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# Council Proposes New Plaza for Harold Wood Station



Havering Council, in partnership with TfL, has today unveiled updated plans to transform Harold Wood station – as part of a series of major improvements on the Eastern section of the Crossrail route, between Stratford and Shenfield. Central to the Council's proposals is the design and creation of a new plaza at the station's secondary entrance, within the car park, and improvements to the pedestrian crossing on Station Road.

The works will provide step free access onto the platform and a pedestrianized route to and from the station. A main ramp servicing the plaza and Station Road will be incorporated into the public space to provide easy and seamless level transition for all commuters.

The ramp and nearby flight of stairs will provide access onto Station Road in close proximity to the existing zebra crossing – which will be widened to 5m to provide an improved and more accessible crossing facility.

Highway improvements are currently being explored to improve pedestrian access to the station across St Clements Avenue.

The area will benefit from improved lighting, seating, bins and cycle stand provision and upgraded paving materials to create a pleasant experience for commuters and visitors arriving at the station.

Local residents were invited to take part in a two-week public consultation. Your local Councillors have raised concerns around the design of the plaza and the loss of parking places for commuters. We have also stated that the design could attract anti-social behaviour from people hanging around. For further information on the Crossrail project (Eastern Section), please visit: <http://www.crossrail.co.uk/route/eastern-section/>

Cllr DARREN WISE

## Advertising Hoarding along A12

As reported in last month's *Bulletin*, in respect of a planning application for an advertising hoarding along the A12 close to the junction of Gooshays Drive, I can report that the application has now been withdrawn. We hope that a new application is not going to be submitted but we shall keep monitoring this.

Cllr DARREN WISE



## Mayor's Variety Show

Please note the Mayor Councillor Brian Eagling and Mayoress Bunny Eagling are holding a variety show on

Sunday 3rd April, 7pm at The Queens Theatre, Hornchurch, to raise funds for their charities. Tickets £15 each from Brian on 01708 373 027 email: [eaglibri@talktalk.net](mailto:eaglibri@talktalk.net). This promises to be a fantastic evening. Get your tickets now.

## Autism Awards Ceremony



I was delighted to be invited and to attend an Autism awards ceremony with the Mayor

Councillor Brian Eagling at the Town Hall last month. The awards were given to senior students at the Frances Bardsley Academy who give up their time voluntarily and act as Autism ambassadors and help support the activities of the RIEES Autism club. The students help some of the most vulnerable people in our society and the awards are one way that Havering Council can thank them for their hard work and dedication. This is a platform that other secondary schools should consider and follow the lead of the Frances Bardsley Academy. Well done to all!

Cllr DARREN WISE

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## The Cross – is it a key?

The small son of a Bishop once saw his father's pectoral cross lying on a table. He picked it up and held it sideways. "What's this?" he asked. "Is it a key?" His Dad was about to correct him, when he stopped. "Yes," he said slowly, "Yes, I suppose it is. The Cross is a key."

Like any church worth its salt at Easter, St Peter's has good news to share. And we love to explain why it is good news. Understand the Cross, and it unlocks everything. Here are some highlights during Holy Week (the run-up to Good Friday and Easter) at St Peter's:

### **Palm Sunday, March 20**

9.15 & 11 am: Children tell the story and lead the service  
6.30pm: The Cross – Questions & Answers

### **Maundy Thursday, March 24**

7.30pm: Fellowship meal to remember Jesus' Last Supper  
**Good Friday, March 25**  
10.30am: Run quiet, Run deep, at the foot of the Cross

3.00pm: Children & Family Service – an Easter 'Christingle'

### **Easter Sunday, March 27**

c.6am: Sun-rise service for the

'larks' on Tylers Common  
9.15 & 11am: All-age Celebration – Christ is risen, He is risen indeed  
6.30pm: Easter Praise (with other local churches)

David Banting, Vicar of St Peter's  
[www.stpetersharoldwood.org](http://www.stpetersharoldwood.org)

## Linda is Running

I am running the London Marathon for Breast Cancer Now and, as part of my fundraising, I am holding the following event; please come along.  
Cream teas and crafts/gifts.  
Saturday 2nd April, 1-4pm.  
Kingsland Scout Hall, Station Road, Harold Wood.  
All money raised to Breast Cancer.  
Thank you.

Linda Venton

## S.E.Lions Swimming Club

Havering Learning Disability Society – S.E.Lions Swimming Club is a swimming club for learning disability adults who meet most Saturdays at The Chafford Pool, Lambs Lane, Rainham RM113 9DX between 11.45am to 1.30pm. The

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actual swim session is from 12 noon to 1pm. The swimming club is looking for volunteers to help out either as a life saver in the pool or as a spotter on the pool side. Volunteers need to be DBS checked and require two references. If anyone is interested in volunteering or would like information on the swimming club please contact Denise Simpkins on 01708 520 477 for a volunteer application form.

