debt all over Europe.

Cllr CLARENCE BARRETT

Youth Services Consultation

Havering Council has launched a consultation on youth services: <http://www.havering.gov.uk/Pages/Services/Youth-Services-Consultation.aspx>

Paper copies will be available at libraries, MyPlace and other

Council buildings. The closing date to receive comments is Monday 24 August at 5pm. The consultation follows on from the Council's budget in February, when measures were agreed to help bridge a funding gap equivalent to a third of the Council's budget over the next four years.

The budget consultation received public comments on youth services, so in February, proposed cuts were reduced to preserve a core budget of £250,000 with a view to spending the money in a different way. The proposal is to move away from council-run services to funding an external organisation to run youth services, either by current youth service employees or an existing voluntary sector organisation such as the YMCA. Included would be the management of the MyPlace Centre in Harold Hill and possibly the Robert Beard Centre, Hornchurch; external organisations can access external funding that the council cannot.

Cllr GILLIAN FORD

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Record Breakers, Summer Reading Challenge

As part of this years Summer Reading Challenge, in partnership with The Reading Agency, Havering Libraries are attempting to set a record for the "Most pledges received for a Reading Campaign".
On Saturday 11th July 12.00 noon- 3.00pm, you can go along to Upminster, Hornchurch or Romford Library and hand in your completed pledge card, you should have received these at school. Photocopies will not be

accepted we can only accept the original on this date and time. Pledge cards will also be available on the day for the adults who wish to encourage the children they know to read. Don't forget the Summer Reading Challenge officially starts when you have broken up from school. Contact you local library for session times.

The Curious Case of the Lee Valley Levy



Included in our council tax bills is a payment towards the upkeep of Lee Valley Regional Park, 100,000

acres of parkland situated in parts of north east London, Hertfordshire and Essex.

Established by an Act of Parliament in 1966, the park is part funded by all London boroughs, together with the whole of Hertfordshire and Essex to around £11m. The levy for Havering in 2015/16 is £249,438. Based on user figures compiled in 2012, the average number of visitors annually from Havering was 30,730...divided by our contribution that works out at £5.07 per visitor! For other areas of London the contribution per visitor is as much as £40 (Kensington & Chelsea), £38 (Hounslow) and £35 (Westminster).

At a time of unparalleled cuts to local government funding, can it be right we are paying for a park, as good as it is, some 26 miles away when we need the money to invest in our own parks and open spaces? Although the levy has reduced over the past few years, it would nonetheless take another Act of Parliament to dissolve the financial arrangement. On the plus side, the Lee Valley Leisure Trust has just been set up to manage the three Olympic venues and 11 other major sporting and leisure facilities on

site. This should provide the opportunity for the Park, over the next five years, to become more financially self sufficient and less reliant on council tax payers across London, Essex and Hertfordshire.

Cllr CLARENCE BARRETT

370 Bus

We often have queries regarding bus routes in the area and this month has been no exception. Due to necessary carriageway resurfacing in the Ockendon Road, route 370 had to be diverted. Having contacted council officers we discovered that unfortunately communication from Transport for London (TfL) was lacking and neither council officers nor your ward councillors were made aware of the diversion route. Whilst notices were placed on some bus stops this was not done in all cases. We know this led to confusion and a very long diversion with limited

continued on page 9

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information. We have spoken to officers and reminded them that TfL have a responsibility to inform customers of route changes. We have been assured that any future diversions will be better communicated. Let's hope so.

Cllr LINDA VAN DEN HENDE

U.C.R.A. Coach Outing news

The annual seaside trip to the ever popular **Eastbourne on Saturday 22nd August**.

Everything is within easy reach with the seafront promenade virtually leading straight on to the foot of the beautiful Eastbourne Downs and Beachy Head, and the town centre just a few yards walk from the centrally located Victorian Pier.

There's a huge range of restaurants & cafes to choose from when it comes to eating out in Eastbourne. From the home of the Banoffi Pie to ice cream parlours, tea rooms, bistros and more, you'll find plenty to satisfy

your palate or just relax on the beach with a cold beer. Please see Association Diary for booking details.

