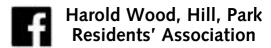




THE BULLETIN

The Voice of the Community



PC & Laptop Repairs

Virus issues Running slow Internet problems WIFI Data recovery Power supplies Laptop Screens Hard drives Pick up and Drop off service



Cranham Computer Centre 01708-250296

Local Issues Raised with Police



Cllr Brian Eagling and I attended the Police ward panel meeting in February and we raised a number of issues including drug dealing in the area, Noise nuisance coming from the Banqueting Suite in Farringdon Ave, anti-social behaviour by Camborne Shops and burglary and motor crime statistics which will be key priorities for the Harold Wood Police Team. We also discussed Speed checks in Church Road and Shepherds Hill where officers caught people speeding and using mobile phones and thus will now get penalty points and fines.

Cllr DARREN WISE

Redden Court School Funding Challenges

Ward Councillors Alex Donald, Brian Eagling and Darren Wise attended a meeting with the Head Teacher and Business Manager to discuss potential funding challenges with additional costs been pushed onto schools by Central Government. Whilst many schools are facing this challenge there is a petition to the government to ask them to review the National Funding Formula and you can sign this on the following link -

https://petition.parliament.uk/petitions/182705

We are also in discussions with the Council to consider how the funding formula for Special Needs Children is calculated and whether higher priority and more funding is given to those schools such as Redden Court whom have specialist units as they are incurring far greater costs than those secondary schools who are not as inclusive as Redden Court.



Illegal Pavement Crossing on A12

A resident contacted me to show the damage caused by vehicles driving over the A12 grass verges between Painsbrook Park and Court Avenue. I raised this with Transport for London (TfL) and am pleased to confirm that timber knee high rail fencing will be installed to the back of the grass verge as soon as the TfL 2017/18 budgets are released.

Cllr ALEX DONALD

Help, please

Due to an increased volume of Bulletins on the Kings Park Estate we require a volunteer who could deliver 50 Bulletins a month, If you are interested please contact Cllr. Brian Eagling on 01708 373027 or email on eaglibri@talktalk.net

All Stars Cricket

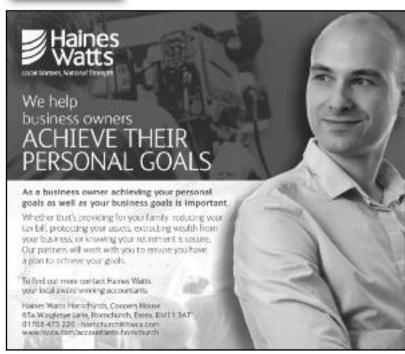
Ardleigh Green Cricket Club (Petersfield Avenue, Harold Hill) is taking part in All Stars Cricket, an exciting and fun new cricket initiative for 5-8 year olds. The first session will be the 19th May at 18:00 please feel free to come along on the evening and join in. For further information, please contact agcc75@hotmail.com

St. Peter's Men's No Lunch

We have some Good News and some Bad News. Bad News first - there is NO LUNCH this month because May is our annual outing time

But the Good News! Well, normal lunch service resumes on Tuesday, 13th June when we look forward to a 'Summer Special' with some special guests - more details next time. Booking for this event will open on 9th May.

Chris Knowles, Julian Harris and the Men's Lunch Team.



WINDSOR PROPERTY

Extension Specialists Est. 25 Years **Family Business**



- **EXTENSIONS**
- LOFT CONVERSIONS
- RENOVATIONS
- LOG CABINS
- **GARAGE CONVERSIONS**
- ALL BUILDING WORK

UNDERTAKEN



FOR YOUR FREE ESTIMATE PLEASE CONTACT

PHONE: 01708 455755 MOBILE: 07958 787 297

E-mail: wpm321@msn.com

JANE'S MOBILE HAIRDRESSING

CUTS, COLOURS, HI/LO LIGHTS, BLOW-DRIES, PERMS & SETS

> FOR INFO & APPOINTMENTS CALL 07966 439373



"CREASES"

(PROFESSIONAL DRY CLEANERS AND IRONING PARLOURS) LTD 2B MOOR LANE, CRANHAM

> Dry Cleaning • Repairs & Alterations Ironing • Curtains • Duvets • Laundry Free Collection & Delivery Service

Please Call 01708 229292

Flower Festival & Fayre

All Saints Church, Ardleigh Green are holding a Flower Festival and Fayre on Saturday 3rd June from 10-4pm and Sunday 4th June from Noon-4pm. The theme is 'Childhood Memories'. Come and see the beautiful flower arrangements with this theme. The Fayre will have all the usual stalls: Tombola, Plants, Jewellery, Cakes a Raffle and many more. There will be Refreshments and Light lunches on sale. Admission is free.

Become a Scout Volunteer

Are you a responsible adult who could help with the Friday evening meetings for the 7th Squirrels Heath Scout Group? They are looking for new helpers and leaders for the Beavers, Cubs and Scouts at the Nelmes United Reform Hall in Burntwood Avenue between 4.30 and

Upminster Carpets

205 St Marys Lane, Upminster

01708 224515

Old Carpets and Furniture?

No Problem!!

9.30pm. Full training given and volunteers will be subject to vetting, please contact Barbara the Group Scout Leader by phone on 01708 920637 or 07968 658107 or email on Barbara-morgan1@sky.com

Ingrebourne Valley Visitor Centre

A full range of Events for the May/June Term School Holidays are planned, please see our website for further details. We are open 7 days a week 9 am – 5pm. Hornchurch Country Park, Squadrons Approach, Hornchurch, RM12 6DF (6TS SAT NAVS). 01708 520364.

For future events and news follow us on Facebook EWT Ingrebourne or www.essexwt.org.uk - What's on at Ingrebourne

Jess's Kilimanjaro Climb

Next September, I have taken on the task of climbing Mount Kilimanjaro for Meningitis

We Supply & Fit

- Carpet
- Laminate
- Wood
- Vinyl
- Home Service Available Karndean

PLUMBING & HEATING * Emergency Repair * * Blocked Drains * * Heating Broatsdawn * * Servicing * * Maintenance * * SON * Ballvalves * Tariks * * All Work Guaranteed * * Batablished Locally For Over 25 Years * Tel: 01708 229857 Mobile: 07415 096551 / 07860 801377

SYEARS OF TRADING - NO HARD SELL, MANUFACTURERS OF SEALED UNITS SUPPLIES OF WENDOWS, DOORS AND CONSERVATORIES TOP QUALITY PVC-U USED WE CAN ARRANGE FINANCE GLASS CUT TO SIZE WHILE VOU WAIT WITH LEAD LIGHTS PROTURE PRAMES MADE TO SIZE A MOULDINGS SOLD BY THE LENGTH OVER 100 MIRRORS IN STOCK

97 Front Lane, Upminster RM14 1XN www.atog.co.uk 01708 250070

Local electrician

- · Based in Upminster
- · Domestic/commercial work
- · Electrical testing and reports
- . Fault finding and rectification
- Fuseboard upgrades/Re-wiring
- . Lighting/Telephone cabling

Paul Gilham 01708 229835

07988 185872 or info@gifname/ectricat.co.uk





Research. Meningitis and Septicaemia are most common in young children and students. However, the awareness of these diseases is not strong enough. I would like to send a heartfelt thank you to all the staff and pupils of Emerson Park Academy who were involved in the "I'm a Celebrity" eating challenge earlier in the year, which raised £242 towards the charity. If you would like more details on the challenge, here is my fundraising link:

https://southamptonkili.everyda yhero.com/uk/jess-kilimanjaroclimb

May at St. Peter's

10.00am, Bank Holiday Monday, May 1st. St. Peter's is hosting a Community Flower and **Craft Festival** on the early May Day Bank Holiday – the theme is Festivals and we welcome anybody from the Parish to participate and enjoy a cup of tea and homemade cake! There will also be plants and crafts for sale and model gardens made by local school children on display along with flower

arrangements made by members of local organisations.

Havering Singers' Concert - 6th May, 7.30pm. Karl Jenkins' 'The Armed Man: A Mass for Peace' and John Rutter 'Gloria'. Tickets £14 or £13 if bought in advance from 01708 341265 or via haveringsingers.org.uk.

Life Explored - Thursday 18th May to Thursday 6th July. What's the best gift God could give you? Come and explore in this new course, running for seven weeks on Thursday evenings (with a break for half-term). Contact our Associate Minister Rob Hudson on rob.hudson@stpetersharoldwood. org for more information.

Ascension Day Missionary Meal - Thursday 25th May, 7:30pm. Jesus' last message recorded by Matthew include the words: "Go, make disciples of all nations." This year's missionary meal and focus is 'Europe: can it be re-evangelised?' Come along to find out! For more details on these and our other weekly and monthly groups and events, please see our website www.stpetersharoldwood.org Or pop in and visit us on Gubbins

continued on page 3

GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds, Planting, Water Features, Turfing & Decking.

All work solely undertaken by * Greg Oldham *

Tel. 01708 251 004 / 01621 860 529 Mobile 07812 131 772



emait: oldhamgreg@yahoo.co.uk

BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

Tel: Office: 01708 780000



Tel: Home: 01708 733088

Natural Stone Paving



BOILER REPAIRS ● SERVICING AND INSTALLATIONS ● COMBI BOILERS

TANKS • TOILETS

· ALL GAS WORK

O.A.P'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED ENGINEERS

OTTO A TOUR AREA QUALIFIED AND EXPERIENCED OF 1708 475041 079301 49046

(iphe

www.adv-mpplumbing.co.uk pat@adv-mpplumbing.co.uk



FLEET ELECTRICAL & HEATING SERVICES

National Inspection Council for Electrical Installation Contracting

APPROVED CONTRACTOR

Full / Part Rewires - Extra Plugs

TEST CERTIFICATES PROVIDED

Immersions - Security Lighting - Fault Finding
Established in Upminster for 20 Years

Phone: 01708 250409 Mobile: 07956 335744 5 Mersey Avenue, Upminster

Lane -

the Church Centre is open Monday-Friday 9am-5pm. Our Sunday service times are 9:15am, 11am and 6:30pm.

Have a good summer enjoying God's creation.

David Banting, Vicar of St. Peter's

Ardleigh House Trips

Thu 18 May 2017 "Lunch on a steam train" Price £50.00 (incl. morning coffee, return train ticket & lunch & coach). The day starts with a visit to Bocketts Farm for morning coffee before we head on to the Mid-Hants Railway, better known as "The Watercress Line", where our steam train will be waiting to give us a return ride through the picturesque Hampshire countryside, whilst we enjoy a 2-course lunch. Upon our return, there will be time to soak up the nostalgia or visit the local town of Alresford before we start our journey home. (The lunch menu is on the website).

Thu 15 Jun 2017 "Day Trip to Oxford" Price £18.50. Oxford, the

City of Dreaming Spires, is famous the world over for its university and place in history. For over 800 years it has been the home for Royalty and scholars. With its mix of ancient and modern, there is plenty for the tourist to do. Whether it is visiting one of the many historic buildings or shopping till you drop! Oxford, has it all.