## Penalties for Drivers on Mobiles

*This letter published in the Sunday Telegraph from Cllr Clarence Barrett*

While tougher sanctions for motorists who use mobile phone while driving would be welcome, the latest proposals to increase the fine from £100 to £150 and increase penalty points from three to four falls a long way short of the rhetoric. In addition, the proposal that first time offenders will be offered an 'educational course' instead of a penalty simply diminishes the seriousness of the offence. An immediate six-month

driving ban accompanied by a minimum £500 fine would send a much tougher message.

## Stagnant Water and Blocked Drain

Kindly note following intervention from The Mayor, Cllr Eagling. The following reply was received from the Council: "Thank you for your enquiry regarding the stagnant water and blocked drains and gully in Walden Road, Hornchurch. We were sorry to hear of the problems. I have been informed by the Group Manager for Highways that the site was visited and the drains, gully and stagnant water were cleared. Please accept my apologies, on behalf of Havering Council, for any inconvenience this matter has caused."

## Well Done Rose

May I congratulate Rose Deavin, a lovely young lady from Athelstan Road, Harold Wood, who

*continued on page 3*

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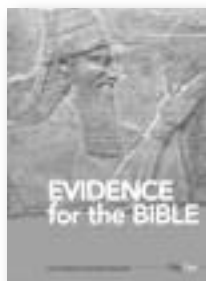
supported my Mayor's Appeal fund by doing a sponsored swim which consisted of 220 lengths of Harold Hill Swimming Pool in an incredible time of 1 hour 59 minutes. I was so proud to cheer Rose on poolside and so far she has raised over £2,000 - a magnificent effort by a fabulous young lady. As Mayor I would like to say a huge WELL DONE and thank you so much.

Cllr BRIAN EAGLING,  
Mayor of London Borough of  
Havering

## Men's Lunch

### Evidence for the Bible

The Bible is the most remarkable collection of documents ever put together - 66 books but just 1 Author - Christians believe it is



the Word of God. What is the evidence? Well archaeology can throw some dramatic light on the biblical record and so -

MEN! You have a special opportunity to come and hear from an expert at our next Men's Lunch:

**TUESDAY, 8th MARCH**, doors open 11.30am in St. Peter's Church Centre, Harold Wood. We are thrilled to welcome this month Brian Edwards. Brian is a Christian pastor, author and lecturer whose ministry has taken him to many countries. He has written 20 plus books including the subject of biblical archaeology etc. Members' old and new' would be most welcome so we hope you can join us. Please reserve your lunch place by telephoning St. Peter's Welcome Desk on **01708 342080**, or email: welcome.desk@stpetersharoldwood.org.

**A REMINDER** there is now a new barrier control system operating at the Ingrebourne Centre car park opposite St. Peter's Church. Anyone attending **Men's Lunch, other events at St. Peter's** and at the **Ingrebourne Centre** are most welcome to use this park. Exit instructions will be given to you. See you on the 8th March!

Chris Knowles, Julian Harris and  
the Men's Lunch Team

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## Brownie Vacancies

The 10th Hornchurch Park Brownies have vacancies for girls aged 7 to 10 years. They meet on Tuesday evenings 6.30pm to 8 pm at the North Street Hall, Hornchurch. Please contact Sandra Cox on 01708 442 625 for further details.

## Up Pompeii!

Perk yourself up with an evening of pure frivolity in Ancient Rome: Guildonians bring you the classic comedy 'Up Pompeii' to shake away those winter blues! Based on the original characters in the Frankie Howerd BBC comedy, this play is full of double entendre, dreadful odes and woeful predictions from Senna the Soothsayer. Will Ludicrus get his assignation with Suspenda (the well known nymphomaniac and beauty)? Will Nausius rescue the beautiful slave girl Voluptua - and reap his just rewards? Will Captain Treacherus get his hands on Ammonia's goggles?

To find out all this and more, come and meet Lucio and the gang. At only £7, Miles Tredinnick's play is

just the ticket.  
9-12 March at 8pm nightly plus  
2:30pm Saturday matinee  
The Little Theatre, Methodist  
Church, The Drive, Harold Wood,  
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Box Office: 01708 341442.

## Havering Arts Festival

Havering Arts Council members have once again combined with the London Borough of Havering's Arts Team, and others active in the Arts, to present the Havering Arts Festival 2016. The Havering Arts Festival includes over 50 events, running from April to July. There are art exhibitions, plays, interesting talks, and various arts activities for children and young adults. The brochure for the Festival will be available in March, and can be picked up in Havering Libraries branches and Fairkytes Arts Centre. It will also be available on the Havering Arts Council website: [www.haveringartscouncil.org.uk](http://www.haveringartscouncil.org.uk). We hope that all will find something to enjoy in this year's Havering Arts Festival.

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## EU – It's up to YOU!