The Acorn Centre

I recently visited the new 'Acorn Centre' based in London Road. The centre has been developed on the site of a former car showroom which has been completely re-designed offering a purpose built facility dedicated facility to support children and young people experiencing a number of challenges including mental health, disabilities and speech and language difficulties. Being on one site rather than spread around all different locations, the different health teams and professionals are better placed to work together in delivering a linked up service for children and young people while delivering a service for families that is all on one site so they can meet with a number of teams on one visit. I would be interested to hear from anyone that uses this

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service and their views of the centre.

Cllr GILLIAN FORD

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AFC Hornchurch

Kindly note Hornchurch Football Club have the following pre season friendlies:

Saturday 11th July Ilford away,
 Thursday 16th Barking away,
 Saturday 18th Ramsgate away,
 Thursday 23rd Billericay Home at 7.45pm.

Saturday 25th Canvey away,
 Tuesday 28th Luton Town XI Home at 7.45pm.

Saturday 1st August. To be advised.
 Saturday 8th New Season starts.

Go and support The Urchins. Further details on the clubs website: www.afchornchurch.com

Home Instead Senior Care

Home Instead Senior Care Brentwood Billericay & Upminster specialises in providing care for older people in their own homes. The service is

continued on page 11

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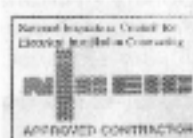
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known and ready to sign an Autograph & photo for you – Clem Su is also attending – he is from the new Dr Who Series. Come along with your camera to : Harold Hill Community Centre, Gooshays Drive, RM3 9LB on Saturday July 25th – 10am/4pm – entry A £5 – C £2 (u14yrs) U5s Free – plenty of Free Parking – Refreshments.

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Two fun filled days for children aged 5-16 to sing, dance and act their way through this intensive musical workshop, gaining insight into the magical Frozen movie. From arriving students will be caught up in the thrills and excitement of fun, hard work and creativity. Students work towards a performance at the end of day two for family and friends to enjoy. They are challenged to learn lines, songs and fully

choreographed dances; building life skills, confidence, performance and the importance of working in a team.

WORKSHOP DATES:

Thursday 30th & Friday 31st July 2015 – 10 till 4 pm

At: Upminster Methodist Church, Hall Lane, RM14 1AE

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continued on page 13

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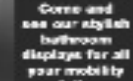
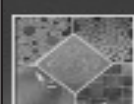
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Cranham. For more information contact Maureen Jasper on 01708 223 956.
 Our next social event is our Summer Dance which will include supper to be held at the New Windmill Hall, Upminster on Saturday 4th July. Tickets available from dance organiser, Vic Bramwell on 01708 470 465.

Shirley's Tours

Please note Shirley has organised the following:

Wednesday 9th September;
 Gypsy The Musical; Savoy Theatre London £58 inc coach.
 Top Price Front Stall Seats:
 Matinee Show, with some free time in Covent Garden/Strand Area.

Monday 2nd – Friday 6th November: Tinsel and Turkey Llandudno; Half Board with Christmas afternoon tea and Christmas Dinner, with entertainment and trips out: £276 based on 39 people. Leaflet on request. Last few places left!!

Thursday 3rd December:
 Thursford Spectacular Christmas Show with seating in raised tiered

seats + 2 course Christmas lunch pre matinee show at Pensthorpe Bird Sanctuary. £75 Coach/show/+ lunch.

2016:

February; Fri - Mon: 26th - 29th

February: IOW, Ocean View Hotel Shanklin, £160 per head inc coach trips out, nightly entertainment, overlooks sea. Half Board with Half price bar. (7 - 11pm). Now booking
Enquiries to Shirley Ward 01708 227 884: Or send S/A Envelope to: 15 Worcester Ave, Cranham, Upminster. RM14 3LB: Website. www.shirleytours.co.uk

Bike Challenge

Nine friends recently took part in an epic Bike Challenge, cycling over 300 miles from Paris to Upminster over four days. The guys used their pedal power to raise funds for Havering & Brentwood Bereavement Service. The trip was organised by Steve Lawrence & Mark Chappell from Upminster. The team's efforts raised over £10,000 to support local children struggling to cope with loss.