Wed 30 July 2017 "Day Trip to Whipsnade Zoo" Price £42.50 Child (3-15) £37.50 (Price includes entry to zoo). Our price includes your entry ticket into the zoo. (Hire of Adult/Child wheelchairs free but subject to £25.00 refundable deposit on the day). Part of London Zoo, Whipsnade Zoo is the largest zoo in the UK and concerned with the welfare of animals all over the World. At Whipsnade, there is lots to see and do. There is also a train that takes you through some of the enclosures.

Wed 30 Aug 2017 "Day Trip to Brighton with option to ride the British Airways i360" Price £18.50. Our annual trip to the seaside returns to Brighton for 2017, traditionally the favourite venue for a Day Trip. This year we are

HUNTER & CO.

Chartered Certified Accountants Chartered Tax Advisers

FOR ALL YOUR ACCOUNTING AND TAXATION NEEDS

195 St.Mary's Lane Upminster Essex RM14 3BU Tel: 01708 255555 Fax: 01708 255556 Email: egh@eghunter.co.uk www.eghunter.co.uk

offering the option to join a group ride on the all new "British Airways i360" on the seafront. Designed and built by the people who built The London Eye, the i360 doesn't go around but rises slowly up to 415 feet giving a 360-degree panoramic view of the surrounding area. Some will not like the height so this group ride is an option. (The additional i360 price - adults £14.40 seniors £12.15.) For full details see the website: www.ardleighhouse.org or telephone 01708 440660.

Word Processing

I've always had a fascination with our language and by avid reading I suppose I've extended my vocabulary, even though I'm a bit wary on pronunciation. In my working life, most of the words were rarely used, but with retirement they have helped with crosswords and I still discover words new to me. I'm often amazed to discover a word for something particularly obscure and wonder why somebody bothered to introduce a word for it, unless it was just to confuse crossword fans.

I'm now at the age when it seems half the words I did know have been erased from my memory. Recently I gave up on a crossword clue and the solution turned out to be AMBISINISTER. I did find it in Chambers and it means "clumsy with both hands". I've occasionally been guilty of such a charge, but I was merely called "cack-handed" so I got the message. Perhaps if the accuser had used the obscure word it wouldn't have been so bad! Only last week I came across "VERSO" and "PHILTRUM" but I haven't been able to work them into conversation! Equally, I'm lost with the social media speak of the young. Blogging, vlogging and geotagging all sound a bit violent, not euphonious like my examples, so I shan't use them. I was going to include "DUNANDUNATE" which apparently means "overuse of a word that one has recently discovered", but the OED has rejected it as a non-word and "rejection" itself is a frequently encountered non-word for writers!

FOCALPOINT LOFTS

est 1977

- · Family run Upminster business.
- Established in Upminster for 40 years
- · Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- · Plans drawn and submitted

For more information, please call Gary or Christopher James:

Home: 01708 250772 / 01708 250747 Mobiles: 0777 311 8268 / 0795 002 5841



Dennis Goodwin

CRANHAM ROOFING

The Roofing Specialists

- · Free no obligation quotations
- · New roofs strip and retile
- · Flat roofs
- · Chimney stacks repoint/removed
- · Guttering, facia and soffit works
- · Valleys and leadwork
- · All repair and insurance work
- All new roofing works guaranteed

TEL / FAX 01708 704260 (office) MOBILE 07860 752798 (24 hr call out)

EMAIL: t.gagen@sky.com

GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

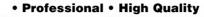
Confidential pharmacoutical help and advice by Liaguat, Shamim & Fiesa Govani, Tommy Hai

64 Station Road, Upminster 01708 220044 87 Front Lane, Cranhau 01708 224083

Free local collection and delivery of prescription service available upon request from housebound patients

www.govanichemist.co.uk

PLASTERING



- Reskim over Artex New ceilings
 - Clean and Reliable
 - Cove & Cornice Painting
 - Cheapest Rates
 - OAP Discounts
 - Free Estimates
 - 27 Years Experience
- Hornchurch and Surrounding Areas

CONTACT: CLAY DAWKINS

TEL: 07961 379277 / 01708 470841 EMAIL: CLAY.DAWKINS@LIVE.CO.UK

The Right Cover at the Right Price with the Right Advice Insurance is more than just a piece of paper, it is peace of mind

Motor, Home and Commercial Insurance No extensions, No pressing buttons, No waiting

Just real people with great quotes for all your insurance needs and real help when you really need it when it comes to a claim

GINSURANCE

Providing competitive premiums for over Z5 years







C6 The Seedbed Centre, Davidson Way Romford, RM7 0AZ (Opp Queens Hospital) Tele: 01708 730830 / 756000 Email: info@LGInsurance.co.uk Web: www.LGInsurance.co.uk

erschersk i Breitseod (Rpeinster i Bomfort i Thurson - Chebrolont i Billerloy i Barking) Eugenburk - Scialum i Bosisse i Scelbenk





RICKY ARCHER Roofing Contractor





Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs
Three Layer and High Performance Felting - Leadwork - Pointing
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on: Upminster 01708 226512 Mobile 07710327651 Email: ricky-archer@ntlworld.com

M Bray

painting and decorating

all aspects of decorating covered small jobs to complete re-decorations over 20 years experience polite service - clean and tidy work with a high quality finish local references available

> Tel: 01708 223608 / 07983 486655 e-mail: mathew.bray@sky.com

TAYLOR ELECTRICAL INSTALLATIONS LTD

- TREE ESTIMATES
- · FAST RELIABLE SERVICE
- · REWIRES REPAIRS MAINTENANCE.
- ADDITIONAL LIGHTING & POWER
- DISTRIBUTION BOARD UNGRADES
- HOME BUYER'S REPORTS
- FAULT FINDING

- JIB REGISTERED
- · FULLY INSURED
- · FULLY QUALIFIED
- PART PREGISTERED

RTS MA STREET

01708 227720 MOB: 07890 519109



S C R Roofing

- · All flat roofing
- Asphalt and felt systems
 - Facias and gutters

All staff fully trained Fully insured

All work guaranteed

Contact Steve Rawles

Tel: 07971 171363

BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- · FREE ESTIMATES AND ADVICE

Tel: Office: 01708 780000

All work carried out by responsible tradesmen



Tel: Home: 01708 733088

DESIGNED TO YOUR NEEDS

DESIGNS, PATTERNS AND COLOURS

CATALOGUE AND PREVIOUS WORK AVAILABLE

WEBSITE AND FACEBOOK SHOWING

HELP AND ADVICE WITH DESIGN

ALL YOUR CONSUMER RIGHTS

ALL WORK GUARANTEED

WIDE VARIETY OF MATERIALS.

EXAMPLES

AND LAYOUT

Established over 30 yrs

being

If you

disposed of

responsibly.

witness or

recognise

owner not

any dog

Report a Problem - No Need to Register

Not everyone wants to register on the Council website simply to report a pothole, dog fouling or an overflowing litter bin. The site is currently being developed to offer users a choice as to whether to register before reporting a defect or making a service request. So far, reporting flytipping and animal carcass removal can be done with the option of registering or not, and it is planned to roll this out more extensively.

Cllr CLARENCE BARRETT

A Minority of **Dog Walkers**

As a nation of dog lovers, it seems incredible that we still have some people that feel it necessary to leave their dog waste for others to dispose of. There have been a number of locations reported to me that are experiencing the dropping of used dog waste bags on the pavement, rather than



cleaning up after their animal, or leaving used dog bags on the public highway, you can report this to the Council on the Council website https://my.havering.gov.uk. You can also make a request for dog mess to be cleared on the website. We do have an incredibly high number of residents that clean up after their animals, we now need

Cllr GILLIAN FORD.

No Local **Elections Here**

to find and educate those that are

set on making the area messy.

Many areas have local elections this month.

Election for Councillors to the London Borough of Havering take place in MAY 2018. We will keep you up to date on

FED UP WITH YOUR DIRTY DRIVEWAY?





We can restore your patio & drive back to their former glory. All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan = 01708 445112 = 07889 139916 www.advancedpowerwash.co.uk

ESSEX TREE SURGEONS

Trees felled - lopped - pruned - shaped Hedges and conifers trimmed

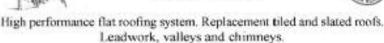


Est. 25 years

01708 375052 07831 511666 Bill Venton and info@essextreesurgeons.com

All work carried out by qualified tree surgeons . £2m Public Liability Insurance

TCC ROOFING CO.



UPVC fascias, guttering and general building work carried out



01708 222330 Free advice & Estimates

01708 223241



Keith Jefford DHC, DHP (GHR & CNHC Registered)

- Fully qualified, experienced local hypnotherapist.
- Caring and confidential service specialising in emotional and behavioural problems including stress, amdety, anger, fears, phobias, fear of flying, drinking issues, smoking cessation, tinnitus stress etc.
- Daytime, evening and weekend appointments available.
- Call 01708 224698 or 07970 111657 for a free telephone consultation.

www. keithjeffordhypnotherapy.co.uk

Lower Thames Crossing

The route for the new Lower Thames Crossing has been announced as Option C which is set to run from the end of the M2, through Gravesend, Orsett and then joining the M25 between junctions 29 and 30 with the creation of a new junction. Despite opposition from the Residents' Association, Havering Council and many others to the option, the government have pressed on regardless. The route will cost up to £5.9 billion to build and will be a Toll Road. More details to follow.

Thames Chase

Celebrating trees in May

Since Thames Chase Community Forest was established in 1990, the 40sq miles of forest has gone from just 6% native tree cover to around 18% cover in the 48 sites that have been regenerated. During May, Thames Chase Trust is celebrating the importance and beauty of trees in a photographic competition to choose the Forest's favourite tree, enter by 26th May. In London Tree Week

from Saturday 27th May to Sunday 4th June the photographs will be on display in the Forest Centre for the two favourite trees to be chosen by public vote. There will be a winner from under 18s and an overall winner. So get out and enjoy the woodland whilst choosing your favourite tree!

Activities at the Forest Centre in May Saturday 13th May 10am-12noon & 12.30-2.30pm. Fun family drama workshops. Leave your inhibitions at home, become a thespian and create unusual characters. £10 for parent and child

Friday 19th May 2.30-4.30pm scrumptious cream tea with live music. £9 per person

Sunday 21st May – monthly Sunday Market, 10am -3pm Friday 26th May from 10am. Guided walk to Stubbers Historic Park. Meet in the car park. Sunday 28th-Monday 29th May 10am-5pm - Guild of Essex Craftsmen's Annual Craft Fair

with a wealth of handmade crafts for sale and being demonstrated Tuesday 30th, 31st May and 1st June 10.30am-12.30pm Children's half term holiday activities around the theme 'Growing and thriving'

continued on page 7

MR PLUMBER

D T Moore Plumbing Services
 Trading Standards recommended Plumber.



- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- . No call out fee
- For friendly advice please call David
- 07931 553631 mobile 01708 223561 home





HARDWOOD SPECIALISTS

Supply only or supply and install

- High quality windows, doors and conservatories
- Leaded lights and coloured glass
- Unique old-fashioned front doors FREE FRIENDLY ADVICE • FREE ESTIMATES

01708 757675





Uudor



SERVING UPMINSTER SINCE 1955

EXTENSIONS, CONVERSIONS, LANDSCAPING, MAINTENANCE FREE UPVC BARGE BOARDS,

FASCIAS, SOFFITS, GUTTERING, WINDOWS AND DOORS

PHONE 01708 222330/223241

WHERE QUALITY AND SERVICE COME FIRST





DISPENSING OPTICIAN Est. 1948

MICHAEL KORS

produsign i dermark

POLO

Large Frame Selection Always Available Most Prescriptions Ready Within 24 Hours

PRADA

VOQUE

Budget Range From £35 All Inclusive All Types Of Lenses Available

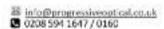
=il/rocette

NHS & Eyecare Vouchers Accepted

WILLIAM MORRIS

Free Customer Parking

165 North Street, Barking, Essex, IG11 8LA Or visit us online www.progressiveoptical.co.uk







Church View Dental Clinic

We provide NHS & Private care Dental Implants, Invisalign, Six Month Smile, Dermal Fillers, Flexible Dentures, Whitening, Crowns & Bridges

Call now to speak to one of our friendly staff to book an appointment on tel: 01708 220563

Or you can visit us at www.cvdent.co.uk 34a Station Road, Upminster, Essex RM14 2TR







- Home refurbishment specialist
- Extensions and loft conversions
- Alterations and knock through's
- Kitchens and bathrooms supplied & installed
- All general building
- Plumbing and heating, gas and electrical works
- All work fully guaranteed and carried out by qualified tradesmen
- **Fully Insured**

Your local specialist building & refurbishment contractor Call us on 01708 229031 or 07917 002628 for a quote E-mail: richard@gidleybuilders.co.uk

Portfolio of work available to view online at -

www.gidleybuilders.com



TELEPHONE: 01708 223669 MOBILE: 07967 603606

- REPAIRS & INSTALLATION → REWIRING
- FAULT FINDING SHOWERS COOKERS
- SOCKETS LIGHTS EXTERNAL ELECTRICS

SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL GAS, CENTRAL HEATING AND PLUMBING INSTALLATION SERVICING AND REPAIRS

BOILER REPLACEMENTS GAS SAFETY CHECKS LANDLORD CERTIFICATES

New for 2014 - Service Contracts (please ask for details)

FULL BATHROOM INSTALLATIONS

TEL/FAX: 01708 221 500

southeastheating@btconnect.com

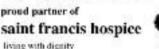
MOBILE: 07956 481 819 MOBILE: 07961 151 551 Safe











- ALL GLASSWORK UNDERTAKEN
- LEADED LIGHT REPAIRS
- MISTED OR BROKEN DOUBLE GLAZED UNITS
- HINGES, LOCKS, HANDLES REPLACED
- PATIO DOORS / FRENCH DOORS
- SINGLE GLAZE REPAIRS / TRADITIONAL PUTTY WORK
- TOUGHENED / LAMINATED GLASS
- No call out charge
- No job too small
- 30 years experience
- All work guaranteed
- Insurance work undertaken
- O.A.P discount



Paul Mobile: 07958 550796 Office: 01708 551314

LOVE CLEANING

Need a cleaner for your home?

No contracts . Pay by the hour Friendly, honest cleaners



Check us out at: LOVELAUNDRY.CO.UK and let us make your life easier!

Also provide an Ironing, Laundry and Dry Cleaning service with Free Collection and Delivery

Call us on 01708 445921 Or go to LOVELAUNDRY.CO.UK

L. J. NICHOLLS

INTERIOR & EXTERIOR PAINTING, DECORATING & PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177

AC PLASTERING



All Plastering Plaster Over Artex Specialists in Re-Skimming Coving Tiling

QUALITY WORK AT AFFORDABLE PRICES Allan Carev

TELEPHONE:01708-474-624 MOBILE: 07711-675-086

More information at the Forest Centre or on www.thameschase.org.uk

Pages Wood Parking - Beware!

We have been contacted by a local resident who received a parking ticket in the Pages Wood car park as they had two wheels on the kerb as the car park was full and by doing so was trying not to block the exit. There were other cars that also got caught so we would remind you to avoid this scenario in case you receive a penalty ticket.

Cllr DARREN WISE

U.C.R.A Coach **Outing News**

Henley On Thames, 17th June 2017. Back by popular request to the 12th century market town of Henley on Thames where you can stroll along the banks of the river or enjoy a boat trip along the 'Regatta Course'. There are many buildings of historical and architectural interest such as St Mary's Church, The Town Hall and Henley Bridge. The award-

winning River & Rowing Museum is also well worth a visit. Tickets are £15.00 each and booking details can be found on page 22.

Big Changes to Business Rates

Supporting our local businesses is vital to the success of our local economy, creating jobs and keeping our town centres thriving hubs of choice and activity. A reality for businesses is the recent revaluation of premises and, for many, a sizeable increase in Business Rates bills. Although the government have increased the threshold for 100% small businesses rate relief, there are still many businesses facing large hikes. There is relief available through capping the increase and a £300m discretionary rate relief where councils will have flexibility as to where to apply additional support. From 2019, councils will retain all Business Rates instead of the current 50%. This is a significant shift in how local authorities are funded and emphasises the importance of local councils working in harmony with the business sector. I am fortunate to be on a national local government working group looking at Business Rates and would be happy to pick up any



issues or questions readers may

Cllr CLARENCE BARRETT

A127 Ardleigh **Green Bridge Update**

We have received further communication from TFL on this and it now looks as though the bridge will not be put in place until the end of this Summer and thus surrounding roads such as Bryant Avenue will not now be opened up until later in the year. This is totally unacceptable for TFL to over-run this project and that residents have to endure even more substantial traffic issues around Tesco at Gallows Corner.

Cllr DARREN WISE

Crematorium Cafe

The cafe at the Upminster Crematorium was reopened in February last year by WISG (Works, Skills & Independence Group). WISG were granted initially one year pilot scheme to reopen the



cafe after a period of refurbishment and closure, due to the previous lease holders change to their business plan. The initial one

year pilot scheme has been a great success. WISG have enhanced the menus, catered for small wakes and bereavement industry meetings, installed free WIFI for customers and created many placements and opportunities for adults with learning difficulties.

In 2016, the tea room was awarded five stars in The Food Hygiene Rating Score, assessed by the Council's environmental health service, the highest grade the cafe has ever achieved.

Havering Council has offered WSIG a three-year lease which will give them the security to upgrade the facilities, replace furniture etc. and be able to put in place a three-year placement programme for adults with learning difficulties.

The cafe is well used and provides an annual rent to the Council. Well done WSIG.

Cllr LINDA HAWTHORN

All your favourite brands are in store

We have the best choice of upholstery, dining, beds, bedrooms, carpets, rugs, flooring & curtains all under one roof.

DURESTA

Old Charm



ercol

Parker Knoll









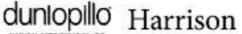
















www.roomes.co.uk

22-24 Station Road, Upminster, Essex RM14 2UB.

Telephone: 01708 255300



Furniture & Interiors • Est 1888

PGM Heating & Plumbing

NO CALL OUT CHARGES - NO JOB TOO SMALL FREE ESTIMATES - QUICK RESPONSE ALL WORK GUARANTEED

- All aspects of Heating and Plumbing work undertaken
- Complete Central Heating/Boiler Installations/Service
- Bathroom Installation
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates

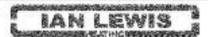
Tel: 01708 227797 Mob: 07734 228417

www.pgmheatingandplumbing.co.uk





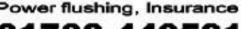






®Vaillant

Installation, Service, Repairs, Power flushing, Insurance





708 *44*0581

M.P. Williams Professional Bathroom & Kitchen Installations

Plan & design, plumbing, plastering, tiling, electrics, carpentry, painting & decorating.

For a free estimate call Matt

Tel: 01708259696 Mobile: 07790 753850

Email: m.p.williams.bathrooms@gmail.com





healthier

New Website & Live Online Bookings ****

Inviting all New NHS & Private Patients to Join our Practice.

call **01708 228 291**

***** www.cranhamdentalcentre.co.uk

reception@cranhamdentalcentre.co.uk 141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ

THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE SHOWROOM WITH EXTENSIVE RANGES TO VIEW GRANITE WORKTOPS SUPPLIED AND FITTED

FITTING ONLY SERVICE ALSO AVAILABLE (YOU SUPPLY)

TOTAL REFURBISHMENT FROM START TO FINISH

PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY **ELECTRICAL CERTIFICATION WHERE REQUIRED** GAS SAFE CERTIFIED ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION..

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION





Crusaider First Aid

Relaxed expertise you can trust



For All First Aid Training Courses First Aid at Work, Paediatric, Sports, Emergency, AED Courses All certificates are accredited and last 3 years Over 30 years experience training emergency services For more information contact David:

www. crusaiderfirstaid.com info@ crusaiderfirstaid.com Mobile: 07946 628416 Tel: 01708 202277



GARY COE JEWELLERS ESTABLISHED 1981



Fully equipped workshop Diamond & Engagement ring specialists / Bespoke Wedding rings Engraving / Full repair service Watch batteries / Watch repairs / Valuations Best prices paid for your old gold

35 Cedar Avenue Upminster Essex RM14 2LN Tel 01708 222696 Mobile 07771 802624

www. garycoejewellers.co.uk



All building works undertaken.

All roof repairs - Flat Roofs - High Performance Felting - UPVC Fascias & Soffits - Guttering Leadwork - Re point and Remove Chimney Stack

LRroofingltd@hotmail.com



CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371 07946 216 150

Website: www.cedar-treecare.co.uk Email: cedartreecare@qualityservice.com

Cedar Avenue, Upminster, Essex

Shirley Ward

Aug 11th, Fri: Port Lympe Wildlife Park, Kent: With included Safari Train ride to view animals, African Experience, Dinosaur Forest, Discovery Play Areas and much more, John Aspinall Foundation. Adults £40: Child 3/15yrs £36: Students £39.00.

Aug 17th: Thu: Broadstairs: Folk Week, Morris dancers, lovely beach, Adults £26; OAP £25; Under 16's £18. (2 Coaches going, one family/one Adults). Call for Family prices.

Aug, 22nd, Tue: Southwold Trip: Beautiful beach, Suffolk. Price £26; Child £23.00.

Jan 2018; Wed 31st, Sunset **Boulevard,** Cliffs Pavilion Matinee; No coach, £35 front

Feb 2018: Sat 24th: Brick Lane Music Hall: Aladdin Pantomime, (the cheeky version, adults only) Matinee with 3 course lunch preshow. £62. Coach Meeting Time Approx. 11:00am. With three course lunch Pre-Matinee Show. Licensed bar, disabled Friendly

Please call Shirley Ward on 01708 227884 to Book; or e mail

shirley@shirleytours.co.uk Pick-ups at Jobbers Rest Pub and Plough Pub Cranham only, but drop offs at Bell Corner, Avon Road, Plough Pub and Jobbers rest on return.