Readers may be aware of the recent 'declaration' that Havering Council supports the EU Exit campaign. Whether it

is 'in' or 'out', our view is that it is for individuals to decide for themselves and not be railroaded into one camp or the other.

Within our own Association, there are supporters of 'In', 'Out' and many who are undecided, and all those views are to be respected. However, it isn't for locally elected councillors to make such declarations on behalf of 'The Council'.

At the Council meeting, we also tabled a motion which read as follows: 'As has been widely communicated, the opportunity to decide on the continued UK membership of the European

Union will be subject to a Public Referendum. As representatives of the whole borough, this Council therefore notes that it is for individuals to decide for themselves, rather than as a Council, as to whether or not Britain would be better off outside the European Union and to express that choice, should they choose to do so, at the aforementioned Referendum.' Unfortunately, this motion lost by 27 votes to 21.

We also thought that we should be debating local issues like social care, housing, council tax, funding, etc, rather than something the Council, as an entity, has no vote or say over.

Cllr CLARENCE BARRETT

## U.C.R.A Coach Outing News

**Saturday 16th April 2016  
Bury St Edmunds**

Back by popular demand a return visit to this important market town with a richly fascinating heritage. The striking combination of medieval

architecture, elegant Georgian squares and glorious Cathedral and Abbey gardens provide a variety of attractions. There is also prestigious shopping and an award-winning market. Please see "Association Diary" for booking details.

## Compulsory Microchipping of Dogs

From 6th April 2016 it will be compulsory for all dogs over 8 weeks of age to be microchipped and registered on an authorised database. Failure to do so, or to update your database-listed details, could result in a notice served by the police and a £500 fine. Lawton and Stoakes Veterinary Surgeons are therefore offering a free-health check with every dog microchipped before 6th April 2016 (by appointment only). Pop-in and see us or give us a call on 01708 384444 to find out more and hear about our other microchipping special offers.

## Library Opening Hours



Readers will remember we were successful in ensuring that Upminster Library did not have the reduction

in hours that other Libraries will have from the 21st March. Please see below a note from the Council on the opening hours. While these will not start until 21 March, following the implementation of the new staffing structure in Libraries, we need to communicate the changed opening hours at this point in time, as many organisations that run activities or events in our libraries book their time slots in December for the year ahead. Upminster : Monday 10-8, Tuesday 9-5, Wednesday 10-8, Thursday & Friday 9-5, Saturday 10-4.

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It will be open for the National Garden Scheme between 11am and 4.00pm on Wednesdays 15th

June, 13th July, 17th August and 14th September. Also on Sunday 26th June, and Saturdays 23rd July, 27th August and 24th September. Tea and cake will be available.

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In an effort to tackle commercial waste being dumped with residential waste, Automatic Number Plate Recognition (ANPR) is now in place at Gerpins Lane Reuse and Recycling Centre. While this is a facility paid for through your council tax (some £13m per year) and open to all residents, there is an increasing trend of traders using the site to dispose of commercial waste without declaring it and thereby avoiding making payment. With disposal costs of £130 per tonne, and increasing, this is a costly burden

for council tax payers to bear. Frequent visits by residents can be arranged, but the ANPR cameras will be used to identify and challenge vehicles carrying trade waste, including those using cars and small vans. Please continue to bring either a current council tax bill or driving licence with you as proof of residence when you visit.

Cllr CLARENCE BARRETT

## Upminster Floral Art Society

Please note the following in your diaries for this month and in April:

Wednesday March 16th: Robin White with his demonstration called "Floral Formations."  
Wednesday April 20th: Sandy Price with her demonstration called "Potty About Flowers."  
Both demonstrations at the New Windmill Hall, St. Mary's Lane, Upminster. 7.30pm for 8pm start. Please telephone Margaret on 01708 471 099 for further details.

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## Shirley's Tours

Shirley has organised the following:

**May 6th**, Friday Matinee Brick Lane Musical with afternoon tea- Celebrating the Queen's 90th birthday and St George's Day; £50 including coach. Coach pick up time approx. midday. Now booking.

**June 25th**, Saturday: Legoland, Windsor. 55 rides, live shows/attractions. Adult £42; child 3-15 years £35. Includes coach. Now booking.

**July 30th**, Saturday: Mill at Sonning Theatre, Reading: "The Hollow", Murder Mystery (matinee) play by Agatha Christie, directed by Brian Blessed; includes two course lunch/tea coffee/programme/coach. River Thames setting: £70 Inclusive.  
**Sept 3rd**, Saturday: Regents Park Open Air Theatre; "Pride and Prejudice": by coach: £46 in tiered seats, or access seats at £52.50. Matinee.