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At the start, Arc de Triomphe, Paris. From left to right Mike Day, Mark Chappell, Ian Frost, Dan Haines, Simon Elliot, Colin Mimms, Richard Lawrence, Chris Brown & Steve Lawrence

First Step Golf

We would be delighted if you could join us at the First Step Golf Day 2015, in association with Frontier Voice & Data Ltd, on Wednesday 16th September.

This year we will be welcoming players to Upminster Golf Club, offering a superb course, with excellent hospitality and dining facilities, in a 17th century Grade II listed Clubhouse.

The event is limited to 80 players, so please reserve your 4 ball as soon as possible to avoid disappointment.

Please contact fundraising@firststep.org.uk or Michelle Mitchell on 01708 556355.
 Thank you for your continued and valued support.

The Witches of Eastwick

The musical comedy will be staged by The Havering Music Makers from Thursday 9th to Saturday 11th this month. Evenings at 7.30pm. There will also be a matinee on the Saturday at 2.30pm. At the Queen's Theatre, Hornchurch. Box Office 01708 762 256. This promises to be a great show.

Hall Mead Quiz Night

The next quiz night is on Sat 11th July, 7:15pm for a 7:30pm start Hall Mead Great Hall, Hall Mead School, Marlborough Gardens, Upminster RM14 1SF.

£5 per person payable on the night, tables up to 10, bring your own food and drink.

continued on page 15

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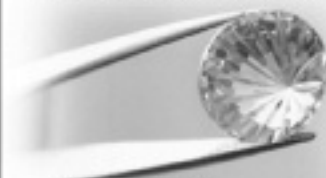
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Roomes at the Tithe Barn

The Upminster Tithe Barn
Museum of Nostalgia in Hall
Lane, Upminster now has on
display two Roomes Stores
related exhibits – an invitation to
the opening of the store in 1927
and an old-fashioned mangle
used in washing clothes.
Stephen Roome, a member of the
local retail dynasty, has
confirmed the rarity of the
invitation in that the family does
not have a copy in its archives.
Meanwhile the mangle was
donated by an Upminster
resident who salvaged it from
being dumped after a spell as a
garden ornament. The cast iron
frame of the wooden-rollered
mangle has 'Roomes Stores
Upminster' cast into it and
probably dates from around 1930.
The Museum is next open on 4-5
July from 10.30am to 4pm. Entry
is free.

Music is Magic

The recent fund raising event
organised by Diane Mandie at the
Windmill Pub raised £650 for
a cerebral palsy charity. Diane
pointed out she had terrific
support from family and friends.
Also thanks go to Fishy Business,
Studio Florist, Batemans
Newsagents, Baccarat Cafe,
Manhattan Nails, Aesthetics
Beauty, Marks and Spencer and
the Windmill Pub.

Gallows Corner Update

We have been advised that TFL
will be launching a public
consultation on designs to
improve safety at Gallows Corner
next year. The consultation on the
proposals should happen in early
2016 and the purpose will be to
improve road safety and reduce
the number of accidents. As we
know this junction is one of the
most dangerous in London and
any improvement will be a
welcome one. We shall keep you
updated as soon as we receive
further information.

Cllr DARREN WISE

News from Fleur

Fleur has had a makeover and is
now focussing on home
accessories and some great
furniture ranges that will really
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at Richmond to give you 2 hours
ashore to explore the town. Back on
board we shall set off on the return
journey during which a full
afternoon cream tea will be served.
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Trees



Last year, many of us had our roads dug up, so that essential work could be done by the National Grid. They are to be congratulated for

the standard of their work and the reinstatement to the holes which were dug. Unfortunately, several of these had to be dug near tree roots, and the trees could have suffered. A condition was made that any tree which died due to this would be replaced. If you think a tree down your road has been damaged because of this work, please let me know.