Tax Refund Scams

With the old tax year finished, fraudsters are using the opportunity to send fake emails to residents, supposedly from the Inland Revenue, declaring a tax refund is due. All they need is your personal information and bank account details to send this on to you! Many people will have received these phishing emails/texts and after either downloading a file attached to the emails or clicking on a link, devices have been infected with Dridex (a type of banking malware) or Locky ransomware (which locks devices and demands a ransom) from a hacked website. When victims click on the link in the HMRC spoofed texts they are redirected to a registration page requesting personal details. The emails and texts appear genuine and the victims who have provided their

continued on page 11

SECURITY SYSTEMS

Established 1996

DON'T WAIT TO BE BURGLED! Protect your home with a professionally installed WIRELESS BURGLAR ALARM

Excellent service from the very first call. Approved by Which? & Trading Standards



Free survey & no obligation quotation





St.Laurence House, 2 Gridiron Place, Upminster. RM14 2BE

Accountancy

A personalised accounting service for individuals, contractors and limited companies from an ACCA qualified accountant. Our prices are as follows:

> Sole Traders/ Partnerships - £30/month Limited Companies - from £60/month only!

Email: Enquiries@AZAccountancyLtd.co.uk Website: www.AZAccountancyLtd.co.uk Call: 078 0915 3557

Self Assessments only £100

HOME GROWN HARDY OUTDOOR PLANTS

LONG HOUSE PLANTS

Shrubs Perennials Grasses Ferns Climbers Bamboos

- An independent nursery with a friendly atmosphere
- · Resident expert for free advice
- · Exciting range of new & interesting plants

Church Road (opp. St Thomas' Church), Noak Hill, Romford RM4 1LD

01708 371719 www.longhouse-plants.co.uk

Open from first weekend in March to last weekend in September on Fridays & Saturdays 10-5, Sundays 10-4 & Bank Holidays 10-5

ESTABLISHED 1984

Can you afford un-invited guests? Before they arrive: fit a burglar alarm

FOR A FREE SURVEY-RISK ASSESSMENT OF YOUR PREMISES

> Contact us on: Freephone 0800 043 0835 (LOCAL 01708 226385)

Repair and maintenance of all existing alarm systems



Service is our first concern

www.icolsecuritysystems.com



PARISH & CO.

Chartered Surveyors, Estate Agents, Valuers D. J. Parish, F.R.I.C.S

THE ESTABLISHED UPMINSTER ESTATE AGENTS FOR OVER 90 YEARS

- SALES OF RESIDENTIAL PROPERTY
- RENT REVIEWS
- VALUATIONS FOR ALL PURPOSES
- LANDLORD & TENANT MATTERS
- · SURVEY REPORTS
- EXPERT WITNESS REPORTS
- RESIDENTIAL LETTINGS
- PROPERTY MANAGEMENT

32, STATION ROAD, UPMINSTER Tel: 01708 250033

Fex: (01708) 220844

Website: www.gates-parish.co.uk

Chauffeur Me (Travel)

For all enquires call Darren 07947 576642

www.chauffeur-me-travel.com

Special functions Shopping days Night clubs Weddings Race days Restaurants Airports Theatres Spoil yourself days

Chauffeur driven in comfort Eight Seater - Fully Air Conditioned - Privacy Glass - Satellite Navigation



Interested in Triathlon or Multi-sport disciplines?

www.haveringtri.co.uk



@haveringtri Havering Tri



Contact Kay Hamilton 07957 567915



Adults Learn To Swim and Improver Lessons

www.kasuk.co.uk Qualified ASA Teacher 1 Kays Adult swim



It's like an Aladdin's Care

WEDDING & PARTY SHOP

DECORATIONS • WRAPPING • LIGHTS • BALLOOMS • FANCY GOODS • PARTYWARE . WEDDING BOUQUETS . SILK FLOWERS . POSIES ETC.

OPENING TIMES

TUESDAY, WEDNESDAY & SUNDAY THURSDAY, FRIDAY & SATURDAY

10.00 am - 4.00 nm 10.00 am - 5.00 pm

CLOSED ON MONDAYS

Rear of High House Garden Centre. Corbets Tey Road, Upminster Essex, RM14 2DN

01708 220802

www.partyflair.co.uk



Beginner Courses • Improver & Intermediate Classes • Men Only Filates • Post Natal Pilates for Osteoporosis • Pilates for Seniors • Pilates for Breast Cancer • Pilates Retreats



Appointments

in Upminster (Mon-Sat)

Sports/Remedial Massage ep Tissue/Relaxation Mossage Pilates 1:1 or 2:1



Call 07411 826721 or Book Online www.upminstersportsmassage.co.uk



CRANHAM ELECTRICAL LTD

ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

- Domestie & Commercial
- Re-wires
- · NICEIC Test Reports
- · Fuse Board Up-grades



TEL: 01708 223046 MOB:07710 282110 66 Moor Lane Upminster



We are a friendly, modern private practice, with state of the art facilities, located in Hornchurch.



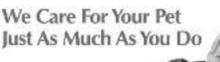
As a patient, you will receive care solely from Dr. Malcolm Stander, a talented, gentle and very experienced dentist, who has been creating beautiful smiles for over 30 years.

His special interests are in general and cosmetic dentistry and the treatment of nervous patients.

Stander Dental Care, 57a High St, Hornchurch, Essex, RM11 1TP Tel: 01708 442888

VISIT OUR WEBSITE: WWW.STANDERDENTALCARE.CO.UK

Lawton & Stoakes





- · Ophthelmic department
- Personal leed service . Open until 7om weekdays
- · Excellent survival facilities
- in house advanced treatment Interest free payment plans*



Martin P.C. Lawton (Name) Contribution (Name) (Not with Observed REMS.

Lyene C Stoakes

*Ferres & Conditions Apply

01708 384444

8-12 Fitzilian Avenue, Harold Wood, Romond, Essex, RM3 0Q5 www.vets.gb.com

SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES

MEDICATION SUPPORT

PERSONAL CARE

COMPANIONSHIP

RESPITE

DEMENTIA & ALZHEIMERS

LIGHT DOMESTIC

NUTRITION & DIET SUPPORT

REABLEMENT SUPPORT

24 HOUR SUPPORT

HOSPITAL DISCHARGE

SOCIAL & LEISURE ACTIVITIES

END OF LIFE

CONTACT US ON: 01708 301 111 or 07538 709 012

WEB: www.kareplus.co.uk/romford EMAIL: kpromfordrm@kareplus.co.uk





personal details have consequently had direct debits, mobile phone contracts and new bank accounts set up using their personal information. HMRC would never contact people using these methods. NEVER click on a suspect link or download an attachment you are unsure of.

Cllr CLARENCE BARRETT

Old Chapel Events

Tue 3rd May 7:00pm-9:30pm – Adults Pottery Café

Enjoy a creative evening painting pottery. Booking is required and is £5 per person including refreshments but not the pottery items.

Sun 7th May, 2.00pm - 5.00pm - Recital: With a song in my heart
Sopranos Daphne Ewington and
Jill Luff will be exploring the well
known and loved music of the
famous duo Richard Rodgers and
Oscar Hammerstein. Songs will
include Bewitched, Bothered and
Bewildered, Blue Moon and many
more. £4 per person or £3 for
Friends of Old Chapel. Booking is
required.

Wed 10th May, 10.30am - Tea and Talk, Bata Shoes Paul Addington will be here to talk about the history and wildlife of Bata Shoe Factory. £2 for non-members.

Sun 21st May, 2.00pm - 5.00pm - General Open Day

Tue 30th May 10:30m-12:30pm -Creative Craft

Come to the Old Chapel for a decoupage craft session. We will be gluing sticking and decorating trinket boxes and other items which you can keep. Drop in session and £3 per child. For booking on the above talks/adult pottery café/recital contact Charlotte Coombes on 01708 642919

Prescription For Murder

The Wesley Players present

'Prescription For Murder' by Norman Robbins. This is a sophisticated thriller that will keep you guessing until the last moment. Performances on Thursday, Friday and Saturday -18, 19 and 20 May 2017. Curtain up at 8.00 pm. Tickets in advance from the Box Office 07708 214742 (phone or text) or email

tickets@wesley-players.co.uk. Senior citizens admitted free on

continued on page 13

R.R. CONSTRUCTION LTD

EXTENSIONS
GENERAL BUILDING
OVER 30 YEARS EXPERIENCE
FULLY INSURED

PLANS DRAWN & SUBMITTED TO COUNCIL ELECTRICAL, PLUMBING, PLASTERING GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

Tel: 01708 251282

www.buildingservicesupminster.co.uk

Parkdrive Paving & Landscapes

25 Years Experience

- DRIVEWAYS
- FENCING
- PATIOS
- INDIAN STONE
- BRICK WALLS
- TURFING

FREE ESTIMATES / PORTFOLIO

ALL WORK GUARANTEED!

@ 01708 750209 / 07826 207310

www.haveringpavinglandscaping.co.uk





Savana Wara & Bayahadhasan

Counselling & Psychotherapy
Tel: 07889 015540 E-malt: hello@mylifelncolour.co.uk
www.mylifelncolour.co.uk

Gualified & Experienced to work with:

Abuss/Anger/Confidence/Couples/Depression/Crist /Foor & Probles
Relationships — of home & work/Self Esteem/Self Harming/Shess & Anxiety / Teems & Young Adults





- Structural & House Purchase surveys & reports
- Fire & Subsidence Damage surveys & reports
- Party Wall Awards and Schedules of Condition
- Design and planning service domestic and commercial
- Project/Contract Management

THE **EVERETT** PARTNERSHIP



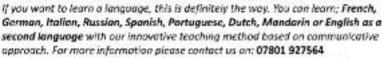
Chartered Building Surveyors **Building Engineers & Consultants** Planning Supervisors

The Lodge, Little Gaynes Lane, Upminster, RM14 2JB Tet: 01708 227108 Fax: 01708 220857 E-mail: epolity (4)



Speak the World

Language School



We prepare students for GCSE and A-Level exams

website: www.speaktheworld.co.uk

email: info@speaktheworld.co.uk

UpminsteR

KITCHENS & BEDROOMS

SIMPLY FINE KITCHENS & BEDROOMS

Showroom open 9.30am - 5pm Monday to Saturday Full design and installation service

SIEMENS & NEFF APPLIANCES BLANCO SINK & TAPS GRANITE & QUARTZ WORK SURFACES FREE ESTIMATES • WHICH TRUSTED TRADER

> 161 St Mary's Lane, Upminster, RM14 3BL T: 01708 222250

E: info@upminsterkitchensandbedrooms.co.uk www.upminsterkitchensandbedrooms.co.uk







- RE-WIRES
- PART RE-WIRE
- FUSE BOARD UPGRADES
- PAT TESTING
- INSPECTING AND TESTING
- FAULT FINDING

Telephone: 01708 744 226 • alexelectrical.co.uk • e: info@alexelectrical.co.uk

FAMILY BUSINESS **SINCE 1976**



NO IOB TOO BIG OR SMALL

A.C.E ROOFING CO. LTD

THE GROVE, UPMINSTER ESSEX, WWW.ACEROOFING.CO.UK











AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials supplied and fitted. Satellites installed. Aerial & dish realignment TV extra points

www.aerialsdirect.co.uk www.aerialsupminster.co.uk

01708 347257



Longfellers

tree surgery and garden care

qualified arborists and gardeners city & guilds, nptc

INSURED

Free estimates

Phone: 01708 641289 Mobile: 07984 524392





MBM Electrical Services Ltd









Based in Upminster/over 30 years experience

- *Full/part Rewires
- *Fuseboard Upgrades
- *Extra light/ sockets
- *Outside supplies
- *Testing/ Fault finding
- *Certificates/Safety Report
- *Fully Qualified
- *Fully Insured