Please contact Shirley Ward - 01708 227 884; or e mail [shirley@shirleytours.co.uk](mailto:shirley@shirleytours.co.uk) shirley@shirleytours.co.uk - for full list

continued on page 9

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## Havering Triathlon Club

Havering Triathlon Club is THE multi-discipline club - our training is mostly based in Upminster and we host coached core sessions for running on Monday nights which start at 7pm, we offer spinning classes at a local gym and have organised group rides for all levels most weekends (and weekdays during the summer).

Havering Tri members also receive a discount on swimming lessons from KAS. Whatever your goals are - whether it's to complete a short course tri, or full Ironman - Havering Tri will be there to support you through every step. For more details, contact - Kay Hamilton on 07957 567 915 or [www.haveringtri.co.uk](http://www.haveringtri.co.uk)

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## Coffee Mornings

All Saints Church, Cranham, are holding Coffee Mornings every Saturday from 10am to 12.30 in the Vestry hall during Lent. They will be serving full English breakfast as well as all the usual snacks and stalls.

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## Charity Golf Day

Golf day at Maylands Golf Club, Romford in aid of Alzheimer's Research UK. Friday 4th March, registration 9am to 9.30am, tee off 10.30am. Cost £30 which includes breakfast and lunch and a donation to Alzheimer's Research UK. Teams of four preferred (best two score) but individuals welcome, nearest the pin and take on the professional, prizes and raffle. Contact Sandra Long 07955 747 300 to book a place.



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hosts in Havering. We would be delighted to receive new members. It presents an ideal opportunity to experience a new culture and new language in a friendly setting. Being able to speak German is not a pre-requisite. Our AGM will take place on 29th March 2016 at 7.30 p.m. in Cranham Community Centre and we would be delighted to meet you then. Alternately you could join us for our tea dance or at one of our other social events. For further details please contact Kath O'Connor (Secretary) on 01708 440084.

## Delia Pusey

A memorial exhibition of Delia's work will be held at the 'Old Chapel', next to Sacred Heart School from Tuesday 5th April to Saturday 9th April between 10am and 4.30pm each day. Entry is free and parking available next to the Chapel. Delia was a gifted textile artist who lived in Upminster for fifty years. Her work has been exhibited in locations around the country and includes items demonstrating

*continued on page 11*

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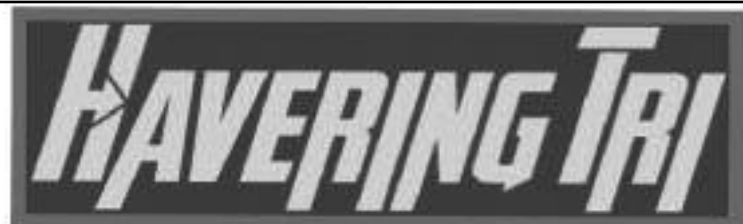
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many techniques and skills. The Exhibition will not only include finished pieces on loan but work books and a range of sketch books which were the source of Delia's ideas.

Cllr LINDA VAN DEN HENDE



### Upcoming events at the Old Chapel

#### Creative Craft Sessions

**Weds 2 March, 3.00pm - 5.30pm** - Spring is on the way!

**Weds 30 March, 3.00pm - 5.30pm** - Textiles. £3 per child, suitable for ages 4+, no need to book.

**Monday 14 March, 7.00pm - 9.30pm, Adult Pottery Painting**

Come to the Old Chapel to have a cuppa and get creative! It is £5 in advance, and you pay per item you paint. Please book a place by calling Gemma Smith on 01708 222660 or email

[gsmith@mary.havering.sch.uk](mailto:gsmith@mary.havering.sch.uk)

**Sunday 3 April, 2.00pm - 5.00pm** - General Open Day

**Sunday 17 April, 2.00pm - 5.00pm** - Local Art Display

A range of work by local artists will

be on display at the Old Chapel  
**Weds 13 April, 10.30am - Tea and Talk, Working at the Docks.** Join Len Taphouse as he shares his experiences of working on the Docks. £2 for non-members. Please book a place by calling Gemma Smith on 01708 222660 or [gsmith@mary.havering.sch.uk](mailto:gsmith@mary.havering.sch.uk)

### Rotary Quiz Night

The Rotary Club of Hornchurch and Upminster will be holding their annual quiz on Saturday 19th March at St. Laurence Church Hall, Corbets Tey Road, Upminster. Doors open at 7pm for a prompt start at 7.30pm. Tickets are £12.50, which in includes a fish/chicken/veggie option and chips supper. Please bring your own drinks and nibbles. For tickets please phone John Kent on 01708 449 118.

### Saturday Talks Club

Van Gogh & Tchaikovsky: Parallel Lives- Speaker Andrew Rothwell; on Saturday March 12th at 2.15pm

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### Quiz Night

**Stewart Avenue Allotments** aim to run a friendly, well serviced site which promotes the benefits of 'growing your own' to local residents and schools.