CLlr LINDA HAWTHORN

Essex Wildlife Trust

The Havering Group invite you to enjoy some summer activities. Open Gardens on Sunday 19th

July. Gardens will be open at 26 Courtenay Gardens, Upminster, RM14 1DD and 8 Frank's Cottages, St Mary's Lane, Upminster, RM14 3NU from noon until 6pm. Plants and refreshments will be on sale. Entrance fee applicable.

What have Guinea Pigs and Pirates got in common?

Both are susceptible to a deficiency of Vitamin C known as scurvy. Guinea pigs and humans (pirate or otherwise) cannot make Vitamin C in the body and need a source of this Vitamin in the diet. Signs of deficiency include lethargy, bleeding gums and swollen, painful joints. Guinea Pigs should have access to a grassed area daily as this is their natural source of Vitamin C. With the increasing trend for keeping these lovable creatures indoors the risk of scurvy developing becomes greater. If feeding a "Muesli" style feed make sure it is from a reputable manufacturer

and ALWAYS use within the expiry date. Always supplement the diet with fresh grass where possible or dark green leafy vegetables. For more information on looking after your Guinea pig please contact Lawton and Stoakes 01708 384444.

Polar Explorers Holiday Club

The club meet at Cranham Baptist Church, Severn Drive, Cranham. From the 17th to - 21st August. We meet each morning from 10am - 12:45pm. Come and join in the fun...invite your friends too! Anyone aged 5-11 years old is welcome. The cost for the week is £28 per child.

If you want to know more and to receive a registration form, please call: 01708 224 851. Places are limited so book early!

The Forest in summer

Events programme at the Forest Centre in July:
Friday 10th July 3-5pm - monthly cream tea with live music. £8 per person. Booking essential

Friday 17th July 8-11pm - first of our summer 'Jazz in the Barn' concerts with Dave Browning's Jazz Band. Tickets £10 per person. Bring your own food and drink.
Sunday 19th July 10am-3pm - Sunday Market with Essex Farmers Markets. A feast of cheese, fish, Giggly Pig sausages, fresh vegetables and lots more including a wide range of crafts.
Sunday 26th July from 12 noon - a guided walk along the Ingrebourne using the Thames Chase walking app. Learn about this historic riverside walk. Starting at Hacton Bridge car park. £3 per person.
Tuesday 28th - Friday 29th July 10am -2pm - start the school holidays by joining the Store Room Youth Theatre for a drama workshop for children 5-12yrs and ending with a performance in the

continued on page 19



"I sometimes wish I'd left the damn thorn in his paw"

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Charity Quiz Night raising funds
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Support (R.A.G.S.) on Saturday
4th July, 7pm, at All Saints Church
Vestry Hall, The Chase,
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your own drinks and nibbles.
Contact Mike Meads 07563
545068 or 01702 217131.

Ravensbourne School

The School's first- ever summer
fete is to be held on Sunday 5th
July at the school in Neave
Crescent, between 11am and
2pm. Co-operative Funeralcare

will be supporting the school by
running a plant stall with all
proceeds going towards much
needed funds for the school. All
donations of plants will be
greatfully received.

Rotary Village Fete

The Rotary Club of Hornchurch &
Upminster will be holding a fete
on the Queen's Theatre Green,
Billet Lane, Hornchurch on
Saturday 4th July, from 1pm until
5pm.. Admission is free! There
will be over 20 stalls, featuring
among other things jewellery and
art. For children there will be
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Kings Park Surgery PPG

We are a group of patients raising money for Kings Park Surgery Patient Participation Group (PPG). With Cllr Alex Donald's help, we have recently set up a crowdfunding website where we're appealing for donations to create a healthy, happy and warm experience for patients of all ages who walk through the doors. Our target is £1000. With that money we will put on fun events for children and young people, and provide an engaging support network for our older patients in what are probably stressful times. Funds will also go towards general day-to-day administration costs. You can donate as much or as little as you like safely and securely online at the following website:

<http://www.gofundme.com/kings-parksurgeryppg>

You can do this publicly or anonymously. Thank you for your support.