Your Satisfaction Is Our Guarantee

Tel:01708 704142 Mobile:07971 293569

Email:Info@mbm-electrical.co.uk Web:www.mbm-electrical.co.uk



CLUBBERCISE

Monday 9.30am - 10.30am @ Trinity Church with Croche Wednesday 7,30am - 8,30pm @ Coppers School

Wednesday 9,30 - 10,30am € Trinity Church with Crèche

SEATED WORKDUT

Thursday 12.30 - 1.15pm Cranham Community Centre Friday 10.30 - 11.30am @ West Homdon Village Hall

Monday 7.30 - 8.30pm @ Trinity Church

ZUMBA FITNESS Monday 7.15 - 8.00pm

@ Coopers School

FITNESS PILATES

Tuesday 7.00 - 8.00pm @ Coopers School

Wednesday 7.00 - 8.00pm \$ Coopers School Thursday 9.30 -10.30am @ Trinity Church

LEGS BUMS & TUMS

50+ Tuesday 9.30 -10.30am @ Trinity Church Thursday 7.00 - 8.00pm & Trinity Church

ZUMBA GOLD

Monday 10,45 -11,45am @ Trinity Church Wednesday 10.45 -11.45am @ Trinity Church

Call Sally for more into 01708 915455 / 07855 534631

www.exercisewithsallyguise.co.uk 🚮 exercise with sally guise



KUSOOM BUGH



RESTAURANT

Family run business- est 1978 Fully licensed & Air Conditioned

Opening Hours

7 days a week, incl Bank Holidays Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

174 St Mary's Lane, Upminster, RM14 3BT Tel: (01708) 220038 or 222606

Thursday and Friday evenings. Wesley Hall, Upminster Methodist Church, Hall Lane, Upminster RM14 1AE.

Welcome Charlotte

Delighted to inform you that Charlotte Coombes has been appointed Heritage Officer for the Old Chapel and Engagement Officer for Our Upminster Windmill. Charlotte lives locally and is excited to be working for two wonderful heritage sites in our area. She previously worked at the local history museum of Barking and Dagenham Valance House. She studied tourism at and Heritage at the University of Winchester. We are very lucky to have Charlotte and I know she is looking forward to continuing the work at the Old Chapel and the Windmill which is currently being restored.

Cllr LINDA HAWTHORN

Cranham Whist Drive

Cranham Community Centre Whist Drive organisers, Linda and Harry, would like to extend a cordial invitation to all visitors who may be interested in joining our Whist Club.

If you enjoy playing card games, you will be at home with the Cranham Whist Drive members. No need to book, just turn up between 7 and 7.15pm and ask for Linda or Harry.

Further information can be obtained from either Linda (01708 458328) for Wednesday, or Harry (01708 227457) for Friday. Both start at 7.30pm.

Wednesday Music Evenings

10th May - A Musical Menagerie let loose by Alan Tomlin who invites us to a not too serious look at the world of animals through the eyes of the composer. 24th May - The John Wilson Orchestra and Repertoire - Brian Luck recalls his meeting with Conductor John Wilson at a Festival Hall concert and will be playing many of the orchestra's recordings. Held in the 1st Floor Meeting Room at Hornchurch Library, North Street at 7.30pm and finishing at 9.30pm. Admission is free of charge but we do ask for a nominal donation for interval refreshments. For further information contact Stephen

The Foot Surgery

Established 2002

11A Billet Lane, Hornchurch, Essex, RM11 1TS For appointments tel 01708 621194

Ms Meena Matharu

SRCh MChS BSc FCPodS State Registered Chiropodist/ Podiatrist& Specialist in Foot Surgery

Ms Matharu has 18 years clinical experience in Private Practice Previously consulted for Harrods and Harley Street In 2002 attained Fellowship in Foot Surgery

Treatments available

Nail surgery, electro-surgery and cryotherapy
Cortisone injections for pain management
Sports medicine: bespoke prescription orthotics
Comprehensive foot care for Diabetic and Arthritic patients
Routine foot care i.e. nail cutting, corn and callous treatment
Verrucae treatment



Raindle 01708 470670 or email sraindle@aol.com

Lidl Hornchurch

Planning permission has finally been given for the supermarket chain, Lidl, to open at 31 High Street Hornchurch, on the site of the former Mecca Bingo Hall, and of-course at one time Towers Cinema. Sadly, the iconic building will not be used, however, one of the conditions is that a detailed scheme is agreed by the Council for the re-use of the "Towers" lettering taken from the from the front of the building. Following concerns from Councillors about traffic congestion, there will be no righthand turn into the car-park coming from the east (Upminster) and left hand turn only when leaving.

Prostate Matters

When I was diagnosed with prostate cancer some two years ago I felt that my cosy world had fallen apart. Like many men, the thought of getting prostate cancer crossed my mind but really didn't

take up too much time. During a routine check up with my G.P. he suggested that it might be advisable to have a blood test to check my Prostate Specific Antigen (PSA) level. When the result came back, and that the level was higher than normal, I was referred to hospital where various tests confirmed that I had prostate cancer. I was prescribed a course of hormone therapy. To be honest my life has changed very little in that time and I am extremely grateful to my G.P. and Queens Hospital for their excellent care in diagnosing my condition and for the treatment that I am receiving. So far for my story but the first point I would like to make is that the sooner this problem is detected the better. Often more types of treatment are available if prostate cancer is caught in the early stages. The second point is that I personally found the support provided by PHASE (Prostate Health, Advice Support and Education) very reassuring when I was first diagnosed. Meetings are held 10 times a year at the Neighbourhood Centre, Gubbins Lane Harold Wood. Further information can be found at www.phasehavering.org.uk.





Upminster Plastering & Building Services

01708 221297 or 07765 013623

Kitchen & Bathroom Refurbishment **Exterior/Interior Paintwork Extensions & Alterations Plastering & Rendering Guttering & Fascias Pebbledashing**

LOCAL TRADESMAN WITH OVER 40 YEARS EXPERIENCE (references given)

01708 221297 or 07765 013623 E-mail: upminsterplastering@gmail.com

Wall & Floor Tiling by Keith Dennis

Over 30 years experience in wall and floor tiling. No job is too big or too small. All quotes are free

* Wall & Floor Tiling Contractor *Specialist in Ceramic, Porcelain and Stone
* Kitchens, Bathrooms and Wet Rooms
* Painting & Decorating Service Available

Contact me on: Mobile: 07976 299415 Home: 01708 227371 E-mail: ck_dennis@yahoo.co.uk

The Secret to a Beautiful Lawn



Contact us for your free lawn analysis and advice

01277 227988

Email: essexsouth@greenthumb.co.uk www.greenthumb.co.uk

The Mortgage Club Ltd



In our eyes the personal touch makes all the difference.

Mortgages

Buy to Let

Life & Critical illness

Building & Contents Insurance

Accident & Sickness Insurance 07792-888315

Kelly@themortgageclubitd.co.uk

www.themortgageclubitd.co.uk

The Mortgage Club Ltd is an appointed representative of Openwork, which is authorised and regulated by the Financial Conduct Authority.

Your home may be repossessed if you do not keep up repayments on your mortgage.

Has your block paving got weeds...

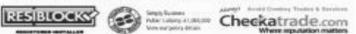
SEALING TECHNIQUE



Call Luke for a quote on 07817 726 966 - 01268 449 771









Sabrina Mercury Swimming Academy

We offer high quality swimming lessons to children and adults of all abilities.



Oakfields Montessori School

UPMINSTER

Adult & Child (age 24-36 months) Pre-School (age 3-4) Group Lessons (age 4+) Adult (Beginner to Intermediate) Adult (Ladies Only)

Small class sizes - friendly and passionate approach to teaching - ASA Qualified Teachers

RM14 2YG

07951520471 smswimacad@gmail.com www.smswimmingacademy.com





WEDDING, PORTRAIT AND COMMERCIAL PHOTOGRAPHY

www.lianeryanphotography.com info@lianeryanphotography 07957 856037

LIANF RYAN

LOCKSMITHS

Emergency call out All locks opened, supplied & fitted MLA approved locksmiths UPVC door lock specialist New doors supplied & fitted, safes opened New safes supplied & fitted Free guotes - no call out charge

Tel: 01708 640699, mobile: 07890 920 258



We provide loving dementia care in a truly homely atmosphere

129 Wingletye Lane, Hornchurch, RM11 3AR Tel.: 01708 442351 www.emersoncourt.co.uk



St. Mary's Dental Care

Dr Mia Rafiee & Associates

BDS (Sweden)

New NHS and Private Patients Welcome

Dental Implants now available

Modern Friendly Environment

Emergency Treatment

Cosmetic Dentistry

Flexible Dentures

Zoom Laser Whitening

Hygienist Available

Air Polish



TebFex 02708 229 330 163 St. Mary's Lane, Upminstes, Exect RM14 384.

Hours

Monday, Pacaday, Wedarsday and Thursday 9.00am - 5.30pm

Friday 9.00am - 7.00pm

Every Saturday

9.08am - 4.08pm (Hygeoist suly)

We emphasise the need to preserve your natural teeth by the prevention of tooth decay and gum disease

Upminster Tithe Barn

The Tithe Barn, adjacent to Upminster Hall Playing Fields, Hall Lane, has a rich history going back some 500 years and is now the home of the 'Museum of Nostalgia'. There is a huge range of domestic items from the 1800s along with an array of agricultural machinery. Open from 10.30am to 4pm and entry is 5000.

May 6-7,20-21 June 3-4,17-18 July 1-2,15-16 August 5-6,19-20 September 2-3,16-17,30

Upminster Floral Art Society

We have our meeting on the 17th May when we have Patricia Ellis with her dem called "Do It With Passion". We meet in the New Windmill Hall every third Wednesday. Doors open at 7pm for a 7.45 start. We are looking for new members. Why not come along for free on your first night to see if you like us.

Veterans of War

The Hollies' Ian Parker will be appearing at Grove Social Club, Chadwell Heath on Friday 12 May at a charity evening for Veterans of War. Tickets £10 call 07940 161223

Brass Band Concert

Music from Stage & Screen by the Becontree Brass Band is a fundraising event being held on Sunday 14th May, 3pm at Upminster Methodist Church, Hall Lane, Upminster, RM14 1AE. Tickets are £10 and are available from Carole or David on 01708 500134.