We are holding a Quiz Evening on Saturday 21st May at Cranham Community Centre, Marlborough Gardens, 7pm for 7.30pm start. £6 per person, bring your own drinks and nibbles. Tables of up to 10 can be booked with Jackie on 01708 641624 or [Jackiewhitehead@sky.com](mailto:Jackiewhitehead@sky.com).

All proceeds go towards the upkeep of the allotments.

### Coffee & Conversation

#### A Party to Celebrate our Queen's 90th

Come and join our Party on 22 April 2016 from 10.30 am. We will be entertained by Dean Ferris - Vocalist. Lunchtime Ploughmans and Dessert. Tickets £7.50. Tickets from Coffee and Conversation Friday mornings (10.30 am - 12.30 pm) or phone 01708 221429.

### Cappella Singers' Spring Concert

The Cappella Singers of Upminster are presenting their Spring Concert on a theme of Shakespeare, on Friday 18th March 2016 at 8.00 p.m. at The Old Chapel, St. Mary's Lane, Upminster (next to the Sacred

*continued on page 13*

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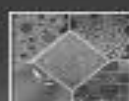
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## Wednesday Music Evenings

**Wednesday 2nd March - Music By Royal Appointment** - Stephen Raindle presents a programme of music composed for royal occasions, about royalty and even by royalty. As well as popular pieces such as Zadok the Priest, Crown Imperial and Greensleeves, the programme will also include a diverse selection of 'royal' music.  
**Wednesday 16th March - Jazz Britannia** - an appreciation of British Jazz bands and singers - presented by Alan Morris who also organises jazz appreciation classes for Havering U3A. Expect to hear recordings ranging from the trad jazz era, bop and some contemporary British jazz.  
**Wednesday 30th March - Just The Job** - Harry Newman takes the theme of work, jobs and occupations and in a not too serious way shows what one does for a living can be portrayed in music. Harry's programme will

include classical, jazz and light music recordings. All programmes are held in the 1st Floor Meeting Room at Hornchurch Library and start at 7.30 ending at 9.30. Admission is free of charge but we do request a nominal donation for interval refreshments. No need to book - just turn up. If you need any more details call Stephen Raindle 01708 470 670 or email [sraindle@aol.com](mailto:sraindle@aol.com)

## Race Night

Havering East Rotary are holding a Fund Raising Race Night at the Albany School on Saturday 19th this month. Tickets £12.00 which includes either Fish or Chicken & Chips. As well as winning on the tote you can also become an owner at a cost of £7.50 per horse. For further details please phone 01708 780 158.

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650,000 people. So now spring is here and we are all getting over the winter blues, why not get out and use it for your exercise and enjoyment. Since its early days the annual 'Thames Chase', a 10k run, encouraged the use of the Forest for routine exercise and competition. This year the accredited 10k run will take place on 12th June followed by a family fun run. If you would like to take part or get involved with either run visit the website [www.thameschase.org.uk](http://www.thameschase.org.uk) or pick up a leaflet from the Visitor Centre, Pike Lane.

#### At the Forest Centre in March - Sunday 6th March 10am-3pm.

Join our conservation volunteers for a day in the fresh air and help to maintain the Forest Centre.

**Friday 11th March 10.30am-12noon** - Coffee morning. Bring your pictures and memories to help 'Discover Thames Chase'.

**Sunday 13th March 3pm** An audience with...? Cost £6 per person.

**Friday 18th March 2.30-4.30pm.** Spring Cream Tea with live music. Cost £8 per person (Booking essential)

**Sunday 20st March 10am-3pm.** Sunday market including textile demonstrations.

**Friday 25th March from 10am.**

Guided walk from Broadfields to Parklands and learn about the regeneration and history of this hidden treasure in south Upminster.

#### Friday 25th -Monday 28th March

**10am-4pm** (Easter weekend) Art Exhibition by Sid Cardew, a local acclaimed marine watercolour artist.

More information on our website [www.thameschase.org.uk](http://www.thameschase.org.uk)

## Our Libraries Want Volunteers

Libraries in Havering have launched a campaign to recruit 100 volunteers to work alongside staff in the borough's libraries. The Council is looking for a huge variety of volunteers to help with everything from creating exciting book displays to shelf stacking, to help with baby-bounce events or teaching people how to use computers and iPads right through to fundraising or helping libraries reach more people. There are many ways residents can get involved from just a few hours a month:

- Event assistants
- Shelving squad

*continued on page 15*

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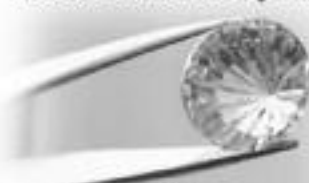
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## Girls you are invited

Upminster Cricket Club would like to invite any girls interested in playing cricket to join them this summer. We are keen to grow our girls section and are in need of new players up to the age of 15 years to join our friendly and growing team, no experience necessary. For more information please contact Linda Carter 01708 223 244 or carterking@ntlworld.com

## Guides' Quiz

Cranham Park Friends of Guiding are holding a Quiz Evening on

Saturday 5th March, 7.15 pm for 7.30 pm start.