Sid Giles, Kings Park Surgery PPG

Fifty-Year Stretch

In 1960, my company van was replaced by brand new Mini. Within a year I had 10,000 miles on the clock and backache. The Mini wasn't designed for six-footers. If I'd taken out the front

seat and driven from the rear I might have been able to straighten my legs. As it was, I resembled a praying mantis, wedged in the front trying to reach the controls. I accept it was a "fun" car with everything MINImised, including mini pedals. To get out, I had to hang on to the door and pull myself up from kerb level. By now I was walking like a question mark and the question being, "What to do?" The doctor prescribed pain killers and pointed to the door. It seems he meant put a door under the mattress for support. Not having a spare door and not willing to live on aspirin, I decided on Yoga. I joined a class, explaining I only needed my back fixing. Luckily, the class was in Hatha yoga, that is physical yoga rather than spiritual meditative stuff and not too aerobic, ideal for middle aged unfit Mini users.

It's now fifty years I've been practising. My back is fine, probably as I managed to switch the Mini for a Morris Traveller. The yoga became a way of life. I wasn't a devotee, rarely working out between the weekly sessions, but though I've lost some body strength I'm still fairly supple. I still enjoy biking daily, though if I met you at the top of a hill, I'd be too breathless to tell you how much!

At 88 I daren't quit yoga as I'd disintegrate. It is non-competitive, calming and even

when I've not felt like going, I've always ended up enjoying the sessions. Why not try it? It might be, I've been fortunate to enjoy physical health enabling me to do yoga, or the yoga has given me extended physical health! Whatever, it suits me and "Namaste!" to you all!

Dennis Goodwin

Harold Wood Ward Inspection

Alex and Brian were out with a Streetcare Officer and here are the defects that were noted and the action taken:

O/S 63 Rosslyn Avenue - paving slabs sunken adjacent to crossing and concrete verge raised adjacent to highway tree : A works order has been issued to repair both areas.

O/S Nursing home, Rosslyn Avenue - damaged paving slabs : Works order raised.

Woodlands Road junction with Fitzilian Avenue - Looses granite kerbs: Works order raised.

O/S 39 The Ridgeway - Cracked paving slab : The defect has been previously noted and a works order issued.

Adj. 18 Queens Park Road - Granite kerb displaced : Works order issued.

O/S 45 Queens park Road - Granite kerbs broken : Works order issued.



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O/S 38 Birkdale Avenue - Kerb displaced on crossing : Works order issued.

O/S 66 Church Road - Concrete verge sunk : Works order issued.

O/S 31 Harold Court Road - Uneven paving slabs adjacent to tree : Works order issued.

O/S 25 Thurso Close - damaged paving slabs : Works order issued.

O/S Leonard Brooks - Tree stump requires removal : Passed to the tree team for action.

O/S 8 David Drive - displaced and broken kerbs : Works order issued.

O/S 11 David Drive - damaged paving slabs : Works order issued.

O/S 13 Melksham Gardens - loose rattling gully : Works order issued.

O/S 72 Amersham Road - Front of concrete crossing breaking up - Works order issued.

O/S 4 Amersham Close - broken kerbs : Works order issued.

O/S 10 Amersham Close - broken kerbs : Works order issued.

O/S14 Harlesden Road - b/top footway damaged : Works order issued.

Camborne Avenue junction with Gooshays Drive both sides of road - 2 damaged arterial gullies : Works order issued.

Men's Lunch

'And There It Was Gone!'

Yes, it seems only like yesterday that our 'Men's Lunch' group from St. Peter's, Harold Wood began its 2014/15 season, but now its all over! Even so we've packed lots



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into these months and welcomed some truly memorable guest speakers.

It's been a great season but now we're taking a summer break. All the Men's Lunch folk would once again like to thank Ron Ower and his team for giving us a regular 'slot' in *The Bulletin*, we are most grateful.

To keep up to date with all things St. Peter's, please visit the website: www.stpetersharoldwood.org. We wish all readers a restful summer break - whatever the weather may bring! Looking forward to welcoming you back to the first lunch of our 2015-16 season beginning on 8th September - programme published in August.