Queen's Theatre

The **Queen's Theatre Hornchurch**, supported by the
Heritage Lottery Fund, is set to
launch a very exciting audio and
visual exhibition inspired by local
voices, *Women's Stories of Ford* **Dagenham**. The Theatre recruited

continued on page 17

BOILER CHANGE

Raymond Coomer Sarah Cordell

BOILER REPAIRS & REPLACEMENTS

PLUMBING ■ SERVICING ■ RADIATORS

GAS SAFE Reg No. 576292

14 Birch Crescent, Ardleigh Green, Hornchurch

01708 477146 07761 049852 Personal attention from the Coyte Family

HAROLD WOOD FUNERAL SERVICES 0844 453 3671 24 HOUR EMERGENCY CALLS



Golden Charter Funeral Plan Specialist £125 off with this voucher Fees rising in April 2015

We decided to use you because of the warm and caring reception we received. Since 1967 in

43 Station Road, Harold Wood, RM3 8HX

Other offices in Hilldene, Collier Row and Hainault Office hours Mondays-Fridays 9am-5pm, Sats 10am-Midday and 10am-3pm in Hilldene

INFO@HWFUNERALS.CO.UK - WWW.HWFUNERALS.CO.UK





established 1986

for advice on mortgages from across the market, and all other aspects of financial planning, speak to one of our advisers.

12 king edward road, brentwood, essex CM14 4HL tel: 01277 219594 or 01708 229999

web: www.awpifa.com email: pmoisey@awpifa.com

authorised and regulated by the financial conduct authority, registered in england no: 2061670 your home may be repaired if you do not leep up repayments on a mortgage or other debt secured on R

ADVERTISE YOUR BUSINESS HERE



Delivered to over 19,000 homes

Contact RON OWER

Telephone: 07721 780372

E-mail: bulletinra@yahoo.co.uk







Upminster MOT & Service Centre

Free Local Collection & Delivery

Covering Cranham Upminster Hornchurch

** Air Con Regas Only £49.95**

MOT's Only £39.95 Or

Included with Any Service

Time Tees Cars, 11 Station Road Upminster. 01708 250011. www.timeteescars.co.uk Next to Costa Coffee!







Cine-Slides-Video

2 DVD

- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810

www.slides2disk.co.uk

sycamores swim school

161A Hacton Lane, Upminster, Essex RM14 2YE

We offer Parent & Baby, Pre School & Junior Lessons from 4 weeks-11 years in a warm, clean pool.

Lessons are fun and structured with experienced teachers.

Please call for more information on 07961750173 or visit our Facebook page.



REGISTERED OSTEOPATH

L GUTTERIDGE D.O (Est. 1988)

MEMBER OF THE GENERAL OSTEOPATHIC COUNCIL (G.O.C)

- LOW BACK & NECK PAIN, SCIATICA
- ARTHRITIS
- . WHIDI ACH
- HEADACHES & SPORTS INJURIES

TU HOLDEN WAY UPMINSTER

Phone: (01708) 227786

Fur an Appointment



Finest Indian Cuisine

Recently Refurbished

Open 7 days a week 6pm - Midnight Including Bank Holidays and 12 noon - 2.30pm for lunch

Take away menu available Free Home Delivery

32 Corbets Tey Road, Upminster, RM14 2AD Tel: 01708 222263 / 228516 / 07903 800003

FEN BUILDING AND ROOFING CONTRACTORS

All aspects of domestic building works undertaken

- · Garage / loft/ room /conversions
- Extensions structural opening or repairs
- · Kitchen / bathroom renewal
- · Property maintenance
- Flat roofs
- . Chimney stack relead / repoint /remove /rebuild
- Upvc fascia soffit window works
- · Valley replacements
- · Any roofing repairs
- New roofs strip and retile



Office: 01708 225295 Mob 07939 152828 or 07929 334990 E-mail: fenbuilding@ntworld.com

FREE ESTIMATES - ALL WORKS GUARANTEED



and trained 10 young women from the local community to interview and record stories from over 50 machinists, Ford Dagenham workers, family and friends. The documentary video will showcase an eclectic range of transcripts, stories and personal photographs, exploring how far we have come since those cold winter days and how much further we must go to achieve equal rights for all. 16 May - 29 May.

Email: help@itman.biz

The Queen's Theatre Hornchurch is set to stage a refreshing take of Willy Russell's classic comedy Educating Rita, with Rita being portrayed as an 'Essex girl', instead of being Liverpudlian. For the first time in Queen's Theatre history, audiences will be able to get up close to the action as the theatre will be extending the stage into the auditorium to offer a truly unique and intimate setting. With limited seating on the stage, it's a viewing experience not to be missed! - 13 May. Tickets are £12.50 - £29 and can be purchased from the Box Office on 01708 443333 or

Please note the production is suitable for people aged 12+ as it contains some strong language.

Barn Dance

The Not Forgotten Association (a unique national tri-service charity which provides entertainment and recreation for the benefit of the serving wounded, injured or sick and for ex-service men and women with disabilities) is holding a Barn Dance on the 17th June 7pm -11pm at Bulphan Village Hall, Church Road. RM14 3RU. Music is by the Hillbillies Band with caller and supper included. Bring own drinks and glasses, £20.00 per head. Tickets from Shirley McLean Tel. 01708220096 or mobile

Art Exhibition

from Monday 8th to Saturday 20th

07947045344.







Free design & planning service

From replacing doors and worktops to full refurbishment New worktops supplied and fitted Other carpentry services Internal & external doors supplied & fitted Garage side doors / windows and frames replaced Wood flooring fitted

Also available: minor building work, carpentry, electrics, plumbing, plastering and tiling

FITTING ONLY SERVICE ALSO AVAILABLE

LOCAL FUTURE EVENTS MAY

Saturday -The Havering Branch of the East of London Family History Society hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. This month the talk is 'The Queen bought me a drink when I was doing National Service" with Derrick Reynolds. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is followed by 'DNA' with Dr. M Gleeson. Teas and coffees can be purchased. Members and visitors welcome to either or both. Saturday - British Sugar Craft have a demonstration on "Rice Paper Decorations" by Chris Avey at 1.30 pm -3.30 pm at Fairkytes Art Centre, Billet Lane, Hornchurch, Entry Price is £6 includes Tea and Cake. Sunday - Indoor Table Top Sale, Coopers' Company & Coborn School, St Mary's Lane, Upminster, RM14 3HS. School tables £12, Sellers table £8. Sellers arrive between 7-8.30am. Buyers doors open 9am. 50p entrance fee for adults, children free. Entrance is free to all from 10.30am. Sellers must book and pay in advance. Please call 07508135449 to book or email bootsales@cooperscoborn.co.uk. Monday - Havering Branch Essex Wildlife Trust have an illustrated talk by Bill Godsafe, Warden at Hanningfield Reservoir. Meetings are held in the 1st floor meeting room in Hornchurch Library from 8.00 pm to 9.45 pm. Donation of £2.50 to help cover hall hire, this includes tea, coffee and biscuits. For more information contact the Secretary Joy Emerson on 01708 440297. Monday - Pussycat Lodge Trust are holding their Pub Quiz Night at the Crumpled Horn Pub, 33-37 Corbets Tey Road, Upminster, Cost £6, you can have as many on a table as you like. Included in your entry fee is sausages (veggie on request) chips, bread & butter. Over 18's only. To book a place contact Jacqui on:

Jacquelineduly@outlook.com or ring 07751 199 037. Start Time 7 pm. Tuesday - NADFAS (Havering) welcomes Mr John Iddon with a talk o 'Hockney at 80 - Tate Britain 2017'.

Wetchney at 80 - Tate Britain 2017'.

Coffee from 10 am, Lecture at 10.45 am. Visitors welcome at £8. Meetings held at The New Windmill Hall, St Mary's Lane, Upminster, RM14 2QH. Further details of forthcoming lectures, speakers and visits can be found at www.haveringdfas.org.uk Tuesday - Upminster Horticultural Society have Guest Speaker Geoff Hodge on Happy Healthy Roses. The talk will take place in the New Windmill Hall, St Mary's Lane, Upminster from 7.45 pm to 9.45 pm, doors open at 7.15 pm. Entrance is free to members, nonmembers very welcome for a fee of £2.00. For further information on Upminster Horticultural Society see our website www.upminsterhorticulturalsociety.co.uk or

or info@upminsterhorticulturalsociety.co.uk Wednesday - Nelmes Women's Institute meet on the 2nd Wednesday of every month and welcome new members of all ages. Meetings are held at Nelmes United Reformed Church Hall (corner of Nelmes Road and Burntwood Avenue, Hornchurch, RMI1 3JA). Meetings start at 2 pm promptly. Please contact Ruth McDougall on 01708 448431 or Ruth.wellwisher@gmail.com for further details.

details.
Thursday - Upminster and Cranham W.I. are looking for new members. We meet in the St. Laurence Hall (next to the Library) in Upminster on the second Thursday in the month. Doors open at 1.30 pm for a 2 pm start till 4 pm. We have talks on a wide range of subjects. We have lunches, afternoon teas, Outings and more. Why not come along and give us a try and meet new friends. For more information please contact President

us a try and meet new friends. For more information please contact President Margaret Reynolds on 01708 471977. Tuesday - Cranham Engayne W.I. welcomes new members and visitors. Meetings held on the 3rd Tuesday of each month at 2 pm to 4 pm at the Cranham Community Centre, Marlborough Gardens.

continued on page 19



M.O.T TESTING ** VEHICLE SERVICING** ** VEHICLE REPAIRS**

** VEHICLE DIAGNOSTICS** *Up to 40% Cheaper than main dealers*

38-40,FRONT LANE,CRANHAM, ESSEX,RM141XW

TELEPHONE: 01708 221704

E-MAIL: bookings@cranhamgarage.co.uk

"TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS"

Call: Gary or Liam

DOUBLE GLAZING



REPAIRS

Broken, Misted, Sealed Units Handles, Rollers Hinges, Locks etc.



weatherbesthornchurch.co.uk

Fully Guaranteed Telephone 01708 437174

New Window & Door Installations

OAP Discount

EST 1989



MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD. PART EXCHANGE AVAILABLE, OAP DISCOUNT. ALL WORK GUARANTEED, 36 YEARS EXPERIENCE



PHONE 0800 371312 OR 01708 345738 MOBILE 07860 468695 www.mobilesewingmachinesrepairs.co.uk

IN DOORS LTD

Local Manufacturers

KITCHEN & BEDROOM SHOWROOM

Supply only, or Supplied and Expertly Fitted, Design & Planning

REPLACEMENT Kitchen & Wardrobe Doors

Vinyled-Gloss Slab, Handleless Matt Finish
Painted Solid Wood-BS/RAL- Farrow & Ball colours
WORKTOPS - Laminate/Granite & Quartz
Most Appliances available – Blanco, Neff,
Siemens, Bosch, Belling etc.
HANDLES - Large range Inc. SWAROVSKI
Friendly & Helpful, Trade & Public Welcome

Visit our Showroom/Factory Mon to Fri: 9am to 5pm, Sat. 9 to 1.30pm Tel: 01708 671199

Units 5-7 ARCANY ROAD, S.OCKENDON RM15 5SX Email: info@indoorsessex.co.uk

No appointment necessary

My Home Maintenance Services

Garden Landscaping & re-shape
Hedge-cutting & pruning
Grass cutting & lawn maintenance
Driveway & patio cleaning
Gutter cleaning
Painting interior & exterior
Re-stain fencing & decking areas

Fully insured – competitive rates – Local For further information call us on Home 01708-229946 Mobile 07904204417



A C DECORATORS . Upminster & Essex

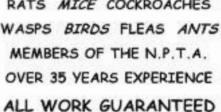
All types of interior & exterior decorating at competitive rates

Free estimates and advice

Tel: 07868 300376 Email: alanlcalder@gmail.com

See what my customers say - www.checkatrade.com/ACDecorators





FREE SURVEYS

LOCAL COMPANY 111 AVON ROAD

UPMINSTER





PLUMBING, HEATING, BOILER INSTALLATION & REPAIRS

24 HOUR EMERGENCY SERVICE NO JOB TOO SMALL - NO CALL OUT CHARGE

CONTACT US FOR A FREE QUOTATION AND

A PROFESSIONAL, RELIABLE AND FRIENDLY SERVICE

Tel: 01268 963290 Mob: 0750 315 3480



Email: info@aquatech.org.uk Web: www.aquatech.org.uk



CITY & GUILOS QUALIFIED TRADESMAN

GAS SAFE REGISTERED

Gardening and Domestic Handyman

In need of an honest local handymon?