At The Cranham Community Centre, Marlborough Gardens.

Tickets £7.50, includes a Ploughmans Supper.

Tables of not more than 10. Bring your own drinks and glasses.

Contact Barbara Levis on 01708 250941 or Doris Harding on 01708 226725.

## Swing Band Concert

On St. Georges Day, Saturday 23rd April, the Rotary Club of Hornchurch and Upminster will be organising a big band concert which will take place from 8pm in the New Windmill Hall in St. Mary's Lane, Upminster, to celebrate England's national day! Music is by the seventeen piece Ken Turner Big Band and include numbers written by Glenn Miller, Count Basie and other jazz musicians of the 1940s. Tickets at £20 which include a fish and chips or chicken and chips supper are available from Jim Haines phone 01708 226 717 or Brian Taffs on 01708 250 855. Please bring your own drinks and nibbles.

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## Quiz Night

Quiz Night, Saturday 23rd April. 7 pm for 7.30 pm start in the Main Hall, St Laurence Church, Upminster. Tables of 8. Bring your own food and drink. Tickets £6 available from Katie Bowman 01708 640 133. Raising funds for the Children's Society.

## Race Night

There will be a Race Night at All Saints Church, Cranham in the Vestry Hall on Saturday 16th April at 7.30pm. Tickets £6 coffee and biscuits provided. For further details please contact Helene on 01708 225 629.

## Havering Concert Orchestra

The Havering Concert Orchestra invites you to their Spring Concert on Saturday 19 March, 7.30pm, Frances Bardsley Academy. The repertoire comprises:

- Rossini - Overture The Silken Ladder (La Scala di Seta)
  - Mendelssohn - Violin Concerto - Madeleine Mitchell
  - Tchaikovsky - Symphony No 5
- The HCO is delighted to welcome Madeleine Mitchell as soloist for the Mendelssohn Violin Concerto. Madeleine has a distinguished career as violin soloist, chamber musician,

*continued on page 17*

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dedicated teacher and artistic director. She has performed in some 50 countries and made many recordings and broadcasts, whilst making a regular commitment to her Royal College of Music teaching. We look forward to seeing you on the 19th March to enjoy this music programme.

## Jissokan

We mentioned last month that Jissokan local martial arts were holding, in Upminster, the traditional Chinese new year lion dance.



Chinese New Year Lion Dance  
Photo: Courtesy of Brian Hill

The Jissokan runs various classes locally in traditional Goju Ryu Karate and Okinawan Kobudo, the rare weapons based system

which includes various weapons such as Sai (metal truncheon), Nunchaku (flails), Tunfa (side-handled baton), and many more. In addition there are various holistic classes available in Qigong, Japanese Yoga, and strength and conditioning training. The lead instructor Garry Lever has 25+ years experience, receiving his training direct in Okinawa, Japan, and is known worldwide as a leading authority on the arts, having trained with some of the most senior teachers in the world. Classes are tailored to suit all abilities and beginners are welcome. New beginners classes in Okinawan Kobudo are now available at Cranham Social Hall, Front Lane on Weds 7.30 - 9pm. Please see [www.jissokan.com](http://www.jissokan.com) for further details.



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## Wesley Guild

The Wesley Guild's March meetings are not as listed in our printed programme but will consist of the following events:  
**Thursday 10 March** "The Antarctic, South Georgia and the Falkland Islands", an illustrated talk by Peter Harper.  
**Thursday 31 March** "Mugs and Tea-towels" (audience participation).  
Meetings to be held in the Minor Hall, Upminster Methodist Church, Hall Lane at 1.30pm for 2pm.

## Breathe Easy - Havering

We are support group for people with COPD, Asthma or any lung condition and are affiliated to the British Lung Foundation. We meet at St Andrew's Church on the last Monday in the month at 1.30pm. We have guest speakers on a variety of subjects such as medication, breathing exercises plus other non-medical subjects. Tea, coffee and biscuits are provided and at Christmas we have a celebration lunch in a local pub. New members, some of whom have just been diagnosed with COPD tell us that meeting other people with the same condition

and seeing how they cope is helpful. So, new members, carers and family are always welcome. To find out more ring Elaine 01708 509127 or Joyce 01708 226696.