Chris Knowles, Julian Harris and all the Men's Lunch Team

St Peter's Church Barbecue

On Tuesday, July 28 (from 6pm to 8pm in the Vicarage garden at 15 Athelstan Road - £2 a head), there will be the annual Parish Barbecue with Bouncy Castle. There are usually 80-100 people - and, of course, all are welcome.

St Peter's:

www.stpetersharoldwood.org
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FUTURE EVENTS

JULY

- 5 Sunday - **Upminster Windmill Open Day & Classic Cars Display** 2.00 pm to 5.00 pm.
- 5 Sunday - **Tithe Barn**, Hall Lane Open Day 10.30 am - 4.00 pm. Free Entry.
- 7 Tuesday - **Oglethorpe Women's Institute** have Guest Speaker Lois Amos on Upminster Hall. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome as our guests for their first visit, a £4 entry fee applies thereafter. The Christmas Celebration meeting in December is always for members only.
- 17 Friday - **Havering Antique and Collectors Club** meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood are holding their AGM; 7.30 pm for 8 pm start. For further details please call our Chairman Mrs Jan Halsey on 01708 373574.
- 18 Saturday - **Tithe Barn Open Day** 10.30 am - 4.00 pm. Free Entry.
- 18 Saturday - **Upminster Windmill Open Day** 2.00 pm to 5.00 pm
- 19 Sunday - **Upminster Windmill Open**

Day & Classic Cars Display 2.00 pm to 5.00 pm.

- 19 Sunday - **Tithe Barn**, Hall Lane **Open Day** 10.30 am - 4.00 pm. Free Entry.
- 19 Sunday - **Havering Mind** are holding a **Wings & Wheels Car & Motorbike Show** plus light aircraft flying. 10 am - 6 pm at Damyns Hall Aerodrome, Upminster; Fun fair, beer tent, BBQ, trade and craft stalls. £10 per car public entry. Anyone wanting to exhibit their cars or have a trade/craft stand please contact Ciaran.white@haverlingmind.org.uk for more information.

AUGUST

- 1 Saturday - **The Havering Branch of the East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Station Rd, Upminster RM14 2SJ doors open at 1pm, meeting starts at 2pm. This month the talk is 'My Ancestors came from Essex.' with Eric Probert. The Computer Group meets at the same venue 11am - 1pm where a Q&A session is followed by 'Electronic Family History Using the

Internet' with Rob Parker. Teas and coffees can be purchased. Members and visitors welcome to either or both. Admission free.

- 1 Saturday - **Tithe Barn Open Day** 10.30 am - 4.00 pm. Free Entry.
- 1 Saturday - **Upminster Windmill Open Day** from 2.00 pm to 5 pm.
- 2 Sunday - **Upminster Windmill Open Day & Craft Fair**, from midday to 5.00 pm.
- 2 Sunday - **Tithe Barn Open Day** 10.30 am - 4.00 pm. Free Entry.
- 4 Tuesday - **Oglethorpe Women's Institute** will be making banners and decorations to celebrate 100 years of the W.I. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome as our guests for their first visit, a £4 entry fee applies thereafter. The Christmas Celebration meeting in December is always for members only.
- 9 Sunday - **Cream Tea** at St Laurence Church Main Hall, Corbets Tey Road, Upminster, RM14 2BB; 4.30 pm, £3.50. To book please contact the Parish Office on 01708 220696.

ASSOCIATION DIARY

JULY

1 Wednesday **Upminster Ward Meeting** at St. Joseph's Social Centre at 8.00 pm

9 Thursday **Cranham Ward Meeting** at Cranham Community Centre, Marlborough Gardens at 7.45 pm

PLEASE NOTE THERE WILL BE NO UPMINSTER OR CRANHAM WARD MEETINGS IN AUGUST

Association Coach Outing

Saturday 22nd August
 Cranham Social Committee's trip to **Eastbourne**. Leaving the Bell School at 9 am after usual pick-ups. Our annual seaside trip to this ever-popular south coast resort. Tickets £12.00 from Mrs Thelma Bezant 01708 226815 from Monday 13th July between 7 pm and 9 pm please.

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