Contact David anytime 07790 927926 or 01708 227535 d.gardenandhome@btinternet.com

All quotes free, OAP discount on all jobs

Not qualified, just a good handyman.

All tools supplied Fully insured,

20 years experience References available on request.



Garden maintenance includes:

Mowing, Turfing. Garden clearance. Tree and shrub removal

Pruning, Paving, Gutters cleared. Hedge trimming, Planting Fence and shed re-sprays

Patia/conservatory power-washing.

Anything else, just ask.....no job too small

Domestic services: Painting, Tiling Furniture assembly.

Luminate flooring. Wall hung cobinets fitted Anything else, just ask!



Do it Right, the First time!

ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing, Fencing, New lawns, Garden Lights, Brickwork. Garden Design, Steps, Block Paving Phone 01708 441044 Mobile: 07814 940335 Upminster Road, Hornchurch www.anglepaving.co.uk

email: angle.paving@o2.co.uk

LEARN TO SWIM

PADDLEF Swim School

Aged 4+ Lessons for all abilities 01708 720388 www.paddlers.co.uk



13 Juliet Way, Purfleet Industrial Park, Aveley, South Ockendon RM15 4YD

t: 01708 545 110

e: info@milbarnconstruction.co.uk w: www.milbarnconstruction.co.uk



Specialists in Home Extensions ·Refurbishment · Renovation

Maintenance

All aspects of Landscaping & Groundwork Chimney Breast Removal £5,000,000 public liability insurance

Residential and Commercial work **Fully Qualified Tradesmen**

experts in the construction industry...

Probably the best kept secret in Upminster

MDF Doors Ltd has been supplying kitchens & bedrooms for over 25 years. Under new management and with state of the art woodworking machinery we can bring your design ideas to life. Carcases, doors, worktops, handles, helpful advice, probably everything that you need, It's where the trade goes but we are open to the public as well. Open Mon-Friday 8am to 5pm and 9am to 4pm on Saturday: Westbury Farm, 439 St Mary's Lane, Upminster. RM14 3NU. About 300mtrs from the junction with Pike Lane. Phone 01708 227273

- 18 Thursday Upminster Wine and Social Club meet on the third Thursday of the month at 8 pm in the Cranham Social Hall, Front Lane, Cranham. We hold meetings every month with a variety of speakers and wine tasting. For more information contact Maureen Jasper on 01708 223956, or simply come along on the night. You will be most welcome.

 19 Friday Havering Antique and Collectors Club meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood. Guest Speaker Edward Gribben on 'Portrait Miniatures'. This talk will start at 7.30 pm. Guests £4. For further details please call our Chairman Mrs Chris Lovett 07947 367258.

 22 Monday Breathe Easy Havering meet at St Andrews Church, Hornchurch, in aid of the British Lung Foundation on the last Monday of the month. We are a support group for people with COPD, Asthma of other Breathing Difficulties. For details please ring Joyce on 01708 226696 or Elaine on 01708 509127.

 22 Monday Romford and Historical Society, meetings are held at myplace, 343 Dagnam Park Drive, Harold Hill, Romford, RM3 9EN. Access is from 7.30 pm and the meeting commences at 8 pm. Admission is free to members and £2.50 to for visitors.

 24 Wednesday Upminster Park Towns Womens Guild meet on the fourth Wednesday of every month at 2 pm to 4 pm in Derham Hall (behind Upminster Library), Upminster. Afternoon tea, talks and outings amongst a friendly group of ladies, all most welcome. For more information contact Deborah Pryor on 01708 226127 or Ann Monk on 01708 226305 or simply come along.

 31 Wednesday Upminster and District Probus Club meet at The Cranleigh, 84 Station Road, Hornchurch, RM12 6LX, generally on the last Wednesday of each month. We also have outings, which are run jointly with Deyncourt (Upminster)
- Station Road, Hornchurch, RM12 6LX, generally on the last Wednesday of each month. We also have outings, which are run jointly with Deyncourt (Upminster) Ladies' Probus. If you think you would be interested in joining our club please contact our Secretary, Barry on 01708 703783 and leave a message or send an email to: secretary@upminsterprobus.com.

- Saturday The Havering Branch of the East of London Family History Society hold meetings on the first Saturday of note meetings on the irst Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. This month the talk is 'Nursing through Shot and Shell' (How women went across the channel to nurse the injured without state backing) with Dr. Vivien Newman state backing) with Dr. Vivien Newman. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is followed by a workshop. Teas and coffees can be purchased.

 Members and visitors welcome to either or both.
- or both.
 Saturday **British Sugar Craft** have a demonstration on **'Battenburg Lace'** by Kusim Mendes at 1.30 pm –3.30 pm at Fairkytes Art Centre, Billet Lane, Hornchurch, Entry Price is £6 includes Tea and Cake
- Tuesday Oglethorpe Women's
 Institute have Guest Speaker Gabrielle
 Clark on 'Nutrition for Memory and
 Dementia' meet at Cranham Social Hall,
 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are always welcome
- Wednesday **Harold Wood Evening W.I.**meet on the 1st Wednesday on the month
 at the War Memorial Hall in Gubbins
 Lane 7.30 pm for 7.45 pm start. Visitors
 welcome entrance is £2.50, which includes refreshments. For further
- includes refreshments. For further details call Joanne on 0787 5670419. Thursday **Upminster and Cranham W.I.** are looking for new members. We meet in the St. Laurence Hall (next to the Library) in Upminster on the second Thursday in the month. Doors open at 1.30 pm for a 2 pm start till 4 pm. We have talks on a wide range of subjects. We have lunches afternoon teas Outings We have lunches, afternoon teas, Outings and more. Why not come along and give us a try and meet new friends. For more information please contact President Margaret Reynolds on 01708 471977.



Right Equity Release

Ensuring you choose the Right Equity Release

Are You a Home Owner aged over 55? Have you ever considered releasing the money in your home to...

> · Pay for Home Improvements · Debt Consolidation

· Luxury Holidays

For more information

Call: 0800 6127362 Mob: 07964 282678

Kevin.hull@therightequityrelease.co.uk

The Right Equity Release Ltd which is authorised and regulated by the Financial Conduct Authority Registered in England and Wales No. 07166676

BF Mulley & Son



Chapel of Rest | Home Arrangements | Distance No Object World Wide Repatriation | Ample Client Parking | Memorials

Family Owned Funeral Home 24 Hour Funeral Service





254 St. Mary's Lane Upminster RM14 3DH Tel. 01708 220330 28 High Street, Hornchurch RM12 4UN Tel 01708 442145

www.bfmulleyson.com email -funerals@bfmulleyson.com



Chartered Accountants for individuals small businesses and charities

in Havering, Essex and the City accounts, tax returns, VAT, payroll, fixed fees, secretarial,

start-ups, incorporation, independent examinations, personal and business tax

FREE COMPANY FORMATIONS FOR NEW AND EXISTING CLIENTS

a member of the ICAEW Business Advice Service BAS



contact Daniel Gricks for a free consultation and/or quotation on 01708 225768 daniel@upminsteraccountants.co.uk www.upminsteraccountants.co.uk





ITS FIRE & SECURITY

Day2Day Fire & Security Ltd

- Intruder Alarms
- CCTV Systems
- Fire Alarm & Emergency Light Systems
- Fire Extinguishers
- Door Access
- Home Automation
- Smoke Fogging Systems

MONITORED AND MAINTAINED ALARM OPTIONS AVAILABLE INCLUDING

REPAIRS AND MAINTENANCE TO EXISTING ALARM SYSTEMS.

BT REDCARE, DUALCOM & SAVANT APPROVED INSTALLERS

PHONE FOR NO OBLIGATION QUOTATION 0300 303 2536 or 01708 221 001

www.its-home-security.co.uk or rob@itsfire.co.uk









Garden Services, Estate Management

& Tree Surgery

onest, reliable and friendly service at competitive prices

All Garden Services & Regular Maintenance plus let Washing, Patios, Line-marking, Clearance & much more!

Domestic and commercial contracts available - Free, no-abligation estimates/advice

Over 12 years

Wait our website for more infoi www.ajbgardens.co.uk Or call us on 01708 228886 / 07875 557378



D.G. PLUMBING SERVICES

All Aspects of plumbing undertaken Specialist in condensation problems Bathroom Installations radiators pumps Breakdowns in heating Free Estimates



01708 220994 07977 214541 52 The Grove Upminster RM14 2ET

Upminster Fenci

SUPPLY & FIT - ALL REPAIRS CARRIED OUT PRESSURE TREATED PANELS - FREE ADVICE & QUOTATIONS

> MONDAY-FRIDAY: 7AM-4PM SATURDAY: 8AM-12PM

01708 225599 - 07831 281590 UPMINSTERFENCING.CO.UK ADMIN@UPMINSTERFENCING.CO.UK



Upminster Fencing, Mardkye Works, St Mary's Lane, Upminster, RM14 3PA



V Martin Legal Services & Notary Public

Arundel Business Centre, 49 Station Road, Harold Wood, Essex,

Free 30 Minute Consultation

either in person or over the telephone.

Do you have an issue that requires our assistance in any of the following areas of law?

Wills

- Court of Protection
- Asset Protection

- Powers of Attorney
- Tax Plannina
- Probate
- Trust and Estates Administration

We offer a free 30 minute consultation, where we will provide you with any relevant information and advise you on any aspects of our specialisation.

Call us on 01708 375051 to make an appointment! We offer home visits by appointment only.

Sowing the seeds for a ve of learning

With our passion for teaching and holistic approach we ensure every child has a well-rounded education to be able to fulfil their potential





Limited places Years 2 and 3 only.