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Also we hold a seated exercise class for those in a wheelchair or who use a frame or walking sticks again this class is fun friendly and very beneficial.  
12.30pm till 1.15pm Thursdays At The Cranham Community Centre Marlborough Gardens, Cranham.  
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## LOCAL FUTURE EVENTS

### MARCH

- 4 Friday - **Women's World Day of Prayer**, Upminster Methodist Church, Hall Lane, Upminster. 2 - 3 pm, with refreshments afterwards. The theme of this service is: Receive Children, receive me, prepared by Christian women of Cuba. All welcome.
- 5 Saturday - **The Havering Branch of the East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ, doors open at 1pm meeting starts at 2pm. This month 'Tracing Huguenot Ancestry' is the talk by Kathy Chater. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is followed by, 'London Labyrinth' by Kathy Chater. Teas and coffees can be purchased. Members and visitors welcome to either or both.
- 5 Saturday - **Hornchurch and Upminster Sugarcraft** have a demonstration on "Pressure Pipes Animals" by Tessa Whitehouse held at Hornchurch Library, North Street, Hornchurch. Entrance fee Pay at Door £6 includes Tea and Cake. 1.30pm - 3.30 pm.
- 8 Tuesday - **NADFAS Havering** Following the Annual General Meeting we welcome Mr Martin Heard with a talk entitled "Tulipmania: Bloom and Bust". AGM 10.15 am, Lecture 10.45 am. Coffee from 10.00 am. Visitors welcome at £8. The meetings are held at The New Windmill Hall, St. Mary's Lane, Upminster, RM14 2QH. Further information on the Society,

future lectures and visits can be found at [www.haveringdfas.org.uk](http://www.haveringdfas.org.uk)

- 8 Tuesday - **Upminster Horticultural Society** have Guest Speaker Caroline Holmes on **Garden History and Follies**. Caroline is a garden historian, international lecturer, broadcaster and author. Her presentation is a look at garden history from the 17th to 20th centuries. The talk will take place in the New Windmill Hall, St Mary's Lane, Upminster from 7.45 pm to 9.45 pm, doors open at 7.15 pm. Entrance is Free to members, non-members very welcome for a fee of £2.00. For further information on Upminster Horticultural Society see our website [www.upminsterhorticulturalsociety.co.uk](http://www.upminsterhorticulturalsociety.co.uk) or [info@upminsterhorticulturalsociety.co.uk](mailto:info@upminsterhorticulturalsociety.co.uk).
- 9 Wednesday - **Cranham Social Hall**, 103 Front Lane are holding a **Tea Dance**. Tickets £3.50 Pay at th Door. 2.00 pm to 4.00 pm.
- 14 Monday - **Essex Wildlife Trust** meet at Hornchurch Library from 8.00 pm - 9.45 pm. A donation of £2.50 is required which includes refreshments and biscuits. This month there will be an illustrated talk: **Blue House Farm** by Nick Robson (warden of EWT Blue House Farm).
- 17 Thursday - **Upminster Wine & Social Club**. We are a fun group with an interest in wine appreciation and enjoying many social events. We hold meetings every third Thursday of the month with a variety of speakers and a wine tasting. Meetings are held in the Cranham Social Hall, Front Lane, Cranham; start 8 pm. For more information contact Maureen

*continued on page 24*

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## Ardleigh House Trips

**Wednesday 23 March. The Thames & Crime** - We start at O2 with optional ride on Cable Cars. Then onto Clipper boat for ride up to South Bank where lunch or picnic can be bought before heading to Scotland Yard Crime Museum and then home. Price £37.50. (Add £7 if you wish to ride the Cable Car).

**Thursday 14 April. Constable and 'Chocolate Box Villages of Suffolk'** - This is a guided tour starting in East Bergholt for morning tea/coffee & cake plus visit the local church and Constables birthplace before going onto Flatford Mill. Here you will see the site of his famous painting 'Haywain'. Then it's onto Dedham where lunch can be bought. After lunch a slow drive through some 'Chocolate Box Villages of Suffolk' to our final stop in Lavenham. Price £32.50.

**Saturday 9 July 2016. 1950's Trip to Margate** - With 2 Classic coaches from the period we have teamed up with the newly opened 'Dreamland' to re-create those old 'Annual Beanos to Margate'. Travel in a 1949 or 1956 Bedford

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## Clear up Your Dog's Mess

We have received a number of complaints from residents with regards to dog's mess on pavements in the Harold Park area particularly in Greenway and Ingreway. I have reported this to the Council for it to be cleared but we urge all our dog owning residents to please clear up after your dog as it is unsightly and a hazard for children and our elderly residents having to dodge the mess.

Cllr DARREN WISE

## National Park City

Your three RA Harold Wood ward councillors have pledged our support to the London National



nature are better connected. As local councillors, we have always supported our Green Belt and continue to campaign for our area to be a greener, healthier and fairer place to live - and this project aims to do exactly that. For more information on the initiative, visit [www.nationalparkcity.london](http://www.nationalparkcity.london)

Cllr ALEX DONALD

## Gallows Corner Safety Improvements

We have been advised that Transport for London are proposing road safety improvements to Gallows Corner to reduce the number of vehicle collisions. The proposals intend to slow

Park City initiative which aims for a capital city (of all boroughs, including Havering) where people and

traffic as it approaches the junction and to help traffic flow more safely as it moves through the roundabout and these will include an extension of the 30mph speed limit on the approaches to the junction, and small changes to the layout of the roundabout and traffic islands. To let TFL know what you think, please visit their website at <https://consultations.tfl.gov.uk/roads/gallows-corner-road-safety> The consultation runs until Sunday 13 March 2016

Cllr DARREN WISE

## Hornchurch Swimming Club

Hornchurch Swimming Club aims to allow all levels of swimmers to enhance their abilities and maximise their enjoyment of swimming. Everything from learn to swim from about 4 years old through to adults swimming for fun and fitness. The club is particularly suited to those children that wish to progress their swimming without necessarily dedicating their life to the sport. For further details contact Frank Gold on 01708 703 bulletin@hornchurchsc.org.uk.



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## Harold Wood Evening W.I.

The Women's Institute hold their meetings at the War Memorial Hall in Gubbins Lane on the first Wednesday of the month at 7.30pm for 7.45pm. Visitors are welcome, entrance £2.50 which includes refreshments. Come along and make new friends. For further details please phone Marion on 01708 340 938.

## Apologies

In February's edition, we carried a story that was taken from a Council press release in respect of new playground equipment at Harold Wood park that had funding support from Veolia North Thames Trust. This story was not reflective of the commitment, dedication and hard work that the committee of the Friends of Harold Wood Parks undertake and their financial support in this application. We apologise if this was not mentioned but we all do recognise the hard work that is done by this committee and our apologies if this was not stated.

Cllr DARREN WISE

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- Jasper on 01708 223956, or simply come along on the night.  
 You will be most welcome.
- 18 Friday - **Havering Antique and Collectors Club** meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood have Guest Speaker Yasha Beresiner on "Bank of England Paper Money". 7.30 pm for 8 pm start. For further details please call our Chairman Mrs Chris Lovett 01708 221851.
- 21 Monday - **Romford & District Historical Society** are holding their AGM followed by a Talk from Chris White on 'London in Art'. Meetings held at myplace, 343 Dagnam Park Drive, Harold Hill, Romford, RM3 9EN. Access from 7.30 pm - Meeting 8.00 pm to 9.30 pm.
- 21 Monday - **Breathe Easy - Havering** is a support group for people suffering from breathing difficulties, COPD, Asthma. etc. We meet on the last Monday of the month at St. Andrews Church Hall, Hornchurch at 1.30 - 3.00 pm. Please contact Joyce 01708 226696 or Elaine 01708 509127 for more details.
- 23 Wednesday - **Upminster Townswomen's Guild** are holding their AGM and have a Charity Gift Auction. Come along and join us at 1.45 pm in St Laurence Church, Derham Hall,

Upminster. For more details phone Shirley on 01708 224219 or Bertha on 01708 222410.

#### APRIL

- 2 Saturday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm.
- 2 Saturday - **Hornchurch and Upminster Sugarcraft** have a Workshop "Disney Princess" demonstrated by Jaquie Kelly held at Hornchurch Library, North Street, Hornchurch. Entrance fee Pay at Door £6 includes Tea and Cake. 1.30pm - 3.30 pm.
- 2 Saturday - **The Havering Branch of the East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. The Internet & Technology Group meets at the same venue 11am - 1pm where a Q&A session is held. Teas and coffees can be purchased. Members and visitors welcome to either or both.
- 3 Sunday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm.
- 5 Tuesday - **Ogthorpe Women's Institute** have Carol James talking about "Confessions of a Jewellery Junkie".

- Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome.
- 6 Wednesday - **Upminster Crime Prevention in Upminster** at St. Joseph's Hall, St. Mary's Lane, will have speakers on the important topic of Crime Prevention. It will have information on how best to keep your house and possessions safe. Our local police will also be in attendance. All welcome.

#### ASSOCIATION DIARY

##### MARCH

- 2 Wednesday **Upminster Ward Meeting** at St Joseph's Social Centre at 8 pm
- 10 Thursday **Cranham Ward Meeting** at Cranham Community Centre, Marlborough Gardens at 7.15 pm

##### APRIL

- 6 Wednesday **Upminster Ward Meeting** at St Joseph's Social Centre at 8 pm

14 Thursday **Cranham Ward Meeting** at Cranham Community Centre, Marlborough Gardens at 7.15 pm

#### ASSOCIATION COACH OUTING

Saturday 16th April  
 Upminster & Cranham Social Committee  
**Coach trip to Bury St Edmunds**  
 Leaving Bell School Upminster at 9am after usual pick ups. The Cathedral & Abbey Gardens are well worth a visit in this popular market town. Tickets £12.00 to be booked with Mrs Thelma Bezant 01708 226815, from Monday 7th March.  
 Between 7pm and 9pm please.

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