Now taking registrations for 2017 onwards

Hanwood Half, Hanwood Half Lane, Upmenter RML4 27% oxyoe agilitas www.gakfieldsschool.co.uk

CCHNITA STATES

WELLS SOLICITORS

FAMILY LAW

Quality Advice and Caring Service

Fixed Fee Divorce and Advice Appointments available

Call to discuss your individual circumstances

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection



708 251

Suite 1, Essex House, Station Road, Upminster RM14 2SJ info@wells-solicitors.co.uk

Council act on Flytipping

Around 100 local residents packed into St Joseph's Social Hall on Wednesday 1st March to hear Havering Council's Director of Neighbourhoods Steve Moore talk and answer questions about the UK problem of fly-tipping. Steve also had members of his team present as were the Police. The meeting, organised by **Upminster Ward Residents** Councillors, as Upminster is the most affected ward, heard Steve explain about the difficulties of CCTV cameras, the possible closure or width restrictions for some minor country lanes, and other details of what the Council are doing. The Police emphasised that details could not be made too public, and pointed out not to use Facebook to discuss this as it is monitored by criminal gangs. It was noted that the problem was nationwide and organised by professional gangs - any fly-tipping seen by public should be reported to the multi-agency group Operation Bayleaf on 0800 80 70 60 and it is for large scale fly tipping not the

odd fridge etc in a ditch.Those attending had their questions answered.

The fly-tipping petition is now live

https://petition.parliament.uk/p etitions/189472

347 Bus route

Following my article a few months back, a number of people raised the issue of the 347 bus route, and how they would like to increase it. TFL who run the route would too, however the revenue grant they receive from the central government has been phased out, so all routes have to be self sufficient. This is a blow to all rural services, which are so useful to the local residents, but their small numbers mean the service runs at a loss. Hopefully central government might change it's mind - but I'm not holding my breath.

Cllr LINDA HAWTHORN

Grass Verges

Following representations from Ward Councillors, the Council are looking to get a Capital Funding



bid together to convert some of the grass verges into parking areas for residents. We have identified a number of roads in the Harold Hill part of our ward and we will be discussing these with Officers. No final decisions will be taking place for a while but if you think you have grass verges that can be removed in your road for additional parking then please email us at

hwhpra@btinternet.com and we

can pass this on. We will keep you informed once we know more from Officers.

Cllr DARREN WISE

Adventure Island Wristbands

Adventure Island, Southend wristbands. Harold Wood Primary School sell these at a

continued on page 22







THE KEN RHODES GROUP LTD

W.KENRHODES.CO.UK



Upminster Fascias, Soffits & Guttering



- Fully Insured
- Free Estimates
- 15 year Guarantee
- Free advice and quotations
- 27 years' experience
- Will beat any written quotation
- EPDM Rubber roofing



Office: 01708 225910 Mobile: 07747386321 Email: upminsterfasciasandsoffits@aol.co.uk

Harold Wood, Hill, Park Residents Councillors

Alex Donald 01708 341106 Brian Eagling 01708 373027 Darren Wise 01708 342369 hwhpra@btinternet.com www.hwhpra.org.uk

ASSOCIATION CONTACTS:

Editor:

Bruce Nicholls 07505 289568 bulletinra@yahoo.co.uk

Commercial Advertising

Ron Ower 07721 780372 bulletinra@yahoo.co.uk

Emerson Park Area

Laurance Garrard David Godwin John Stone email emersonparkresidents@aol.com Telephone 07973 856195

reduced price as follows: - Blue Band £15.50 (1.2m+, usually £29), Green or Red Band £13.00 (Green 1-1.2m usually £24 and Red under 1m, usually £19). Please contact by phone or text to telephone no. 07821 600375

Woolwich Ferry Update

A number of local residents use the ferry from time to time. Please note Transport for London has today advised the Council. 'Work has been undertaken to extend the life of the ferries. We have no proposals to remove the ferry at present'.

Coach Outing

Cranham Social Committee Coach trip to Henley on Thames leaving the Bell School at 9am after usual pick-ups. Tickets are priced at £15.00 each (payable within 7 days of booking). Bookable from Monday 8th May:

Mrs Pam Hedges 01708 220236

between 7pm-9pm.

Saturday 17th June Upminster &

EXPERIENCE THE EXCITEMENT OF FLYING!

Book now for an exciting Air Experience Fight with North Weald Flight Training Ltd, flying from historic North Weald Airfield

You'll get a full safety and cockpit briefing from your CAA licenced Instructor after which you'll buckle up and take to the skies. With your instructor close at hand you'll have the chance to take the controls and make the aircraft climb, turn and descend over the Essex countryside. Whether for yourself, a gift for

someone, or even the first flight on your journey to becoming a pilot, this experience is a must!



Prices are just £149.00 for one hour or £79,00 for 30 minutes.

Contact Paul Bazire Mob 07555 323111 Office 01992 522090

Further details and booking: northwealdflyinggroup.co.uk/ experience

TERRY LOWRY PAINTER AND DECORATOR **CITY & GUILDS QUALIFIED**

ALL INTERIOR & EXTERIOR WORK UNDERTAKEN VERY COMPETITIVE PRICES

INCLUDING 10% OFF FINAL QUOTE FOR PENSIONERS 10% OFF FINAL QUOTE FOR 2 ROOMS OR MORE

> PHONE: 01708 227365 MOBILE: 07526 785946 EMAIL: t.lowry1@sky.com

Fleet of Foot **Podiatry and Chiropody**

Thickened nails, fungal nails, in-growing nails, corns, callus, dry cracked heels, claw, hammer or mallet toe lesions, verrucae and warts, dermatological conditions, fungal infections, achilles tendonitis, bunions, plantar fasciitis, heel pain, metatarsalgia, morton's neuroma, leg length discrepancy, foot pain, ankle pain, knee pain, hip pain, lower back pain, shin pain, sports injuries, walking, running and gait disorders, gait analysis, insoles, orthotic therapy, custom orthosis, paediatric conditions, systemic conditions, annual diabetic foot checks.

By appointment only, please book online through our website, atternatively leave a message by answerphone, text or emed, and we will call you back to arrange an appointment as soon as we are out of clinic.

Fleet of Foot 53 Bridge Avenue. Upminster. RM14 2LP

01708 535475 07954 655588 www.fleetoffoot.co.uk

Greg Kilner Podiatrist / Chiropodist contact@fleetoffoot.co.uk HCPC: CH34225

Atlantic

Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman Our windows are fantastic value for money Great choice of high security composite doors Beautiful conservatories with self cleaning glass roofs All our work is fully guaranteed

Call us now for a FREE no obligation quotation

Tel: 01708 480004

or email bulletin@atlanticglazing.co.uk visit our website www.atlanticglazing.co.uk

Orchid Montessori Nursery School







Montessori Nursery in Gidea Park 2 Sessions 9.00 - 12.00. 12.00 - 3.00 for 2-5 year olds. Fully Qualified Staff.

St Michael's Church, Hedley Rooms, Main Road, Gidea Park, RM2 SEL

Government funded Free Places available now for 3 & 4 year olds Secure oudoor play area. Affordable Fees. Come and See for yourself 01708 722964 www.orchid-montessori.com

OLDHAM LANDSCAPES

OLDHAM LANDSCAPES

SPECIALIST IN LANDSCAPE DESIGN AND CONSTRUCTION

DRIVES, PATIOS, BRICKWORK, PLANTING, TURFING, FENCING, DECKING, PERGOLAS,

PORTFOLIO ON FACEBOOK UNDER OLDBAM LANDSCAPES 01708 225279, 07973 911893





PATCHETT'S LTD

Domestic & commercial Local & long distance Free estimates & Insurance Container storage Family business since 1962



01708 224968

Movers House, Front Lane, Cranham, Essex RM14 1XL www.patchettsremovals.co.uk

PROFESSIONAL GARDEN LANDSCAPING

Decking · Fencing · Patios

Quality TURF Supplied: No Minimum Purchase 20 Years Experience + Free Written Estimates Call in at Rear Yard, 15 Suttons Lane, Hornchurch



Call us on: 07891 480807 Visit us online: www.dggardenworld.co.uk

Fencing | Turf | Artificial Grass | Topsoil | Patios & Decking | Calor Gas



DIANEMATTHEWS

01708 727239

Janice and Diane specialise in **permanent hair removal** for white hairs, grey, blond and dark hairs, for fair skin, Asian skin and darker skin colours

Other treatments eliminate:

Facial Thread Veins and Spider Naevi Skin Taas, Common Warts and Veruccas

See website for video of treatments

Having worked over 25 years both privately and in the dermatology dept of Oldchurch and Queens Hospital our expertise is second to none!

186 Brentwood Road, Romford, RM1 2RT www.dianematthews.co.uk

Book free consultation now — worth £35



Multiclean

House Clearance, Rubbish Removal, Cleaning, Maintenance

Why use us?

- We are a local family business, trading for over 30 years providing a friendly personal service, we can clear rooms/garages/gardens, thoroughly clean the property and then carryout any required maintenance such as decorating and repairs
- Donna, the owner has a full clean criminal record check, we feel important good practice for businesses to show customers they are honest and trustworthy
- We have a waste carriers licence (CB/QM344SHM/VD02)
 All rubbish removal businesses must have this.
- Full or part service available including domestic cleaning, free quotes given
- We are fully insured

Contact us on 01708 701848/07954173664

Donna Sidgwick

T/A Multiclean 169 Warren Drive, Hornchurch, Essex RM12 4QU









LANDSCAPE GARDENER AND **NURSERY MAN**

- * COMPLETE GARDEN LAYOUT
- * PAVING A SPECIALITY
- † PONDS, WALLING, ROCK GARDENS
- **†** TREE FELLING, FENCING
- **†** SHRUBS, TREES, ALPINES
- **†** CONIFERS

FEEL WELCOME TO CALL IN FOR ANY ADVICE ON LANDSCAPING AND PLANTING FOR YOUR GARDEN

OAK ROYAL NURSERIES, 355a FRONT LANE, CRANHAM, UPMINSTER, RM14 1LW TEL: DAY 01708 224733 EVENINGS & WEEKENDS 01708

> 700557 MOBILE: 07788 725853

J. WRIGHT - ELECTRICIAN

- REWIRES
- EXTRA SOCKETS

COOKER POINTS SECURITY LIGHTS CITY & GUILDS QUALIFIED FOR ALL ELECTRICAL INSTALLATION

FREE ESTIMATES CALL 01708 448402

Gary Foss Building & Landscaping

Home extensions and alterations Kitchen fitting and worktop replacement Driveways and patio's designed and layed Structural wall removal and modification

Free estimates and advice Upminster 01708 500018 Mobile 07831 469041 Email gary.foss@virginmedia.com

Porches and garages etc.



T.Jefferyes **Decorating Services**

All aspects of painting & decorating undertaken

Free Estimates Call 01708 347190



FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAFHP)

Do you have problems With your feet ?

Trouble cutting your neits? Thickened nail management Ingrown toensils Vertuca treatments Athlete's Foot Hard skin removal

Fungal nail treatments Dispetic nail care Com and callous treatment

FOOT HEALTH TREATMENTS £25,00 Home Visits A friendly, efficient and professional service

Mobile: 07920 855 044

HOME Est. 1966

> Exterior & Interior Painting & Decorating Paperhanging - Guttering A Speciality

> > All Estimates Free UPMINSTER (01708) 226327

DAN THE MAN WITH A VAN HOUSE CLEARANCE OF ALL SIZES

I'LL GIVE YOU A TIP - DONT USE A SKIP





CALL DAN TODAY TEL: 07842 628 560